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UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF KENTUCKY  
LOUISVILLE DIVISION

UNITED STATES OF AMERICA, ) Case No. 3:13-CR-173-JHM  
)  
Plaintiff, )  
)  
vs. )  
)  
GEORGE KUDMANI, )  
) January 23, 2017  
Defendant. ) Louisville, Kentucky

\*\*\*\*\*  
TRANSCRIPT OF TESTIMONY OF DR. TIMOTHY KING  
FROM JURY TRIAL  
BEFORE HONORABLE JOSEPH H. MCKINLEY, JR.  
UNITED STATES CHIEF DISTRICT JUDGE  
\*\*\*\*\*

APPEARANCES:

For United States: Joseph R. Ansari  
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[Defendant present.]

Terri L. Turner, RMR, CRR  
Official Court Reporter  
133 U.S. Courthouse  
501 Broadway  
Paducah, KY 42001

Proceedings recorded by mechanical stenography, transcript  
produced by computer.

1 (Begin testimony in open court at 11:01 a.m. Jury present.)

2 (DR. TIMOTHY KING, called by the Government, sworn.)

3 DIRECT EXAMINATION

4 BY MR. ANSARI:

5 Q. Good morning, Dr. King. Can you please introduce yourself  
6 to the ladies and gentlemen of the jury, please?

7 A. Good morning. My name is Timothy King. I'm a pain  
8 management/anesthesiologist physician.

9 Q. Sir, why did you become an anesthesiologist?

10 A. As far as I can remember back, I've always wanted to be a  
11 physician. The specialty field of anesthesiology was attractive  
12 to me in the early days of my schooling. I have an aptitude, I  
13 have a talent in science and math. That combined with the gifts  
14 of an inquiring mind and a passionate heart actually led me into  
15 the study of medicine and anesthesiology specifically.

16 Anesthesia and chronic pain management essentially are studies  
17 in pharmacology and chemistry, and that worked out well with  
18 regard to my talents and gifts.

19 Q. Did I provide you patient files in this case to review?

20 A. Yes, sir, you did.

21 Q. Okay. Hospital records?

22 A. Yes.

23 Q. And KASPER reports?

24 A. Yes.

25 Q. And autopsies?

1 A. Yes.

2 Q. And I guess a whole lot of other hospital and practitioner  
3 records dealing with patients; is that correct?

4 A. That's correct.

5 Q. Okay. And did you review those files before today?

6 A. I did review them, yes.

7 Q. And did you prepare a report?

8 A. Yes. I prepared multiple reports.

9 Q. Okay. And are you prepared to testify to those reports  
10 today?

11 A. I am prepared, yes.

12 Q. All right, sir. Have I compensated you for this case?

13 A. Yes, you have.

14 Q. And did I pay you \$350 an hour?

15 A. That's correct.

16 Q. We've paid you approximately \$16,000?

17 A. That's correct.

18 Q. Okay. And you're being paid to be here today?

19 A. I am being paid to be here today, yes.

20 Q. And you have consulted on other cases in the past?

21 A. I've consulted on multiple cases over the years. I've  
22 consulted on criminal cases, civil cases, malpractice cases,  
23 medical board and administrative cases, and malpractice review  
24 panels.

25 Q. And have you been accepted as an anesthesiologist expert by

1 other courts?

2 A. Yes, I have.

3 Q. I know this is going way back, but you went to medical  
4 school in like 1970?

5 A. It is going way back, yes. It was in the 1970s I was in  
6 medical school.

7 Q. And where did you go to medical school?

8 A. I attended medical school at Indiana University School of  
9 Medicine in Indianapolis.

10 Q. Where did you do your residency?

11 A. I left Indiana for my residency. I attended residency in  
12 anesthesiology at the University of Washington in Seattle.

13 Q. And just briefly describe your residency program.

14 A. The anesthesia residency program is about three years in  
15 duration. It's a little bit longer these days as we have added  
16 some additional courses and course content. My training  
17 involved an internship and then two years of specific training  
18 in anesthesiology and pain management. I attended training with  
19 Dr. John Bonica, who at the time was alive and eventually became  
20 known as the father of pain management. So I had the honor of  
21 training and being mentored by him.

22 Q. So you're board certified in anesthesiology?

23 A. Yes, sir, I'm board certified in anesthesiology.

24 Q. Okay. And is that the highest certification recognized in  
25 your field?

1 A. It is. It's recognized as the gold standard.

2 Q. Now, you also became, I guess, board certified in pain  
3 medicine?

4 A. Yes. The board examination for pain medicine was not  
5 available during the time when I was undergoing my training in  
6 anesthesiology. I had some small part to play in putting  
7 together the board exam and some of the topics of interest as we  
8 developed this specialty of pain management. I subsequently  
9 went on to take the board exam in pain management via two  
10 different board agencies. At the time we weren't sure who was  
11 going to be the ultimate board certifying agency, so I took both  
12 exams not knowing which direction it was going to go.

13 But, yes, I'm board certified by both agencies in pain  
14 management.

15 Q. Did you also obtain a board certification in addiction  
16 medicine?

17 A. Yes. Within the last several years, I attained board  
18 certification in addiction medicine.

19 Q. So why does an expert like yourself obtain three different  
20 board certifications?

21 A. Anesthesiology can be considered the study of pain  
22 management in an acute setting. We obviously take care of pain  
23 needs when someone is having an operation. As we began to  
24 understand our tools in the operating room and brought those  
25 into the clinic to deal with acute pain management and chronic

1 pain management, it became necessary to evolve and then become  
2 certified in pain management.

3 As we followed the course of chronic pain management over  
4 the years, we became aware that that particular specialty was  
5 deeply tied into and integrated with issues regarding substance  
6 abuse and addiction. It was appropriate to proceed with an  
7 in-depth study and certification of addiction medicine if one  
8 were to call oneself a pain management physician.

9 Q. Have you also been associated with or taught at medical  
10 schools?

11 A. I have always been in private practice, I'm a private  
12 practice doctor, but I have had association with several medical  
13 schools over the years. I initially was on staff at the  
14 University of Washington in Seattle for some years. Then I  
15 became an associate staff member of Indiana University School of  
16 Medicine when we moved back to the Midwest.

17 My practice currently -- clinical practice is currently in  
18 Northwest Indiana. So over the last decade I've had clinical  
19 appointments with Rush University and currently have a clinical  
20 appointment with the University of Chicago.

21 Q. So you've also been in a clinical setting, you said, for  
22 many years?

23 A. I primarily am a private practice clinical physician, yes.

24 Q. And you've been, I guess, practicing medicine now for 40  
25 years?

1 A. Forty years is a long time, but I think that's correct.

2 Q. Okay. Can you just kind of give us an overview of what's  
3 your general practice and how you've practiced over the last 40  
4 years? What kind of practice have you been in?

5 A. I participate in a pain management practice, a chronic pain  
6 management practice, in Northwest Indiana. We also have a large  
7 footprint in the Chicagoland area. So approximately 50 percent  
8 of our practice is in Illinois, 50 percent in Indiana. For the  
9 last -- and I'm not really sure. I'm embarrassed I don't know  
10 how long our organization has been in effect, but it's been for  
11 well over a decade.

12 My partner and I were the founders of the organization. Our  
13 intent was to put together a specialty practice in chronic pain  
14 management. We see patients on a private practice setting. My  
15 typical day would be to go in and see between 20 to 30 patients.  
16 On some days I would be in the outpatient surgery suite doing  
17 various procedures, interventional pain management procedures,  
18 on our patients, but for the most part about 80 to 90 percent of  
19 my work is in the clinic day to day seeing patients one by one.

20 As the years have gone on, and particularly over the last  
21 couple years as I have attained semi-retirement status, I have  
22 been mentoring a lot of our doctors. I also see patients on the  
23 days that I'm in the clinic, but I also do a lot of mentoring  
24 and a lot of out-of-the-clinic teaching for various medical  
25 groups.

1 Q. And, sir, when you -- in private practice, do you also treat  
2 Medicaid patients?

3 A. Yes. They are a large part of our practice.

4 Q. Have you also served on credentialing boards?

5 A. Yes. I've served on multiple credentialing boards over the  
6 years.

7 Q. What does a credentialing board do?

8 A. The credentialing board is the hospital agency, the hospital  
9 board, that reviews the application, the certification of  
10 applying physicians. In my case, when physicians would come in  
11 and apply for pain management status, pain management privileges  
12 at the local hospital, I would review those records, along with  
13 several other colleagues, to make sure the credentials were  
14 appropriate.

15 Q. Just give us an example of the types of patients you treat  
16 and the ailments that they have.

17 A. That's a big spectrum. Essentially anyone complaining of  
18 pain is welcome and encouraged to come into the clinic. I would  
19 estimate that approximately 70 to 80 percent of our patients are  
20 complaining of some sort of spine problem. Typically it's low  
21 back pain. It could be neck pain. The remaining 25 to perhaps  
22 30 percent -- that doesn't quite add up mathematically, but  
23 perhaps a quarter to a third of our patients are complaining of  
24 pain issues that are not related to the spine.

25 I see patients with abdominal pain, chest pain, myofascial



1 pain, fibromyalgia complaints. We see patients coming in with  
2 various somatic complaints that have a mental health etiology,  
3 so we do practice some psychology and psychiatry in the  
4 evaluation of our patients for their specific pain complaints.

5 Q. What type of treatments do you offer? Is it opiate-based?  
6 Injections? Surgery? What's your general treatment options?

7 A. Pain management, by definition and by standard of care, is a  
8 multidisciplinary practice. It would be inappropriate to label  
9 myself or any practice as an opiate-only practice. We have many  
10 options available to evaluate and treat chronic pain. We market  
11 ourselves as a multidisciplinary pain management practice.

12 I have specialty training in interventional pain management,  
13 so I can additionally perform specialty injections under x-ray  
14 guidance. That is a part of what I do, but the majority of what  
15 I do involves medicine management, physical therapy management,  
16 psychological management, and referral to appropriate physicians  
17 and specialties to deal with the particular pain problem that we  
18 might be dealing with.

19 Q. In your 40 years of service, have you also given seminars  
20 and presentations on chronic pain?

21 A. Yes, sir. I have given many.

22 Q. What about responsible use of opiates?

23 A. Yes. I've lectured frequently on the responsible use of  
24 opiates.

25 Q. Opiate addiction and drug diversion?

1 A. I've lectured on opiate addiction and drug diversion.

2 Q. And where are you and have you been licensed to practice  
3 medicine?

4 A. I'm foundationally licensed in the state of Indiana since I  
5 graduated from medical school in Indiana, but I am also licensed  
6 in the state of Washington, where I did my residency program.  
7 At the time I wasn't sure we would be living on the West Coast,  
8 so I was at that time also licensed in Oregon, California, but  
9 have never practiced in those two states. We did for a short  
10 time move up to Alaska, where our last child was born, so I do  
11 have an Alaskan license. And from there we came back to  
12 Indiana. My practice in Indiana, being along the border,  
13 ultimately required adjacent licensure in Illinois and Michigan.

14 So I have a number of state licenses, but essentially that's  
15 the story of how they came about.

16 Q. All right. So is the basic practice of medicine different  
17 in Indiana, Michigan, California, Alaska, Oregon, Illinois?

18 A. No. The standard of care for the practice of medicine, the  
19 basic way medicine is practiced, is the same in this country  
20 regardless of which state we're practicing in.

21 Q. So can you please tell the jury what the basics are for  
22 treating a patient in any one of those states in this country?

23 A. Foundationally as medical students, regardless of whether  
24 one is being trained in the 1970s or today, we as a physician,  
25 when we practice medicine, are held accountable for four -- what

1 I call four basic tenants, four basic bullet points that we must  
2 perform.

3 Our job description as a physician includes examination of  
4 the patient, using appropriate history and physical exam  
5 techniques. After we examine the patient, we formulate a  
6 diagnosis. That diagnosis, particularly in the field of pain  
7 management, is required to be individualized and  
8 multidisciplinary, has to be appropriate to the patient and  
9 their condition. And then, thirdly, we monitor the patient for  
10 compliance and then monitor the patient for success.

11 So essentially we go through the steps as a physician,  
12 essentially in any specialty, of examination, diagnosis,  
13 treatment plan, and then follow up on the treatment plan, so  
14 those four elements. And that's an iterative process. So I  
15 send you home, I see you back in a month or two months or three  
16 months, I re-examine you, I re-question the diagnosis, I  
17 evaluate the treatment plan once again, and then monitor that  
18 treatment plan until the next visit. Those are the four  
19 elements, becomes an iterative process in the practice --  
20 defining the practice of medicine.

21 Q. Does that make a difference if you're an anesthesiologist,  
22 an OB/GYN, a pediatrician, or a family practitioner?

23 A. No. It makes no difference what your specialty is. As an  
24 anesthesiologist in the operating room, I don't operate quite  
25 that way, of course. But when we're taking care of patients in

1 the clinic, it makes no difference what specialty you are.

2 Q. And how do you chart your progress? How do you chart your  
3 notes, your patient records?

4 A. Patient records are not allowed to be charted in a random  
5 manner. Our medical record is not something that we as  
6 individual physicians are allowed to extemporaneize and document  
7 in a manner that suits us best.

8 We are taught as physicians foundationally in medical school  
9 to document according to a specific series of entries: A chief  
10 complaint, a history, a physical, a diagnosis, a treatment plan,  
11 and then monitor that treatment plan. Those are very specific  
12 entities. They're very specifically defined. It's uniform  
13 across all medical schools, all time, and all teaching. So our  
14 medical record is expected to be the same or pretty close to  
15 similar in all cases regardless of specialty, regardless of  
16 location.

17 Q. And based on your review of Dr. Kudmani's files and all the  
18 records you've looked at, did Dr. Kudmani follow the basic  
19 practice of medicine?

20 A. He did not. He did not follow the basic practice of  
21 medicine. I can be more specific if you like and tell you why I  
22 am opining that, why I'm coming to that conclusion.

23 Q. Yeah. If you can just give us some bullet points, because  
24 I'm sure we're going to hit it throughout.

25 A. Let's begin with the medical record. The medical record

1 does not put forth any of the basic tenants that I just put  
2 forth. The medical record is not a legitimate medical record.  
3 It's simply a compilation of a date, the medication prescribed,  
4 and in some cases the money owed. There is scant presentation  
5 of any exam for the most part. In the vast majority of the  
6 entries, there is no entry with regard to physical exam or  
7 history or diagnosis.

8 So I would say that the medical record is indeed not a  
9 medical record. It's more of an accounting.

10 Secondly, the patients are not examined. A diagnosis is not  
11 defined with regard to pain management. Therefore, the drugs  
12 are being prescribed without a legitimate medical purpose, and,  
13 therefore, the drugs are being prescribed outside the usual  
14 course of medical practice.

15 So we have the record. We have the prescription of the  
16 medications. We have a failure to examine the patient, a  
17 failure to monitor the patient, a failure to do what is correct  
18 for the patient.

19 Dr. Kudmani's charts represent one of the worst things that  
20 we are concerned about in medical practice, and that is doing  
21 harm. Our primary concern when practicing medicine is to do no  
22 harm. But, yet, we see nothing in the medical chart of the  
23 patients that I reviewed that there was any improvement, that  
24 there was any help, that there was any aid to the patient, that  
25 there was any true addressing of the medical problem.

1 Dr. Kudmani did harm.

2 His entire practice was outside the usual course of medical  
3 practice. This was really not the practice of medicine.

4 Q. Let me ask you: When a patient comes in with a complaint of  
5 pain -- back pain, knee pain, whatever it is -- why can't we  
6 just give them narcotics? They're asking for them. Why can't  
7 we just give them to them?

8 A. That's a reasonable question, and certainly it's one that  
9 I'm asked several times each day by some of my patients. To  
10 answer that in the way I respond to my patients is I say, "Well  
11 you have to understand what pain is."

12 I think we would all agree that pain is an expression of  
13 suffering, it's an unpleasant sensation, but that unpleasant  
14 sensation, that suffering has two components to it that we as  
15 physicians, whether we're strictly pain management or whether  
16 we're general physicians, have to understand. Suffering can be  
17 caused by emotion. Suffering can be caused by something broken.  
18 We refer to that something broken as a somatic pain.

19 When someone comes in and complains to me of pain and says,  
20 "I want some narcotics," it's up to me, it is imperative that I  
21 address and evaluate that patient as a physician. And if I  
22 determine that a large part of their pain is emotional, it might  
23 be an expression of depression. It might be an expression of  
24 PTSD. In today's world it might be a result of a young  
25 adolescent female or male having been sexually or emotionally

1 abused as a child and now being manifested as a chronic pain  
2 syndrome.

3 If I treat that patient with their required -- requested  
4 treatment of narcotics, I will make the patient worse.  
5 Narcotics have a negative impact on emotional or psychiatric  
6 pain.

7 If I really believe the patient has something broken, if I  
8 really believe it's a somatic pain, then I will define that  
9 somatic pain. Is there a herniated disk? Is there a fracture  
10 that hasn't healed? Is there something that should be addressed  
11 by appropriate physical therapy, by non-opioid pain management,  
12 or by psychologic treatment to help them cope with something  
13 that I can't do anything about?

14 But to immediately give them narcotics is the wrong thing to  
15 do. That's one tool in a large tool chest, but it is  
16 potentially dangerous, it has side effects, and needs to be  
17 carefully considered before it's used.

18 Q. If it's one tool, what are the other tools?

19 A. There are multiple other tools. And, again, the way I  
20 present it to the patients when we have this discussion is we  
21 have four areas that we can choose from.

22 We can choose physical therapy, and sometimes physical  
23 therapy means aerobic conditioning. A lot of the pain that we  
24 see is a reflection of lifestyle choice. Maybe the patient  
25 isn't eating healthy or maintained their weight appropriately or

1 exercise. So we deal with physical therapy, TENS unit,  
2 acupuncture, massage. Those are elements of one large choice  
3 that we can use to treat chronic pain.

4 The second large area of choices to treat pain would be on  
5 the interventional end. Maybe the individual has an acute  
6 herniated disk, a sciatica, a radiculopathy and might be a good  
7 candidate for an epidural injection or an injection to address  
8 the arthritic facet joints in their low back. Those are all  
9 very excellent choices from the interventional pain management  
10 end.

11 The third area that we would look at in terms of treatment  
12 choices would be the non-opioid medications. We have a host of  
13 medications that we know are not nearly as dangerous and are  
14 oftentimes very much more effective over the long term than  
15 narcotics.

16 We have antidepressants. We have medications that we borrow  
17 from the anti-epilepsy field -- the gabapentins, the pregabalins  
18 -- that are very common and very effective. We have Tylenol.  
19 We have aspirin. We have a whole host of anti-inflammatories  
20 that we can choose from to try to match to the patient. And it  
21 is imperative that we look at those before we reach for the very  
22 potentially dangerous and unproven narcotics for long term.

23 And the last thing I actually should have included with the  
24 interventional -- and we sometimes have surgery, but rarely  
25 surgery. But mostly it's physical therapy, it's the psychologic



1 assessment and assistance with depression or coping, it's the  
2 non-interventional ends with shots, and then it's the  
3 medications with an emphasis on the non-opioid choices.

4 Q. How do people that either aren't insured or underinsured,  
5 how do they afford those procedures?

6 A. We're rarely talking about procedures. The majority of time  
7 when I talk with our patients we're talking about lifestyle  
8 changes, we're talking about nutrition, we're talking about  
9 conditioning, we're talking about getting up off the couch and  
10 doing things, we're talking -- it is imperative that I as a  
11 physician take care of the entire patient.

12 Sometimes patients say, "Why are you talking to me about  
13 this or that?" I say, "Because I'm taking care of you as an  
14 entire patient. You come to me with suffering, with pain, but  
15 we have to look at the total picture."

16 It is well known and it has been for decades that family  
17 practice doctors, who are usually the first people to encounter  
18 people complaining of pain, have the imperative and have the  
19 skills to interact with the patient and to counsel them with  
20 what we call a brief intervention, to counsel them on their  
21 lifestyle choices and on things that they can do from a physical  
22 therapy standpoint, from a conditioning standpoint, from a  
23 non-opioid medication standpoint to get better. Rarely do we  
24 talk about procedures.

25 Even though I participate and specialize in some degree to

1 interventional pain medicine, that's a very small part of what I  
2 actually treat the patients with.

3 Q. So all those kind of tools that you talked about, are those  
4 the basic options in any state you practiced?

5 A. They are the standard of care options. They are the options  
6 that would be expected to be presented to a patient in chronic  
7 pain.

8 Q. And were those the standard of care options in 2009 through  
9 2012?

10 A. Yes. They were standard even then.

11 Q. And from your review of the records, the records of  
12 Dr. Kudmani's records and for the specific sort of date ranges  
13 that we gave you, did you find that Dr. Kudmani's prescribing  
14 narcotics were for a legitimate medical purpose and within the  
15 usual course of professional practice?

16 A. I did not find that they were prescribed for a legitimate  
17 medical practice purpose. I did not find that they were  
18 prescribed within the usual course of medical practice.

19 Q. And what is the potential harm to a patient if you fail to  
20 prescribe within the usual course of professional practice?

21 A. There's a great deal of potential harm associated with  
22 narcotics. We all live in a world today where we see it on the  
23 news. It's a reflection of the world we live in, that I suspect  
24 in discussion with each one of you, you would have a story to  
25 tell about somebody you know or perhaps a family member who has

1 fallen prey to the opioid epidemic.

2 The two major issues that we worry about as physicians, that  
3 we deal with on a day-to-day basis are, number one, death as a  
4 result of the opiates, sometimes the opiates in combination with  
5 other medications, and the second one is either maintenance of  
6 addiction or causing addiction. Those are the two big ones.  
7 Those are the two that we read about in the news every day.  
8 There are a host of others that are not quite as significant.  
9 Opiates can worsen -- well, it is significant. Opiates we know  
10 worsen depression, cause mood instability, induce panic attacks,  
11 cause insomnia.

12 There's a host of concerns that we have about the use of  
13 narcotics, and, thus, it is never the first tool and sometimes  
14 not even considered as a last tool as we deal with our complex  
15 patients complaining of chronic pain.

16 Q. What are some tools that can be used or employed by a  
17 physician to stop the diversion of those drugs on the street?

18 A. In the early 2000s, particularly family practice became  
19 aware they had to marshal the troops, that they had to figure  
20 out a way to address the diversion of the drugs and the ongoing  
21 abuse of the drugs. So there began a push towards what we call  
22 universal precautions. And although we as physicians don't like  
23 to be detectives, we just want to take the patient at face value  
24 and give them what's appropriate, we do have to be careful about  
25 how we use some of these treatment choices.

1           As a result, some of the objective options that we have as  
2 part of our universal precautions is to do a urine drug test.  
3 If the patient comes in and tells me they're on this drug and  
4 this one, I'll do a urine drug test to see if I can confirm  
5 that -- it's all believe but confirm, believe but confirm -- to  
6 see if they're on perhaps any illegal drugs that they didn't  
7 tell me about. So one option is a urine drug test.

8           The second option, which at the time was not required but  
9 was still available as an objective test, was to do a  
10 prescription drug monitoring program, that is to say the KASPER.  
11 I'm not sure if you're familiar with the KASPER. But the  
12 KASPER, of course, is a list of all the prescribed medications  
13 that a -- controlled medications that a patient is receiving by  
14 all doctors. So we look for doctor shopping. We look for  
15 doctor shopping, and we try to see if the patient is maybe  
16 getting controlled medications in a deadly combination or in a  
17 greater quantity from multiple doctors.

18           In addition, we talk to the patient, we interview the  
19 patient. That's something that we sometimes forget. Maybe I  
20 won't get all my information on the first visit. Maybe it'll  
21 take me a second visit. Maybe it'll take me a third visit. But  
22 if I don't ask you about your background, whether alcohol plays  
23 a part in your background or whether your family history has an  
24 addiction associated with your mother or your father or your  
25 brother, if I don't ask you quietly and gently, if I'm sensing

1 there's an abuse history that might be foundational, if I don't  
2 ask these questions, then we won't know. Then I as a physician  
3 will not be doing my job pulling together an appropriate  
4 history.

5 So there's some objective things and there's some that we  
6 learn by a detailed and careful and thoughtful history.

7 Q. What about police reports? Do those show potential for  
8 addiction or substance abuse issues?

9 A. If someone comes in with a history of having their  
10 medication stolen, that's a major red flag. If they've had  
11 their medication stolen twice, three times, or four times, then  
12 we've got more red flags coming up. Police reports objectify  
13 the fact that the medications were stolen but don't justify it.  
14 If the patient's having their medication stolen, we  
15 unfortunately have to be concerned that the medication is being  
16 sold, being diverted, or it's being traded. It's a trade  
17 commodity. Controlled substances are trade commodities these  
18 days.

19 But police reports are important as one of the risk factors  
20 that we look at.

21 Q. Now, those tools you talked about for stopping diversion,  
22 were those considered the standard of care in the medical  
23 community from 2009 to 2012?

24 A. Yes. They've always been standard of care. And certainly  
25 during this time frame we've had KASPER available to look at as

1 well.

2 Q. Did Dr. Kudmani use any of those tools in his practice?

3 A. To my knowledge, he did no urine drug tests and he did no  
4 KASPER reviews.

5 Q. Now, we've kind of talked about red flags, but are there  
6 certain risk behaviors or red flags that a physician should look  
7 for to see if a patient is addicted or potentially abusing a  
8 substance?

9 A. There are multiple red flags that we look for, and this is  
10 part of doing a careful history. It's part of what's required  
11 of every physician. The red flags can be divided into two  
12 areas, two categories.

13 Mental illness is a large part of what we look for because  
14 we know that drug abuse and addiction is associated with mental  
15 illness. So if we have an individual who has a history of  
16 anxiety, depression, post-traumatic stress disorder, OCD, or a  
17 history of abuse or past history of addiction -- past history of  
18 addiction, we do need to ask that -- or if the individual has a  
19 history of being raised in a family who abuse drugs or had  
20 alcoholic issues, we know statistically -- these are not  
21 judgment issues. We just know statistically. And when we look  
22 at the numbers, these individuals, these patients, are at higher  
23 risk of abuse and diversion. So we have to consider that a red  
24 flag, a risk factor.

25 Also, there are health issues, somatic health issues, that

1 we have to look at in terms of risk factors. If the individual  
2 has cardiac disease, if the individual has hepatitis or  
3 cirrhosis or if they have asthma or chronic obstructive  
4 pulmonary disease or if they have sleep apnea, all these become  
5 important in terms of the safety of whether or not we should  
6 prescribe opiates.

7 Q. In the files that you reviewed, did Dr. Kudmani make any  
8 effort to look for those risk factors or red flags?

9 A. There were occasional times when he would treat an apparent  
10 depression or anxiety with an inappropriate medication, an  
11 inappropriate workup, but by and large there was no  
12 documentation of review with regard to looking at risk factors  
13 in the chart on any of those patients.

14 Q. How does a simple physical or physical exam of a patient  
15 help spot some of those risk factors?

16 A. It has sometimes been said, "What are you going to see on  
17 physical exam if the patient's addicted?" But the reality is  
18 there's no system in the body, not one system in the body,  
19 that's not affected by dependency on drugs and addiction.

20 So we have to do a complete physical exam. We have to look  
21 at the patient to see if there are any needle marks or  
22 pockmarks. We have to examine the patient with regard to their  
23 general body habitus. Are they sleeping? Are they not  
24 sleeping? Is their liver enlarged? Is their heart abnormal?  
25 Do they have a murmur, suggesting they may have an endocarditis

1 from an infection as a result of drugs? We look at their skin  
2 color. Do they have jaundice? We look at their muscles. Is  
3 there muscle wasting?

4 Each drug has its own sort of unique presentation in the  
5 body. Some of the illegal drugs present as skin breakout --  
6 methamphetamine -- deterioration of the teeth that we sometimes  
7 see with a lot of drugs, an erosion of the nasal septum in the  
8 nose with cocaine and other types of inhaled stimulants.

9 But by and large, if we don't do, as physicians, as we are  
10 taught, a complete physical exam, then we will miss indications  
11 of abuse or diversion. And, indeed, the Kentucky Board of  
12 Medical Licensure requires us to do that as early as 1996 and  
13 then reaffirming again in 2001 that the physician is required to  
14 do a complete physical exam.

15 Q. Let me ask you: What if patients came in and lied to  
16 Dr. Kudmani? What if you're a physician and they come in and  
17 say, "I have all this pain"? Isn't the physician the victim,  
18 they're being lied to?

19 A. The physician is never a victim. We are out there putting  
20 ourselves forth as a physician, as a purveyor of an individual  
21 who can help with health issues. We open our doors and we say,  
22 "Come on in, and we'll treat your medical condition." So the  
23 physician is never a victim.

24 And, again, to reiterate what I said, in the early 2000s, in  
25 the mid-2000s, we instituted universal precautions, and there



1 was a very specific set of parameters that each physician is  
2 called upon to do to prevent diversion and to prevent abuse. By  
3 the way, abuse is when the patient uses that medication for an  
4 inappropriate medical use to get high. Diversion is if the  
5 patient sells it to a neighbor. So when we use "abuse" and  
6 "diversion," they have separate issues.

7 But we are required as part of the universal precautions to  
8 go through the various elements listed to prevent that, to  
9 minimize it, to make what the Kentucky Board of Medical  
10 Licensure calls a diligent -- a diligent -- effort to prevent  
11 abuse and diversion.

12 Q. Do drug addicts make rational decisions? Do they always  
13 tell you the truth?

14 A. No. No. Drug addicts will not always tell you the truth.  
15 The very definition of the disease of addiction or drug  
16 dependency is that the patient will lose common sense, will lose  
17 logic, will lose self-preservation. They will continue with  
18 their abuse of the drug despite consequences. Despite losing  
19 their spouse, despite losing their job, despite losing their  
20 life, they will continue to get the drugs. They will steal for  
21 the drugs.

22 They will certainly tell me as a physician, "Hey, I'm sorry.  
23 Yes, I overuse my Xanax, but if you prescribe it for me again  
24 just this one time, I promise I will use it appropriately." I  
25 would like to believe them, but I can't. I would like to trust,

1 but verification indicates they don't have the ability because  
2 of the nature of what the drugs do to the brain.

3 It's not that they're not good people. It's just you cannot  
4 believe them because of the very definition of what addiction  
5 is. You've lost the ability to control. You've lost what we  
6 call the executive function that allows us to function  
7 reasonably and logically on a daily basis. You cannot believe  
8 an addict.

9 Q. Now, Doctor, have you reviewed the -- you kind of referenced  
10 the 1996 Kentucky guidelines.

11 A. Yes, sir.

12 Q. And then were those later amended?

13 A. Those were later amended and put forth in terms of the 2001  
14 edition and I believe later amended in 2003 as well.

15 Q. Okay. And are you basing in part your testimony today based  
16 on those guidelines?

17 A. Yes, I am.

18 Q. And those guidelines are pretty specific about what a  
19 physician should do -- take history, a physical exam, all the  
20 stuff you talked about, monitor, treatment plan, that type of  
21 stuff?

22 A. Yes. They're well written, they're common sense, and  
23 they're consistent.

24 Q. Now, when you went to medical school in the 1970s, is that  
25 the last time that you learned what the standard of care is?

1 A. No. The standard of care to some extent will evolve over  
2 time, but there are fundamentals in the standard of care that  
3 never change.

4 For instance, we didn't just learn in the 1970s or in the  
5 1960s that opiates were addictive. We have always been taught  
6 as physicians that there is a particular way to treat a patient,  
7 there's a particular way to trial medications. We may give a  
8 patient a trial on a medication that might be an antibiotic or a  
9 blood pressure pill or a pain medicine, and we are taught, if we  
10 decide to go that route, to monitor the response to that  
11 patient. So in that sense, those standards have not changed  
12 over the years.

13 To the extent that we have new medications and we have a  
14 better understanding of what addiction is, we have a better  
15 understanding of the pharmacology of how our medications work,  
16 our standards of care evolve as we have new tools and new  
17 understandings. But there is a fundamental part of the standard  
18 of care in terms of how we operate as a physician and how we  
19 prescribe, how we examine, how we document. Those have not  
20 changed.

21 Q. How do physicians keep up with changing times?

22 A. When I was given my medical degree, it was emphasized to me  
23 that I am not allowed to stop learning. I was sent out into the  
24 world at graduation with the admonition that this is my advanced  
25 degree to keep learning.

1           So I read journals, and we are all told to read journals.  
2           We are told to keep up with scientific advancements not only  
3           through the journals but through our professional agencies. In  
4           the case of Dr. Kudmani, he was specialized and did a residency  
5           in OB/GYN. All of our specialty organizations, whether it's  
6           anesthesia, the American Pain Society, or the American College  
7           of Obstetrics and Gynecology, all of them have a stance on the  
8           use of opiates. So we learn through peer-reviewed literature.

9           We learn through our professional organizations. We learn  
10          by attending meetings. Most of us, because of our licensure,  
11          are required to have continuing medical education, so many hours  
12          per year.

13          So there's really no excuse for us to say we didn't know.  
14          As a matter of fact, we're constrained, we're told, we're  
15          expected to know as the years go on.

16          Q. We're going to turn -- we're going to look at a few  
17          photographs, and then from there we're going to move into the  
18          heart of your testimony about specific patients.

19                 MR. ANSARI: Can we bring up Exhibit 34, page 19?

20          Q. And, Doctor, I've given you numerous photographs. We're not  
21          going to go through them all because we went through them a lot  
22          this week. But did you use these photographs when making your  
23          determination of Dr. Kudmani's practice?

24          A. These photographs reinforce my opinion and reinforce the  
25          reports that I wrote.

1 Q. Just briefly describe what you see here.

2 A. This is a chaotic medical shelf. Of course, I know it was  
3 taken from Dr. Kudmani's office. But on the top shelf -- and  
4 I've had a chance to look at this photograph very carefully and  
5 to magnify it. But on the top shelf there are multiple bottles  
6 of poison interspersed with multiple vials of local anesthetics  
7 and injectables interspersed with other items, such as blood  
8 draw tubes and labeled bottles that I'm not quite sure what are  
9 in them. That's on the top shelf.

10 On the bottom shelf we see a chaotic combination of sprays  
11 that are used, I presume, for glass slides to put maybe swabs on  
12 from Pap smears. And there's -- right between those two  
13 bottles, there's a bottle of ultrasound gel. And off to the  
14 left there's a hand sanitizer and a mirror. And I think on some  
15 subsequent photographs we identified that there might be a sink  
16 there, but the sink was non-utilizable because it was full of  
17 junk.

18 Q. So is that the standard of care in 2009 to 2012 that a  
19 medical practice should conduct themselves as?

20 A. No. This is non-standard care at any time frame.

21 MR. ANSARI: Can we go to page 16, please?

22 Q. And what do you see here, sir?

23 A. This is a drawer of medical instruments, inclusive of  
24 vaginal speculums, staple remover, tools, cotton swabs, forceps,  
25 tape, tubes of something. It's a chaotic, unsanitary drawer of

1 medical stuff.

2 MR. ANSARI: Can we go to page 28, please?

3 Q. What do you see in this photograph?

4 A. I think this is an under-the-sink view with who knows what  
5 dripping down into that left lower corner. I don't know whether  
6 that's rust from water leaking. I don't know whether that's  
7 biological material that has leaked out of some sort of a  
8 specimen container.

9 Additionally, on the right-hand side I see a tube of what I  
10 think is lube with what appears to be a gauze package on top of  
11 it that appears to be stained, appears to have lost its  
12 sterility. That circular black thing with the silver base in  
13 the center is a foot pump, a soap foot pump, which is obviously  
14 stashed out of the way so it can't be used. This looks like an  
15 unsanitary, non-standard collection of biological materials  
16 under the sink.

17 MR. ANSARI: Can we go to page 33, please?

18 Q. What do you see in this picture?

19 A. I never did figure out exactly what that wooden apparatus  
20 was. I thought it might have been a puzzle to begin with, but I  
21 really don't know what it is.

22 But, of course, what grabs the eye here is that you've got a  
23 needle disposal box, the red box there, with lengthy needles  
24 spilling out of the top with their points protruding. And down  
25 at the bottom there I see multiple TB syringes that are all

1 used, that are all unsterile, that look to have at least in the  
2 one perhaps some residual material in it.

3 Then I see wrappers that were discarded presumably when the  
4 needles were opened, along with maybe a Steri-Wipe or Kleenex  
5 that was thrown in there. And everything is adjacent to swabs  
6 and speculums there in that package that are used for uterine --  
7 for cervical swabbing.

8 Q. Is that over the sink?

9 A. And it is over the sink, yes. It's in a cardboard box over  
10 the sink.

11 MR. ANSARI: And, lastly, could we go to page 36,  
12 please?

13 36 I think is the next -- yes, yes.

14 Q. 36, right here. So what does *CPT 2004* mean?

15 A. "CPT" refers to the coding manual that we use, as required  
16 by insurance companies, to code our various diagnoses and  
17 procedures. That comes out on a yearly basis. This one, of  
18 course, is labeled 2004. But the non sequitur here is the fact  
19 that this picture was taken in 2012. So this coding book is  
20 clearly out of date but obviously is sitting on the copy machine  
21 here and obviously is still in current use.

22 Q. From the photographs that we've just seen, does this office  
23 appear to be a normal doctor's office where legitimate medical  
24 treatment is taking place?

25 A. This does not appear to be a doctor's office at all.

1 Q. I'm going to turn to the specific patient files now, but in  
2 case I forget to ask you -- the questions I'm asking you, I'm  
3 looking for answers that are within the standard of care during  
4 2009 and 2012, and then we're going to talk about specifically  
5 were these drugs for legitimate medical purpose and within the  
6 usual course of professional practice, okay?

7 A. Yes, sir.

8 Q. All between 2009 and 2012.

9 And so we don't have to go through each specific -- all the  
10 files for each patient -- we did that the other day -- let me  
11 just hit some high points first, and that is: For any of the  
12 Kudmani patient files you reviewed for the dates of service  
13 listed in the indictment, did any of them contain an adequate  
14 patient history?

15 A. None of them contained an adequate patient history.

16 Q. What about an adequate physical exam?

17 A. None of them contained either a targeted or an adequate  
18 physical exam.

19 Q. What about a diagnosis, an adequate diagnosis?

20 A. A legitimate diagnosis, an objective legitimate diagnosis,  
21 was not formulated in any of the cases.

22 Q. What about a treatment plan?

23 A. The treatment plan was never delineated. The closest we got  
24 to a treatment plan indication was a simple listing of the  
25 narcotic.



1 Q. What about a follow-up on that absent treatment plan?

2 A. That was no follow-up, no follow-up commentary at all.

3 Q. And generally was there a height, weight, and blood pressure  
4 taken of these patients?

5 A. Vital signs were absent pretty much throughout. There were  
6 a couple times when I saw what I assumed to be a body weight,  
7 but it was very rare. There was one time when I saw one blood  
8 pressure. But by and large, vital signs were not taken or  
9 recorded.

10 MR. ANSARI: Can we go to Exhibit 1, page 2, please?

11 Q. This is Count 1, Kim Forbes. Her date of service, roughly  
12 March 2011 through September of 2011. We're looking at this top  
13 one, which is the first date of service, March 11, 2011.

14 And tell me if I'm right, but it looks like, "Adhesion pain.  
15 Back pain. To get MRI. Refer to Dr. Nazar." Am I reading that  
16 correctly?

17 A. Yes, sir, that's what it says.

18 Q. When you looked at this patient file, did you see any  
19 medical records obtained from Dr. Nazar or from anybody else?

20 A. I saw no medical records from anyone.

21 Q. And did -- and in this file did you see where Dr. Kudmani  
22 ever asked his patient about an abuse history, drug abuse  
23 history?

24 A. There was no indication that he inquired about drug abuse  
25 history.

1 Q. Did this patient exhibit risk behaviors like you talked  
2 about before?

3 A. Yes. She exhibited multiple risk behaviors. Did you want  
4 me to name them or ...

5 Q. If you can name a few of them.

6 A. A few of them? She was doctor shopping. The KASPER clearly  
7 showed that she was doctor shopping. She also had some physical  
8 comorbidities of concern, including obesity and asthma, and she  
9 was a chronic smoker.

10 Q. And I think we see -- I don't know if it's on this page  
11 but -- oh, yeah. Down here in the lower left, "Stolen." Stolen  
12 medication, would that be a risk factor?

13 A. That would be a risk factor.

14 Q. And you kind of said this earlier, but on the left-hand side  
15 do you see where it says "owes 15," "owes 15"?

16 A. Yes.

17 Q. Did you see those throughout Dr. Kudmani's patient files?

18 A. I did, yes.

19 Q. And what did you think those meant?

20 A. They are consistent with dollars, and the reason I say that  
21 is because it showed up throughout the various charts.

22 Sometimes they're crossed off. They're also consistent with  
23 some of the pictures that we saw, some of the photos of the  
24 office, where apparently lists or scores were kept posted on the  
25 wall with regard to this sort of thing. But this appeared to be

1 owes \$15.

2 Q. Is that the standard of care in the medical community for  
3 tracking how much patients owe?

4 A. No. Well, at least not on the medical chart.

5 Q. And in this file did you see any objective testing done?

6 A. There was no objective testing done, no urine drug tests, no  
7 KASPERs.

8 Q. From an anesthesiologist's point of view, did Dr. Kudmani  
9 ever attempt to get to the alleged back pain issue?

10 A. No. He never did a targeted investigation or exam.

11 Q. Now, I guess she came in. She was there for approximately  
12 seven months. She got medication, she got Percocet and Xanax,  
13 and the risk behaviors were disregarded.

14 What was the point of Xanax? How does Xanax fix back pain?

15 A. Xanax does not fix back pain. Xanax is indicated for  
16 short-term sedative use. It might be used for breakthrough  
17 anxiety. It's not even appropriate for long-term treatment of  
18 anxiety. But it clearly has no indication and no part to play  
19 in the treatment of long-term back pain.

20 Q. She was also given Klonopin at some point. How does  
21 Klonopin affect back pain?

22 A. Klonopin and Xanax are both what we call benzodiazepines.  
23 They're part of that tranquilizer, sedative/hypnotic class.  
24 They relax patients. They make them sedate. Klonopin is longer  
25 acting than Xanax, but Klonopin is not a medication that we use

1 to treat back pain. It's more of a psychiatric medication to  
2 use for the -- as an adjunct in the treatment of long-term  
3 anxiety, but in and of itself it has nothing to do and is not an  
4 appropriate treatment option for back pain.

5 Q. Now, you had mentioned comorbidity. She was a smoker,  
6 asthma, obesity. So how does oxycodone, Klonopin, and Xanax  
7 affect a person with these types of comorbidities?

8 A. We're particularly concerned by what I referred to earlier  
9 as the polypharmacy, when we start mixing these. When we mix a  
10 potent opiate, like oxycodone or Percocet, with a  
11 benzodiazepine, whether it's Xanax or Klonopin, that  
12 opiate-benzo combo is a red flag polypharmacy. It has a  
13 disproportionate sedation associated with it. It will cause  
14 respiratory depression, among other things.

15 But we're particularly concerned in this case about  
16 respiratory depression on top of the fact that we know she's  
17 respiratory compromised. She's been a pack-a-day smoker for at  
18 least 15 years. She's got a history of asthma. I'm going to  
19 assume she's got COPD because of that history of smoking. So  
20 she's got asthma, COPD, a heavy smoker, and she's obese.

21 Why are we concerned about obesity? Because her body  
22 morphology predicts that she will also have chronic sleep apnea,  
23 obstructive sleep apnea. When we sedate our patients, when we  
24 oversedate our patients, when we respiratory drive them down  
25 with this combination of benzos and opiates, we worsen the sleep

1 apnea on top of the asthma and COPD, and we kill patients  
2 because of respiratory depression.

3 MR. ANSARI: Can we go to Exhibit 21A, page 6?

4 Q. I had given you also Norton Hospital records to review; is  
5 that correct?

6 A. Correct.

7 Q. We've already had someone testify to this. We're not going  
8 to get deep into this, but I just want to bring up one thing and  
9 ask you a question, and that is: On here it talks about "severe  
10 hypothermia. Toxic dose of sedative and narcotic medications  
11 could produce this picture."

12 What is severe hypothermia?

13 A. Hypothermia is loss of body temperature.

14 Q. And are benzodiazepines a sedative?

15 A. They are a sedative, correct.

16 Q. Okay. So, Doctor, let me ask you this: Were the drugs that  
17 Dr. Kudmani gave Ms. Forbes from March 11, 2011, to September 6,  
18 2011, one, for legitimate medical purpose?

19 A. They were not administered for legitimate medical purpose.

20 Q. And, two, were they written within the usual course of  
21 professional practice?

22 A. They were not administered within the usual course of  
23 medical practice.

24 MR. ANSARI: Can we go to Count 2, Sommer Stinnett,  
25 Exhibit 2, page 4?

1 Q. She was roughly there for 11 months, but I want to point out  
2 on this top part, on September 7th, 2011, "Pelvic pain. Back  
3 pain. Hit by ambulance. Adhesion. Percocet. Xanax."

4 Am I reading that correctly?

5 A. That's correct, yes.

6 Q. Now, did this patient exhibit any sort of high-risk  
7 behaviors?

8 A. I'm going to refer to my notebook here just a moment. This  
9 is Ms. Stinnett?

10 Q. Yes, sir.

11 A. Yes. She had significant high-risk behaviors, the worst  
12 of -- well, the most significant of which is the fact that she  
13 was under treatment in 2009 for drug addiction. She was being  
14 treated in what we call a medication-assisted treatment  
15 facility, MAT, with Suboxone. She was participating in a  
16 Suboxone treatment program for addiction, and that in and of  
17 itself should have been the reason why she should receive no  
18 further opiates.

19 But she had additional risk factors as well. She had a  
20 lengthy history of doctor shopping, as shown by the KASPER. She  
21 received multiple substances -- multiple substances -- from  
22 multiple doctors over a lengthy period of time. And in spite of  
23 all of that, she was prescribed what we call a prescriptive  
24 speedball by Dr. Kudmani, combination of narcotic plus a  
25 stimulant.

1 Q. And that was the Adipex?

2 A. That was the Adipex, yes.

3 Q. Okay. What's Adipex used for?

4 A. Adipex typically is used for weight reduction. It's an  
5 amphetamine-like drug that can help with weight reduction for  
6 short periods of time, but we refrain from prescribing it in  
7 combination with opiates and benzodiazepines because of the  
8 combo upper-and-downer effects that we see.

9 So when you combine Adipex, in her case, with the Percocet,  
10 we get what we call a prescriptive speedball that is sought  
11 after by a number of patients -- by a number of individuals who  
12 are seeking the drugs for euphoric reasons.

13 Q. And, again, did Xanax or Adipex go to the initial complaint,  
14 which is pelvic pain or back pain?

15 A. No. None of them effectively or appropriately  
16 pharmacologically addressed her diagnoses of pelvic pain, back  
17 pain, or adhesions.

18 Q. From an anesthesiologist's point of view, did Dr. Kudmani  
19 ever attempt to treat that alleged back pain?

20 A. He neither evaluated it nor treated it appropriately.

21 Q. So were the drugs that Dr. Kudmani gave Ms. Stinnett from  
22 March 5th, 2012, to August 15th, 2012, one, for legitimate  
23 medical purpose?

24 A. They were not for a legitimate medical purpose.

25 Q. And, two, were they written within the usual course of

1 professional practice?

2 A. They were not.

3 MR. ANSARI: Can we go to Count 3, Anna Prewitt,  
4 Exhibit 3, page 7, please?

5 Q. It looks like that date of service of 2/14/11, initial.  
6 Dyspareunia and dysme- -- I've already forgotten how to say the  
7 term -- dysmenorrhea, what do those mean?

8 A. Dysmenorrhea is basically a painful menstrual period, and  
9 dyspareunia means pain with sex.

10 Q. And does oxycodone or Klonopin help either of those two  
11 issues?

12 A. No. Those two drugs are not indicated for menstrual pain or  
13 sexual-related pain. They have no relationship to them  
14 whatsoever.

15 Q. Did Dr. Kudmani -- and I know sometimes you talk about an  
16 exit strategy. Does Dr. Kudmani employ an opiate exit strategy  
17 with this patient?

18 A. No, he does not. And the fact she had been on opiates for  
19 some time prior to seeing him -- multiple opiates for a long  
20 period of time -- is essentially fulfilling what we are asked to  
21 do as physicians if we decide to use opiates to do a trial.  
22 She's had her trial. She had her trial for a long time prior.  
23 So there was really no legitimate medical reason for Dr. Kudmani  
24 to continue prescribing the medications to which she had not  
25 responded appropriately to.



1 Q. Now, we can go through her KASPER. I'm sure you've looked  
2 at her KASPER. She had other providers providing her  
3 medication; am I right?

4 A. Yes. She had multiple other providers, yes.

5 Q. And what's the difference between some of those providers  
6 and Dr. Kudmani prescribing?

7 A. I, of course, haven't reviewed the records for these other  
8 prescribers. I haven't -- presumably they're not under  
9 investigation. I don't know that.

10 But certainly it's required when a physician takes on a new  
11 patient that the physician do an independent medical exam. In  
12 other words, I don't just accept somebody who is sent to me on  
13 narcotics and just continue those narcotics. I have to  
14 independently examine and come to a diagnosis and determine that  
15 that medication may or may not be appropriate.

16 But we don't have the past medical records, so we don't know  
17 exactly what went on or what the rationale was or what the  
18 diagnoses were that the previous physicians were using to  
19 rationalize the use of opiates.

20 Q. Well, can a doctor just take a KASPER look back and say,  
21 "Hey, Dr. A and B prescribed these same opiates. I can do the  
22 same"? Is that okay to do?

23 A. That's not okay, and that's not standard of care. And,  
24 again, at the risk of reemphasizing here, but we are constrained  
25 as physicians to do an independent medical exam.

1 I'm not a vending machine. I mean, that's sometimes the  
2 way -- I feel like patients are coming to me, they say, "Hey,  
3 look, I want to continue," in her case, "my hydrocodone. I want  
4 to continue my clonazepam." I'm not a vending machine. I'm not  
5 somebody you put in a quarter, pull the lever, and out comes  
6 your drugs.

7 If you're coming to me as a physician, I will be a  
8 physician. We are constrained to be a physician. We are  
9 constrained to examine the patient, come to a diagnosis, and  
10 appropriately decide what is their treatment option, not just  
11 continue de facto. I don't want to be a vending machine. It's  
12 inappropriate. It's outside the standard of care to act like  
13 that.

14 Q. So that brings me to the point of Ms. Prewitt. Were the  
15 drugs that Dr. Kudmani gave Ms. Prewitt from July 1st, 2011, to  
16 August 17th, 2012, one, for legitimate medical purpose?

17 A. No, they were not.

18 Q. And were they written within the usual course of  
19 professional practice?

20 A. They were not.

21 MR. ANSARI: Can we go to Count 4, Corey Reuber,  
22 Exhibit 4, page 3, please?

23 Q. And his initial chief complaint on 10/3, it says, "Had MRI.  
24 Showed bulging disk, L5-S1. He'll be seeing orthopaedic surgeon  
25 in two weeks. He is in severe pain and through his wife

1 requested one RX Lortab until he gets in."

2 Did you see in this patient's file any indication of any  
3 other records from an orthopaedic surgeon?

4 A. No. There were no other records, no workup, no evaluation,  
5 no imaging.

6 Q. Did you see an indication of an MRI in this gentleman's  
7 file?

8 A. There was no MRI in the file.

9 Q. Well, this one -- let me -- there's an MRI in this file;  
10 correct? This is the --

11 A. Well, not of the back. Well, I'm sorry. Let me -- I just  
12 turned to my notes here. There is an MRI of the lumbar spine  
13 dated 10/07, so there is -- and that would correlate with this  
14 date of 10/3/07.

15 MR. ANSARI: Can we go to page 6, please?

16 Q. Is it the standard of care in the medical community for an  
17 MRI to have a handwritten patient's name, date of birth, and  
18 date at the top of it?

19 A. That would be suspicious. That would not be standard of  
20 care. That would not be acceptable from a -- what we refer to  
21 in the clinic as a legal standpoint, but it would not be usual.

22 MR. ANSARI: What about page 7? Can we go to page 7?

23 Q. Now, that note referred to the L5-S1. And I guess as an  
24 anesthesiologist, you review and send people off for MRIs  
25 frequently?

1 A. Yes.

2 Q. Can you tell the ladies and gentlemen of the jury what this  
3 MRI says?

4 A. Translating, what this says -- I'll read it verbatim, and  
5 then I'll explain it. "At the L5-S1 level, there's a  
6 2-millimeter broad-based disk bulge which appears to just touch  
7 but not efface or displace the S1 nerve roots." Then it defines  
8 which images that's shown on.

9 Essentially that's normal. As we age, we sometimes -- I get  
10 a lot of patients say, "Well, I'm suffering from disk bulges."  
11 Well, welcome to the living. At age 18 we have the most ideal  
12 backs, and every year after that we tend to degenerate a little  
13 bit. Bulging is a normal part of that degenerative process. A  
14 2-millimeter bulge at L5-S1 -- and L5-S1 is the lowest disk in  
15 our spine, so it takes the most weight, it takes the most wear  
16 and tear. So we would expect -- we would expect -- we would  
17 anticipate there would be bulging.

18 Is this Mr. Reuber? Is that who it refers to?

19 Q. This is Count 4, Mr. Reuber.

20 A. Mr. Reuber is 43 years old. This is actually a very good  
21 MRI for somebody -- for a male who is 43 years old. Typically  
22 if we live long enough, our L5-S1 disks are going to go away  
23 entirely and be bone on bone. This is normal for age. I would  
24 look at this, and I would say, "Good job. You've got a healthy  
25 back."

1 Q. So did this individual need opiates?

2 A. He did not need opiates.

3 Q. Well, from an anesthesiologist's point of view, then, did  
4 Dr. Kudmani do anything to improve his alleged pain in his back?

5 A. There's no indication, there's no chart documentation that  
6 suggests that the pain was improved or the patient's function  
7 was improved or the quality of life was improved, which are the  
8 three parameters that we look at in pain management to mark and  
9 measure progress.

10 Q. Was it -- the basic practice of medicine, do you see that in  
11 this case?

12 A. This case fails to meet the parameters of the basic practice  
13 of medicine. In this particular case, or this particular  
14 individual, the care was outside the usual course of medical  
15 practice. This is not pain management. This is not medical  
16 practice. This is drug dealing.

17 MR. ANSARI: Can we go to page 2, please?

18 MR. LAMBERTUS: Your Honor, can we approach the bench  
19 for a second?

20 THE COURT: Uh-huh.

21 (Bench conference on the record outside the hearing of the  
22 jury.)

23 MR. LAMBERTUS: Judge, I object to that last comment  
24 and ask the court to discharge the panel. I think we've been  
25 through what we're supposed to say and not say, and I don't

1 think he's supposed to say -- or any witness is supposed to  
2 say -- what is unlawful and what is lawful and things like that.

3 THE COURT: Meaning --

4 MR. LAMBERTUS: Calling him a -- yes, sir. I'm sorry.  
5 Yes, that's the particular comment. I have not objected to  
6 anything else because I don't think it's been objectionable, and  
7 he's certainly said some very uncomplimentary things. But to  
8 invade the province of the court and the jury in the same  
9 remark, and that's what this trial is all about. So that's my  
10 objection.

11 THE COURT: All right. I'm going to overrule your  
12 objection.

13 MR. ANSARI: Thank you, Judge.

14 (End of bench conference.)

15 BY MR. ANSARI:

16 Q. Doctor, you've kind of hit it, but I'm going to just ask you  
17 again for the purposes of the jury. The drugs that Dr. Kudmani  
18 gave Mr. Reuber from August 1st, 2010, to September 6th, 2012,  
19 were they, one, for a legitimate medical purpose?

20 A. They were not for legitimate medical purpose.

21 Q. And, two, were they prescribed in the usual course of  
22 professional practice?

23 A. They were not.

24 MR. ANSARI: Can we look at Count 5, Nicole Phillips,  
25 Exhibit 5, page 8?

1 Q. Specifically at the top we see the first date of service.  
2 It looks like, "Manic depressive. On Celexa, Seroquel, and  
3 Klonopin. Discharge odor and back pain."

4 Can you please tell us what Celexa is?

5 A. Celexa is an antidepressant.

6 Q. What is Seroquel?

7 A. Seroquel is also an antidepressant.

8 Q. What about Klonopin?

9 A. Klonopin, as we talked, is a benzodiazepine similar to Xanax  
10 or Valium. It's what we would call a sedative/hypnotic.

11 Q. And it looks like Lortab was prescribed on this date. How  
12 does Lortab interact with Celexa, Seroquel, and Klonopin?

13 A. They're all sedating medications, and I can't overemphasize  
14 the concern we have as physicians about polypharmacy. When we  
15 start mixing potent neuromodulating medications like multiple  
16 antidepressants -- in this case, Seroquel plus Celexa plus the  
17 long-acting sedative Klonopin, the benzodiazepine -- along with  
18 the Lortabs, we've not only got the narcotic-benzo combo that we  
19 talked about earlier, but we've got the additional sedation  
20 coming from the antidepressant. So that's of concern because of  
21 the sedative interactions.

22 Q. Does Lortab go to the "discharge odor" complaint?

23 A. No.

24 Q. And how does Lortab -- she's got a back pain complaint. Why  
25 can't you just give Lortab for the back pain?

1 A. Well, as we discussed, the back pain is actually her chief  
2 complaint. It's what she came in and said she was having. She  
3 says, "My back hurts."

4 It's up to me as a physician, it's up to Dr. Kudmani as a  
5 physician, to say, "Okay. That's your complaint. Why does your  
6 back hurt?" So he has to do an exam, and he has to come up with  
7 a diagnosis. Back pain is not a diagnosis. It's a complaint.  
8 It's a subjective complaint. It's a chief complaint. But  
9 there's no diagnosis.

10 So we would not give -- and, indeed, the Kentucky Board of  
11 Medical Licensure in their rules indicates refrain from just  
12 treating functional disorders, as they call it. In other words,  
13 if somebody comes in and says, "My back hurts," don't just give  
14 them narcotics until you come to an actual diagnosis.

15 MR. ANSARI: Can we go to page 12, please?

16 Q. And you've reviewed these. But you see on this page, 2/17,  
17 "Purse stolen." Again, 3/8/10, "RX stolen by boyfriend." And  
18 then down another line, there's another RX stolen.

19 Are those what you consider to be risk behaviors?

20 A. Those are clearly risk behaviors and red flags. In total,  
21 she had her drugs, quote, stolen four different times.

22 Q. Was this patient also on Suboxone at some point?

23 A. Yes. She's another example of the fact that because she was  
24 under treatment for addiction with Suboxone, clearly --  
25 clearly -- controlled substances and narcotics should not have



1       been prescribed.

2                   MR. ANSARI:   And can we go to page 19?

3       Q.   This letter from Our Lady of Peace, what would be the  
4       standard of care in the medical community when a physician  
5       receives a letter like this from a psychiatric hospital?

6       A.   This is a very well-presented letter from the psychiatric  
7       hospital inviting Dr. Kudmani to participate in the care of  
8       their patient who is being treated currently for addiction  
9       purposes.   So if I received this, I would say, "Wow, okay.   One  
10      of my patients who I'm prescribing to is addicted."   So the next  
11      thing I would do is I would call the individual here, the mental  
12      health worker, and say, "Thank you very much for letting me  
13      know.   Let's coordinate our care, and I will quit prescribing  
14      narcotics going forward."

15               So the standard of care would be to make a connection with  
16      and optimize the care so as to do no harm to the patient.

17      Q.   From an anesthesiologist's point of view, did Dr. Kudmani  
18      attempt to treat her alleged back pain?

19      A.   No, he did not.

20      Q.   And were the drugs Dr. Kudmani gave Ms. Phillips from  
21      February 17th, 2010, to August 3rd, 2011, one, for legitimate  
22      medical purpose?

23      A.   No, they were not.

24      Q.   And, two, written within the usual course of professional  
25      practice?

1 A. They were not.

2 MR. ANSARI: Can we go to Count 6, Joyce Hook, Exhibit  
3 6, page 6, please?

4 And can we go to -- I guess we're going to go to page 7 and  
5 look at 4/16/08 as the chief complaint.

6 Q. "Annual physical exam," is that the only notation you see  
7 besides some gynecological things going on there?

8 A. That would be the only indication of what we would call a  
9 chief complaint. The reason why they're there would be an  
10 annual physical exam.

11 Q. Is it within the standard of care to provide oxycodone to  
12 someone for an annual exam?

13 A. No, it is not.

14 Q. And on 4/28, right below that, it says, "Still in pain.  
15 Joints and hip." And then it's Klonopin and oxycodone.

16 Is that the appropriate treatment for joint and hip pain?

17 A. Klonopin is certainly not indicated. Percocet is likely not  
18 indicated, but we don't know because, again, this is just a  
19 chief complaint, what we call a functional complaint, by the  
20 patient. We have no evaluation, no exam, no documentation. So  
21 given this only, the Percocet also is not indicated.

22 Q. Now, I don't have it here, but Ms. Hook's KASPER -- you went  
23 through Ms. Hook's KASPER?

24 A. Yes, I did.

25 Q. And it was -- I believe it was all Dr. Kudmani's

1     prescribing?

2     A.   I'm reviewing it briefly here.   Yes.   There was no  
3     indication it was other than Dr. Kudmani.

4     Q.   And at some point does the Klonopin abruptly stop?

5         I've got a note that's October 2011.

6     A.   Yes.   The last Klonopin was 4/27/11.   It was abruptly  
7     stopped.   She was on a modestly high dose at that point, but it  
8     was abruptly stopped, and from there on she received a  
9     combination -- I'm sorry.   6/9/11, she -- no.   Wait a minute.   I  
10    take that back.   Klonopin -- there are several additional  
11    prescriptions of Klonopin.   There's an additional one on 6/9/11  
12    and then 10/10/11.

13         Did you say 10/10/11?

14    Q.   Yes.

15    A.   I'm sorry.   I was misreading this.

16         Yes.   At 10/10/11, that was the last prescription for  
17    Klonopin.   Again, a modestly high dose, and it appeared to have  
18    been summarily stopped at that point.

19    Q.   What can happen if you stop someone on Klonopin cold turkey?

20    A.   We have great concern about stopping any of the  
21    benzodiazepines like Klonopin or Xanax or Valium cold turkey.  
22    Those are the sorts of medication weans that typically would  
23    have to be done in a hospital because we worry about  
24    convulsions, we worry about death.   We can wean down on a lot of  
25    medications, but the benzodiazepines are a very dangerous subset

1 in terms of weaning. We cannot stop safely those medications  
2 cold turkey.

3 Q. So the proper there is to wean her down until she finally is  
4 off them?

5 A. Even I would not wean somebody down on this modest --  
6 relatively high dose of Klonopin. I would get a mental health  
7 worker or psychiatrist to do the weaning because of the concern  
8 and the individual variability of how patients respond when  
9 doing it.

10 Q. But I guess her KASPER continues to show oxycodone being  
11 prescribed all the way, I think, until August or September of  
12 2012?

13 A. Yeah. She continued receiving Percocet on a regular basis.

14 Q. And so for the approximately four and a half years she saw  
15 Dr. Kudmani, was there any substantiation in the file to show  
16 that those Lortabs or Klonopin, for that matter, were for  
17 legitimate medical purpose?

18 A. No.

19 Q. And were any of those drugs prescribed in the usual course  
20 of professional practice?

21 A. They were not.

22 MR. ANSARI: Can we go to Count 7, please, Robin  
23 Alvey, which is Exhibit 7, page 4?

24 Q. And the initial date of service, 11/4/09. Again, it looks  
25 like, "Diabetic. On insulin. Methadone, 80 milligrams a day,

1 by Dr. Amin. On Neurontin, methadone."

2 Dr. Kudmani prescribes Percocet and Xanax. How do Percocet,  
3 Xanax, methadone, and Neurontin interact?

4 A. They're all sedating medications. And as we've talked,  
5 there's a significant concern about respiratory depression and  
6 death. Percocet is a significant respiratory depressant, Xanax  
7 is a significant respiratory depressant, and methadone is of  
8 great concern because of its unpredictability and its extreme  
9 long-acting half-life. When we put methadone into the equation,  
10 it is a major, major red flag with regard to concern of overdose  
11 and respiratory depression. Neurontin is a sedative agent as  
12 well.

13 So this combination is a particularly concerning combination  
14 of polypharmacy. It's a major safety issue.

15 Q. And the chief complaint or -- there's no diagnosis.  
16 Anything else that would lead to substantiate the need for Xanax  
17 and Percocet on this day?

18 A. There's no indication of a pain complaint here at all.

19 MR. ANSARI: Can we go to page 12, please?

20 Q. I won't go through this whole letter, but you've read this  
21 letter in the file?

22 A. Yes.

23 Q. And this is essentially a letter Dr. Kudmani wrote to a  
24 police officer?

25 A. Oh, yes. Correct.

1 Q. Can you just -- just general overview, what does it kind  
2 of -- to the point, what does it say?

3 A. Well, it indicates that Dr. Kudmani's rationale for  
4 prescribing medication to Ms. Alvey was for back injury and  
5 neuropathy and Xanax was prescribed because she had been on it  
6 in the past for anxiety attacks, and he indicates that if he had  
7 known that she was doctor shopping and receiving medication from  
8 multiple doctors that he would have denied the medication and he  
9 would have refused to give her Percocet. And he sums by  
10 indicating, "As of this minute, she is no longer my patient."  
11 And then he signs his name.

12 Q. And that was August the 18th, 2010. Did you see  
13 prescriptions written to Ms. Alvey by Dr. Kudmani after August  
14 the 18th, 2010?

15 A. Five days later he began writing for Percocet and Xanax  
16 again.

17 MR. ANSARI: And can we go to page 5, please?

18 Q. And on this one it appears that the patient wrote in her  
19 medical records. Is that the standard of care in the medical  
20 community?

21 A. No. That would be very unusual to have the patient actually  
22 write in the medical record.

23 Q. And so Dr. Kudmani wrote the officer, says he's no longer  
24 prescribing. The patient then writes in here that she admits to  
25 falsifying the prescription.

1           What would be the standard of care in the medical community  
2 after these two things occurred?

3           A. To protect the patient, to do no harm, the standard of care  
4 would be to not continue prescribing controlled substances to  
5 this patient. One should just not write them. She's just too  
6 high a risk. The standard of care would be to stop that  
7 medication and perhaps look at other choices of pain management  
8 as we previously discussed.

9           MR. ANSARI: Can we go to page 3?

10          Q. Did she also exhibit risk factors like her medication being  
11 stolen?

12          A. Yes. Yes, she did. She -- yes, she did.

13          Q. Specifically based on all of what we've covered on this  
14 patient, were the drugs that Dr. Kudmani gave Ms. Alvey from  
15 August 23rd, 2010, to July 13th, 2012, one, for legitimate  
16 medical purpose?

17          A. They were not.

18          Q. And, two, written within the usual course of professional  
19 practice?

20          A. They were not.

21          MR. ANSARI: Go to Count 8, Michelle Cornwell, Exhibit  
22 8, page 22, please.

23          Q. It looked like her initial date of service was 6/20/07. She  
24 was obviously a long-term patient. She had some surgeries.

25                 Did you note specifically in this patient's file that she

1 had medical comorbidities?

2 A. She had several. She was very obese. She was 350 pounds.  
3 She was a diabetic. She suffered from hypertension. She was a  
4 smoker, a heavy smoker, quote/unquote. I don't know how many a  
5 day. She had COPD. She had reactive airway disease. So she  
6 had a number of factors that would be of concern to any  
7 physician, any reasonable, any prudent physician, prescribing  
8 respiratory depressants like narcotics or narcotics plus  
9 benzodiazepines.

10 Q. And did Dr. Kudmani prescribe oxycodone, diazepam, and Xanax  
11 at some point during this patient's history?

12 A. Yes.

13 Q. And how do those three drugs interact with those  
14 comorbidities you spoke about?

15 A. As we've previously discussed, they're significant  
16 respiratory depressants, so that polypharmacy of narcotic plus  
17 sedative/hypnotics, benzodiazepines, would be expected to  
18 depress respiration and facilitate death.

19 MR. ANSARI: Can we go to page 15, please?

20 Q. Lower left-hand corner, it says, "Police report." Is that  
21 one of those risk behaviors you talked about?

22 A. Yes.

23 Q. On page 17 there's a letter from Anthem in here. What is  
24 this letter? What's the purpose of this letter?

25 A. Typically if the insurance carrier notices concerns



1 regarding the prescription or the polypharmacy that's being  
2 administered to a patient, if it goes on for a while, they'll  
3 notify the doctor to make sure the doctor is aware that some  
4 potentially bad things are about to happen. This is a letter  
5 from Anthem indicating that this individual was taking Valium,  
6 or diazepam, for insomnia for a chronic time frame and that's  
7 inappropriate and also indicated that this patient was taking  
8 gabapentin and expressed the reasonable concern that gabapentin  
9 increases the risk of suicidal thoughts and suicidal behaviors,  
10 and the form asks Dr. Kudmani to respond accordingly.

11 Q. Did Dr. Kudmani respond?

12 A. He checked the box which says, in both cases, "Patient will  
13 not likely comply with this suggestion."

14 Q. Now, were the drugs that Dr. Kudmani gave Ms. Cornwell from  
15 August 26th, 2011, to February 20th, 2012, one, for legitimate  
16 medical purpose?

17 A. They were not.

18 Q. And, two, written within the usual course of professional  
19 practice?

20 A. They were not.

21 MR. ANSARI: Can we go to Count 9, Terri Keith? And  
22 that's Exhibit 9, page 24.

23 Q. And, Doctor, you've reviewed this file, and I think we can  
24 all agree that she's had multiple back surgeries; am I correct?

25 A. That's correct.

1 Q. Elbow surgery?

2 A. We assume that's correct. We don't have any past medical  
3 records delineating it, but Dr. Kudmani puts it in the record  
4 several times.

5 Q. He also noted some knee surgery and tubal ligation and a  
6 hysterectomy and gallbladder. Multiple surgeries, long-time  
7 patient. Shouldn't this patient be receiving opiates?

8 A. The case has not been made for a chronic pain condition that  
9 would reasonably be expected to respond to opiates. In other  
10 words, based on the fact that somebody's had multiple back  
11 operations, we can't automatically assume that chronic pain  
12 exists.

13 Any given time today there are hundreds of patients across  
14 the country who are having back operations, and the vast, vast  
15 majority of them are not going to have chronic pain problems.  
16 Some of them will be having their second or third operation, but  
17 that in and of itself does not make the case to use opiates. So  
18 what we have to do is examine the patient and determine whether  
19 or not there is an issue there that would be appropriately  
20 treated with opiates.

21 So the pain condition here has not been defined is what I'm  
22 saying. The fact that she has a history of back operation does  
23 not in and of itself make her a reasonable candidate for  
24 opiates.

25 Q. Were there any sort of historical records in there from

1 these other physicians or these other surgeries?

2 A. There were no past medical records in the chart.

3 Q. At some point Soma and oxycodone is prescribed by  
4 Dr. Kudmani. How does Soma and oxycodone interact with each  
5 other?

6 A. Dr. Kudmani completes the medications necessary for what we  
7 call the holy trinity. You may have heard about that before.  
8 But the holy trinity is the combination of a narcotic, usually  
9 hydrocodone or Percocet, plus a benzodiazepine, usually Xanax  
10 but it could be Klonopin, with Soma. Soma tends to be the  
11 anchoring medication of those three. Soma is a muscle relaxant  
12 that's highly addictive and was abused and fairly popular  
13 multiple decades ago. It really does not have a legitimate  
14 medical use during this time frame in today's world.

15 But the combination of the narcotic plus the benzodiazepine  
16 plus the addictive medication Soma is what we call the holy  
17 trinity, is highly sought after on the streets and by addicted  
18 individuals. Because until heroin was as available as it is  
19 today, that combo, the holy trinity, was known for its  
20 heroin-like effects, its heroin-like euphoric effects. So we  
21 kind of looked at it as a heroin-type combination and as a  
22 result did not prescribe it and were always very careful to make  
23 sure that we were perhaps not one participant in prescribing the  
24 medication the patient needed to complete the holy trinity.

25 MR. ANSARI: Can we go to page 41, please?

1 Q. And you've seen this letter; am I correct?

2 A. Yes.

3 Q. Okay.

4 MR. ANSARI: Can we go to page 42?

5 Q. I won't go back through this letter. We've seen it a couple  
6 times specifically. But when you -- when a physician receives a  
7 letter like this from a family member, what's the standard of  
8 care in the medical community when you receive something like  
9 this?

10 A. If we get a third-party notification of concern about a  
11 patient's drug usage -- in this case it came from her sister --  
12 we pay a great deal of attention to that. We pay a great deal  
13 of attention to that. It could come from other sources, of  
14 course, but in this case it came from a close family member. It  
15 was typed, it was well presented, it was well written, and it  
16 left her name and her number and her address, her home phone,  
17 her cell phone.

18 The standard of care would be to contact this individual or  
19 at least acknowledge that there is a concern with regard to  
20 medication abuse or possible diversion going on and to discuss  
21 with the patient what her take on it is, but it is definitely  
22 something to be acted on. It is a red flag that we pay  
23 particular attention to if it's coming from a family member and  
24 presented in as formal a manner as this was.

25 MR. ANSARI: Can we go to page 43, please?

1 Q. Another letter from the sister. Same question.

2 A. Same question. The sister was obviously concerned in this  
3 letter about the fact that the patient might forge her  
4 signature, and so this letter was well written to Dr. Kudmani  
5 saying, I'm not giving you -- "I'm not giving my permission for  
6 my sister to proceed with my approval at all. Just letting you  
7 know." So, again, well presented and should be paid attention  
8 to by the doctor.

9 MR. ANSARI: Can we go to page 13, please?

10 Q. July the 1st, 2009, it states, "Jennifer Reynolds, Terri's  
11 daughter, agrees to administer her pain medications."

12 At this point, if her daughter takes over the administration  
13 of that pain medication, does that relieve Dr. Kudmani of his  
14 responsibility to monitor his patient?

15 A. No, not at all. Dr. Kudmani is still required to monitor  
16 the patient for compliance and response.

17 Q. Does it relieve him of any of his duties if he has a  
18 daughter who's a nurse prescribe medication -- or administer the  
19 medication for eight, nine months?

20 A. No, no. It does not relieve him at all. In the end, as we  
21 discussed, universal precautions are required of all of us as we  
22 do this, and we can at no time ignore red flags or other  
23 conditions. We still, as physicians, maintain the  
24 responsibility to exercise due diligence.

25 MR. ANSARI: Can we go to page 38, please?

1 Q. And this letter is showing adult treatment services,  
2 chemical dependency aftercare, NA meetings from Jewish Hospital  
3 in Dr. Kudmani's file. What is the standard of care when a  
4 physician receives a letter like this?

5 A. Dr. Kudmani should have been aware and I'm pretty sure was  
6 aware of the fact that Ms. Keith had significant mental health  
7 abuse and overdose issues in her history. This confirms that  
8 yet again, and it indicates that she's attending or hopefully  
9 going to be attending Narcotics Anonymous.

10 If I was the prescribing physician -- and standard of care  
11 would dictate that -- I look at the medications to make sure I'm  
12 doing no harm. He was doing harm. He continued to maintain the  
13 medications in spite of the fact that she had OD'd several  
14 times, she had abused her medications, and was unlikely to  
15 change that behavior going forward. Standard of care would be  
16 to stop the medications.

17 MR. ANSARI: Can we please go to Exhibit 20C, page  
18 1115?

19 And kind of blow up the top half, "Reason for Admissions."

20 Q. And so this talks about her. It says, "Hospitalized after  
21 9/2009 after a suicide attempt. This was her third attempt.  
22 The patient has a history of major depression; dysthymia,  
23 recurrent, severe; polysubstance abuse, dependent on pain  
24 medication."

25 Essentially how do these reasons for admission -- how is

1 Soma and opiates -- how do they affect these reasons for  
2 admissions, her co-mental health morbidities, I guess?

3 A. She's addicted, and she's overdosed. She's tried to commit  
4 suicide. Soma, as we've talked about, is a very addictive  
5 sedative and respiratory depressant which when combined with her  
6 benzodiazepine plus narcotic gives her an effect like heroin.

7 We can't give these. We can't give these medications to  
8 people who have this sort of demonstrated history. That's  
9 outside the standard of care.

10 We also are aware, as I indicated earlier, that our opiates  
11 have other side effects, including worsening of depression.  
12 Worsening of depression. It tends towards panic attacks and  
13 causes mood instability.

14 So when we give her narcotics, when we give her benzos, when  
15 we give her Somas, it makes her problem worse. Specifically she  
16 already has a diagnosis of severe, recurrent dysthymia, which is  
17 a mood, depression-type disorder, and she's been hospitalized  
18 about it. We're essentially throwing gasoline on the fire. I  
19 don't know how else to say it. We're throwing gasoline on the  
20 fire.

21 MR. ANSARI: Can we go to page 1157, please?

22 This is -- I need 1157. Sorry.

23 Q. "Patient was able to hear. Appears concerned. Patient was  
24 defensive about her pain pills from her doctor due to her severe  
25 pain. Patient reported that her drug of choice were Soma, Xanax

1 pills, and she is taking pain pills. Can lead her right back to  
2 her drug of choice, which is not very removed from what she is  
3 doing."

4 Is this what you're -- is this also what you're talking  
5 about with the adding gasoline to fire?

6 A. It's -- yes. It's unreasonable to assume that her behavior  
7 is going to change. We like to think that, but multiple  
8 examples have shown that it's not. It's unreasonable to  
9 continue treating her with the same things that she's been  
10 receiving and have gotten her into trouble on a repeated basis.

11 Q. And so these are documented by Our Lady of Peace. Is that  
12 showing that they acknowledge the concern?

13 A. They acknowledge the concern.

14 MR. ANSARI: Can we go to page 1214, please?

15 Q. And can you just explain what this is and interpret it for  
16 us, please?

17 A. This is a list of medications that the patient was on as she  
18 was discharged from the hospital. Of course, in this case it's  
19 Terri Keith. She was discharged on the antidepressant  
20 Wellbutrin as well as Neurontin and the benzodiazepine Klonopin.  
21 She was also discharged with the understanding that her primary  
22 care doctor was providing Topamax; hydrocodone, the narcotic;  
23 and Detrol.

24 Q. Does it look like Our Lady of Peace was weaning her down off  
25 of some of her narcotics?



1 A. Yes. I went back and reviewed her course prior to this.  
2 She actually came in on a fairly high dose of Percocet, so they  
3 weaned her off the Percocet and are discharging her on a lower  
4 dose and a less potent medication, hydrocodone. Still  
5 significant, but, yes, they did wean her down significantly.  
6 Additionally, they have decreased the amount of Klonopin that  
7 she was taking. Wait a minute. I'm not sure about the Klonopin  
8 on that.

9 But they definitely attempted to wean her down on the  
10 narcotic. They stopped the oxycodone, the Percocets,  
11 altogether.

12 Q. What about the Soma? Did they discontinue the Soma?

13 A. By virtue of the fact that it's not listed here, I presume  
14 they stopped the Soma altogether, which would be entirely  
15 appropriate.

16 Q. And they had her for -- I think we saw on the discharge  
17 summary they had had her for a few weeks?

18 A. Many weeks, yes.

19 Q. All right. And obviously Dr. Kudmani had received a letter  
20 from Jewish. So these records weren't hidden from him; am I  
21 right?

22 A. No, they were not hidden from him. It would be standard of  
23 care for the physician to receive copies of the summary  
24 discharge.

25 Q. Now, were there any drug risk behaviors noted in Ms. Keith's

1 file?

2 A. There were a lot of drug risk behaviors. Do you want me to  
3 just list them in rapid fashion here?

4 Q. Yes, sir.

5 A. But very critically, first of all, she had a history of  
6 doctor shopping, extensive doctor shopping. She had a history  
7 of holy trinity combinations with different narcotics but still  
8 holy trinity combos.

9 At one point she tested positive for methamphetamine. When  
10 asked about that later, to explain it she indicated she didn't  
11 mean to take it, she thought it was cocaine. So there's that  
12 concern. There's at least one urine drug screen that was done  
13 that was negative for benzodiazepines. Benzodiazepines didn't  
14 show up, and she was supposed to be on them. So it was an  
15 inconsistent urine drug test.

16 Additionally, she was hospitalized multiple times. And I  
17 won't go through the dates and the specifics, but she was  
18 hospitalized for polysubstance overdose, depression and  
19 overdose. She was involuntarily held psychiatrically for  
20 overdose. She was admitted again for overdose, depression, and  
21 suicide ideation. And she was admitted for her third suicide  
22 attempt, which we just saw here, which also included diagnoses  
23 of depression and polysubstance abuse.

24 So she has a very, very unfortunate, very bad history of  
25 abusing drugs and of mental health issues. And, again, as we

1 talked, those two are tightly entwined. So we've got multiple  
2 red flags, multiple risk factors.

3 In addition to that, she also has a history of alcohol  
4 abuse, and she comes from -- and a history that finally came out  
5 in the chart that she was -- as an unfortunate recognition of  
6 our society today, she was abused as an adolescent female, which  
7 explains to a great deal why she had lifestyle choices that  
8 turned out to be the way they are.

9 But those are all red flags, all risk factors that any  
10 prudent, any reasonable physician would look at and say, "No  
11 controlled substances at all."

12 Q. So was it within the standard of care to prescribe Soma and  
13 opiates to someone with these mental health issues?

14 A. It was egregiously outside the standard of care.

15 Q. Do you know people who have died from pain?

16 A. No one has died from pain.

17 Q. Do people die from addiction?

18 A. People definitely die from addiction.

19 Q. What's more important to treat, the addiction or the pain?

20 A. We can treat them both. We can't cure them. We're not sure  
21 we can cure addiction, we're not sure we can cure pain, but we  
22 can treat them both simultaneously without aggravating the  
23 other.

24 Q. And can you tell me what happens on -- it's page 14. May  
25 the 3rd, 2010, were there again opiates and Klonopin prescribed?

1 A. We are talking about Ms. Keith?

2 Q. Yes. And I'm sorry. I'm at page 14, Exhibit 9.

3 A. I'm sorry. Would you repeat the question?

4 Q. Yes. What occurs on this day?

5 A. Yeah. On this day she comes in complaining of -- "CO,"  
6 complains of -- pelvic pain, anxiety -- anxiety attacks. On  
7 Wellbutrin. It has the one blood pressure that I saw in the  
8 chart. Breasts is normal limit. Mammogram ordered. UA,  
9 urinalysis, negative. Pap, wet, negative. I assume he did a  
10 Pap smear. TVS, vaginal sonogram, negative. And prescribes  
11 Klonopin three times a day, which is a pretty hefty dose, and  
12 Percocet 10 -- Percocet 10 milligrams is the high-potency  
13 Percocet -- three times a day -- I'm sorry, four times a day.

14 Q. And it's not in this record, but the KASPER -- like a week  
15 before this, did he also prescribe Soma?

16 A. That's correct.

17 Q. So now is he prescribing the three-drug cocktail you talked  
18 about?

19 A. He continues -- even after her discharge from the hospital  
20 as we noted there where Soma was stopped, he continues to  
21 prescribe the Soma. So she continues to receive the holy  
22 trinity cocktail.

23 Q. Now, we know from past testimony and all the KASPERs and the  
24 records we just saw that Klonopin was prescribed for long  
25 periods of time by Dr. Chhibber; am I right?

1 A. That's correct.

2 Q. And so why can't Dr. Kudmani -- well, let me put it this  
3 way: Did Dr. Kudmani ever prescribe Klonopin to this patient  
4 before this date?

5 A. Before this date, no. This appears to be the first time  
6 that Dr. Kudmani prescribed the Klonopin.

7 Q. Why can't Dr. Kudmani, then, just continue what  
8 Dr. Chhibber's already done?

9 A. As we've discussed, if one physician is going to take over  
10 the prescribing or the treatment of any sort of another  
11 physician, an independent medical assessment must be done. At  
12 the very least I would expect a conversation between her  
13 psychiatry doctor, Dr. Chhibber, and Dr. Kudmani as to -- you  
14 know, and this question is asked to me fairly frequently. If  
15 I'm prescribing some medications for a patient and the family  
16 doctor or sometimes even the psychiatrist says, "Look, the  
17 patient's stable. Why don't you take over all the medications?"  
18 I'll examine it, I'll see if it's appropriate, and I may assume  
19 those medications.

20 So sometimes it occurs that one doctor to prescribe all the  
21 medications is appropriate, but that would have to be a  
22 documented conversation, which it's not. It would have to be  
23 based on an independent medical evaluation by Dr. Kudmani that  
24 in this case Klonopin was appropriate, and that's not here. So  
25 in the end we shrug our shoulders, and we say, "I don't know why

1 the Klonopin was suddenly picked up by Dr. Kudmani to complete  
2 the holy trinity combo."

3 Q. Now, they're not listed in the records that we've seen today  
4 either in Our Lady of Peace or on the KASPERS, but we saw in  
5 some insurance records prior to today that she had also filled  
6 trazodone and gabapentin on May the 3rd, written by  
7 Dr. Chhibber.

8 Can you explain what trazodone and gabapentin are?

9 A. We talked a little bit earlier. Trazodone is an  
10 antidepressant, and gabapentin in our world is used for  
11 treatment of nerve pain. It's technically an anti-epileptic  
12 medicine, but we use it for chronic sciatica or neuropathy. So  
13 the combination of trazodone and gabapentin that was previously  
14 prescribed would have been presumably for nerve pain and  
15 depression treatment.

16 Q. And I also provided you with the autopsy of Terri Keith?

17 A. Yes.

18 Q. Okay. And I guess the lab results. So did the M.E.  
19 conclude that this person died of opiates and benzodiazepines?

20 A. He concluded that she died of benzodiazepines and opiates,  
21 and I concur with that conclusion.

22 Q. Now, from an anesthesiologist's point of view, did  
23 Dr. Kudmani ever attempt to treat her back pain?

24 A. No, he did not.

25 Q. Did he improve her quality of life?

1 A. He did not.

2 Q. Were the drugs that Dr. Kudmani gave Ms. Keith from July  
3 29th, 2009, to May 3rd, 2010, one, for legitimate medical  
4 purpose?

5 A. They were not.

6 Q. And, two, written within the usual course of professional  
7 practice?

8 A. They were not.

9 MR. ANSARI: Can we go to Count 10, Samantha Green,  
10 Exhibit 10, page 24?

11 Q. Did you note -- and I brought this up only because she's a  
12 long-term patient. This is 1990, and obviously she goes all the  
13 way to 2012. In her file did you note drug risk behaviors for  
14 her?

15 A. Yes. There were multiple drug risk behaviors.

16 Q. What were those?

17 A. She was overusing her medications. There are several  
18 behavioral things that we look for when we start prescribing.  
19 We look for overuse of the medications, and she was overusing.  
20 We look for early refills, and she was early refilling. We look  
21 for early out medications, and she was early out. We look for  
22 doctor shopping behaviors, and she was doctor shopping.

23 So essentially she hit all the high points of abuse and  
24 diversion behavior that we, again, are called upon to be  
25 diligent for. She displayed that.

1 Q. Did he -- did Dr. Kudmani employ an exit strategy for  
2 opiates since he had prescribed for so many years opiates?

3 A. No, he did not. He kept prescribing.

4 MR. ANSARI: Can we go to page 8, please?

5 Q. There's a notation on June the 1st, 2011, "Patient was in  
6 car accident. Neck pain. Thoracic/lumbar pain."

7 Did you note any sort of objective testing -- x-rays, MRIs,  
8 CT scans -- in this patient's file?

9 A. No. There were none.

10 Q. Did you note any other type of medical records from any  
11 other providers regarding this alleged car accident?

12 A. There were none.

13 Q. And so I ask you: Were the drugs that Dr. Kudmani gave  
14 Ms. Green from December 30th, 2011, to August 22nd, 2012, one,  
15 for legitimate medical purpose?

16 A. No, they weren't.

17 Q. And, two, within the usual course of professional practice?

18 A. They were not.

19 MR. ANSARI: Can we go to Count 11, Amber Donahue?  
20 And that's Exhibit 11, page 5.

21 Q. And her -- looks like her initial date of service was  
22 8/26/09. "Pelvic adhesion," and then it looks like  
23 "dyspareunia" maybe.

24 MR. ANSARI: Can we go to page 3?

25 Q. And there's a note in here about "my own father, Steve



1 Donahue, has accused me of selling my medication, which is a  
2 false statement. Refill at Cox early. Only this time." And  
3 then again the next time, "Call Cox. Donahue refill."

4 What would be the standard of care in the medical community  
5 when someone's father comes in and accuses you of stealing --  
6 or, I mean, selling your medication?

7 A. I must admit, when I read this, I found this highly unusual.  
8 First, as we've talked, the patient wrote the note and signed it  
9 in the medical chart, which is pretty unusual in and of itself.  
10 But the larger question is, Why did it come up? You know, I  
11 don't know why it's in here, because there's no other entry here  
12 that would suggest that, you know, this was an issue.

13 But certainly if it came up in discussion -- and it  
14 obviously did or it wouldn't be written in this manner in the  
15 chart. If the patient -- again, third party indicating that  
16 there was abuse or diversion going on, I would certainly have a  
17 more in-depth review of the situation. I would certainly look  
18 at the KASPER. I would certainly stop early refills and would  
19 think seriously about stopping the medication altogether.

20 In this case there was never a legitimate diagnosis put  
21 together, so the medications in this case, as in frankly all the  
22 others, should never have had narcotics started. But certainly  
23 at this point I would have -- the standard of care would  
24 indicate that they would be stopped.

25 Q. And so were the drugs that Dr. Kudmani gave Ms. Donahue from

1 September 2nd, 2011, to September 30th, 2012, one, for  
2 legitimate medical purpose?

3 A. No.

4 Q. And, two, written within the usual course of professional  
5 practice?

6 A. No.

7 MR. ANSARI: Can we go to Count 12, Brandy Casanova?  
8 That's Exhibit 12, page 3.

9 Q. Initial date of 10/28/11. It says, "Valium by Ten Broeck.  
10 Pelvic pain, dyspareunia, and dysmenorrhea." And then he  
11 prescribes Norco.

12 So what is Valium?

13 A. Valium is a sister drug to Xanax and to Klonopin, so it's in  
14 the sedative/hypnotic class of benzodiazepines that we've spoken  
15 of.

16 Q. And Dr. Kudmani on that date prescribes, I'm sorry,  
17 hydrocodone and -- Norco, hydrocodone, and Xanax. How does  
18 hydrocodone, Xanax, and Valium all work together?

19 A. As we've discussed, they're all very potent respiratory  
20 depressants. They work together to present a certain euphoria,  
21 a popular polypharmacy if the individual is looking for euphoric  
22 or high effect from the medication.

23 MR. ANSARI: If we go to page 5, please.

24 Q. And this obviously is a letter from the Methadone/Opiate  
25 Rehabilitation and Education Center here in Louisville. As

1 well, it says, "She is pregnant. Our recommendation is  
2 continued methadone maintenance along with ongoing counseling.  
3 We are aware that she has received regular prescriptions from  
4 you for both opiates as well as benzodiazepines. These would be  
5 dangerous and contraindicated, and we ask that you no longer  
6 prescribe for her."

7 Did you note in the patient's file and the pharmacy records  
8 and KASPER that Dr. Kudmani actually did continue to write  
9 opiates and benzodiazepines after being warned by Dr. Jorrisch?

10 A. Incredibly he continued to prescribe hydrocodone and Xanax  
11 despite this letter.

12 Q. And if she's on methadone, how dangerous is hydrocodone,  
13 Xanax, and methadone at the same time?

14 A. Methadone is an unpredictable drug, particularly when put  
15 together with other controlled substances such as the  
16 benzodiazepines. There's a disproportionate death and  
17 respiratory depression that results when we combine methadone  
18 with Valium or any benzo. It is highly dangerous. It is highly  
19 dangerous not only to add the benzo to the methadone but also to  
20 add an additional narcotic, that is to say Norco.

21 Q. Was there a -- you know, the complaint that she gave, any  
22 diagnosis or anything to substantiate the need for the  
23 benzodiazepines and the opiates to be given to her?

24 A. Her chief complaints were all regarding pelvic pain, pain  
25 with intercourse, pain with menstrual periods. There was

1 nothing to suggest an objective or reasonable diagnosis for pain  
2 to be treated with any kind of narcotics.

3 Q. So I ask you: Were the drugs that Dr. Kudmani gave  
4 Ms. Casanova from October 28th, 2011, to August 15th, 2012, one,  
5 for a legitimate medical purpose?

6 A. No.

7 Q. And, two, written within the usual course of professional  
8 practice?

9 A. No.

10 MR. ANSARI: Go to Count 13, Angela Morgan, which is  
11 Exhibit 13, Page 4.

12 THE COURT: Let's take a 15-minute break before we go  
13 there. Been at it for about two hours.

14 Ladies and gentlemen, don't make up your mind about this  
15 case. Don't discuss it with anybody. We'll be back.

16 (Jury left the courtroom at 12:58 p.m.)

17 (Recess at 12:58 p.m. until 1:21 p.m. Jury present.)

18 BY MR. ANSARI:

19 Q. Doctor, we're going to talk about Count 13, Angela Morgan,  
20 which is Exhibit 13, page 4. 11/13/09 is the initial  
21 appearance. Her chief complaint, "Has been on Lortab, Xanax for  
22 anxiety attack, and scoliosis by Dr. Allen."

23 Is that the chief complaint that you get out of that?

24 A. It could be construed to be the chief complaint, yes.

25 Q. Okay. How does -- I guess on 3/19, "Still hurting, back."

1           Should this person have received the Lortab and Xanax on  
2 11/13/09?

3 A. No. There was no foundation to begin or continue the  
4 prescription of opiates.

5           MR. ANSARI: Could we go to page 10, please?

6 Q. We have another letter from Dr. Jorrisch from the MORE  
7 Clinic. Here she'll be -- or, "Here she will receive methadone  
8 maintenance along with ongoing counseling. We are aware that  
9 she has received prescriptions from you, including both  
10 hydrocodone, alprazolam. These would be contraindicated and  
11 dangerous with her current treatment. The patient has been  
12 informed as not to seek these prescriptions from you. She has  
13 been cautioned about the dangers of benzodiazepine withdrawal  
14 and is to seek medical help if this becomes a more significant  
15 problem."

16           So, again, I ask the same question. After October 11th,  
17 2011, did you see that Dr. Kudmani prescribed opiates and  
18 benzodiazepines again?

19 A. Yes. He continued prescribing opioids and benzodiazepines  
20 as soon as two weeks after this letter.

21 Q. And how dangerous is it to take hydrocodone, Xanax, and  
22 methadone together?

23 A. Very dangerous. As we discussed, methadone has  
24 unpredictable effects, and to mix that specifically with  
25 alprazolam or Xanax and then to add an additional hydrocodone or

1 opiate to that is extremely dangerous.

2 Q. What's the standard of care in the medical community when a  
3 doctor receives a letter from the methadone maintenance clinic  
4 from another physician warning him of prescribing?

5 A. This is pretty pointed. If I read this, if any reasonable,  
6 if any prudent physician read this, he would stop prescribing  
7 immediately. And it would call for, I think, reasonably a  
8 contact to acknowledge, yes, I received this and, yes, I agree  
9 and I will not prescribe any further.

10 Q. What happens if Ms. Morgan came in and told Dr. Kudmani,  
11 "Hey, I'm no longer enrolled in the methadone clinic. You can  
12 continue to prescribe to me"? What would a doctor do in that  
13 situation?

14 A. Well, that scenario would be outside the usual practice of  
15 medicine if he decided to continue prescribing. So regardless  
16 of whether she elected to stay in or not in the program, she  
17 essentially has admitted that she has an addiction issue. So  
18 regardless of whether she stayed in the program, Dr. Kudmani  
19 would not be within standard of care to continue to prescribe  
20 controlled substances to an addict.

21 Q. Were the drugs Dr. Kudmani gave Ms. Morgan from March 9th,  
22 2011, to September 5th, 2012, one, for legitimate medical  
23 purpose?

24 A. No.

25 Q. And, two, written within the usual course of professional

1 practice?

2 A. No.

3 MR. ANSARI: Go to Count 14, Jessica Diciara, and  
4 that's Exhibit 14, page 13.

5 Q. She has -- she'd been there for a while. She had, I guess,  
6 some history of hysterectomies and other surgeries.

7 Did you note specifically any drug risk behaviors with this  
8 patient?

9 A. Yes. Specifically, she, like so many of the others, had on  
10 KASPER an indication of doctor shopping. So she had been  
11 seeking from multiple providers multiple medications, and that  
12 was evident on KASPER. Additionally, she was prescribed the  
13 holy trinity combination again, which, as we've talked about,  
14 produces a heroin-like effect, which is very dangerous, very  
15 euphoric, and not medically indicated.

16 MR. ANSARI: Now, can we go to page 33?

17 Q. This is another letter from Our Lady of Peace. Would this  
18 also be one of the risk behaviors, drug risk behaviors?

19 A. Yes. This would be an indication that this particular  
20 patient was being treated for drug abuse and addiction issues,  
21 and, of course, it would be a very significant red flag that in  
22 and of itself would certainly speak towards the cessation of  
23 continued prescription of controlled substances by Dr. Kudmani.

24 MR. ANSARI: Can we go to page 34, please?

25 Q. Another letter from another psychiatric institution, slash,

1 rehab. Would this also be a risk behavior?

2 A. Yes. Her primary reason for hospitalization, as we see  
3 there, is unstable mood and anxiety. And as we have so often  
4 talked here this morning, the treatment of major depression or,  
5 as it puts -- it also has here PTSD. To treat an individual  
6 with particularly the holy trinity combination, an individual  
7 suffering from major depression and PTSD and unstable mood,  
8 would be clearly outside the standard of care.

9 Q. At the bottom it shows discharged February 3rd, 2011.

10 MR. ANSARI: Can we go to page 27, please?

11 Q. Is there a narcotic prescription written after February 3rd,  
12 2011?

13 A. Yes. There's prescriptions written for this -- indicates  
14 there are prescriptions written for Xanax and Lortab.

15 Q. It looks like Xanax was before that, but the Lortab was  
16 after?

17 On this --

18 A. Yes, correct.

19 Q. On this one. We're going to see in a minute that you are  
20 correct.

21 Does this appear to be -- in the notes in the records, does  
22 this appear to be the last prescription in the medical record  
23 written but not actually prescribed?

24 A. That's correct.

25 Q. So if we go to Exhibit 12B, which is the pharmacy records --



1 MR. ANSARI: I'm sorry. This is the -- I meant 14B.

2 Q. -- we see numerous dates where alprazolam and hydrocodone  
3 are written after that February 5th, 2011, date but do not  
4 appear in Dr. Kudmani's patient file; am I correct?

5 A. That's correct. Medications are prescribed without any  
6 apparent exam or entry into the patient record.

7 Q. And so I'll ask you: Were the drugs that Dr. Kudmani gave  
8 Ms. Dichiaro from February 5th, 2011, to July 4th, 2011, one,  
9 for legitimate medical purpose?

10 A. No.

11 Q. And, two, written in the usual course of professional  
12 practice?

13 A. No.

14 MR. ANSARI: Count 15, Janis Sulzer, Exhibit 15, page  
15 107.

16 Q. This kind of sets the date, December the 8th, 2006. She was  
17 a long-term patient. But I'm going to jump to page 48, and this  
18 is a letter from a urologist. I assume you've read this in the  
19 patient file?

20 A. Yes.

21 Q. And essentially, "She is inappropriate in her complaints of  
22 pain and request for pain medication. I explained to her that  
23 we will not prescribe her narcotics unless an obstruction stone  
24 can be demonstrated. She and her sister were found to be  
25 rummaging through the drawers and cabinets in the exam room as

1 they were waiting for my evaluation. I explained to her that  
2 she may require multiple ESWL treatments in order to render her  
3 stone-free. She was demanding and unhappy with my explanation.  
4 We will schedule a procedure in the near future."

5 Now, this is dated February 21st, 2007. Do you see that  
6 Dr. Kudmani prescribed to her after this date?

7 A. Yes. He continued to prescribe controlled substances and  
8 narcotics.

9 Q. And what would be the standard of care in the medical  
10 community when you receive a letter like this from a specialist?

11 A. As we've indicated previously, this is a third-party  
12 observation, direct observation, from a physician colleague. I  
13 would take this very seriously, any prudent physician would take  
14 this very seriously, and consider stopping all opiates,  
15 particularly since there was not a foundation to begin them  
16 initially.

17 MR. ANSARI: And can we go to page 65, please?

18 Q. There's a note in the upper right here. It says, "On home  
19 incarceration."

20 Would that also be one of your risk behavior factors you  
21 look at?

22 A. That would be -- yes. It would be behavioral indication  
23 that perhaps this individual cannot be trusted to use the  
24 medications in a responsible manner.

25 Q. Do you note any other type of risk behaviors with this

1 patient?

2 A. There were several. She had a history of seizures of  
3 unknown origin, and one has to consider that the seizures might  
4 have been related, as we talked about, with regard to variable  
5 use of drugs. As we've talked, the benzodiazepines sometimes  
6 can cause seizures. We often statistically see people having  
7 seizures if they're inappropriately using controlled substances.  
8 So that would be a risk factor we would look at and question as  
9 to whether that was suggesting inappropriate use.

10 Additionally, she was doctor shopping as well. The record,  
11 the KASPER record, shows doctor shopping behavior for oxycodone,  
12 hydrocodone, codeine.

13 Q. Did she also have overdoses at hospitals?

14 A. She was admitted for overdose on Xanax and Lortab two days  
15 after last having been prescribed them by Dr. Kudmani.

16 Q. And so I ask you: Were the drugs that Dr. Kudmani gave  
17 Ms. Sulzer from September 7th, 2011, to April 6, 2012, one, for  
18 legitimate medical purpose?

19 A. They were not.

20 Q. And, two, written within the usual course of professional  
21 practice?

22 A. They were not.

23 MR. ANSARI: Go to Count 17, Tonya Woolsey, Exhibit  
24 17, page 12.

25 Q. Roughly her first visit, 4/23/2010. She had said, I guess

1 up here, "Back surgery. Fusion T2-T12. Lortab. Xanax." Then  
2 complaint, "Pelvic pain, dyspareunia, and dysmenorrhea." And  
3 then Dr. Kudmani prescribed Lortab and Xanax on that date.

4 On your review of the file, did you ever see where there was  
5 any sort of medical documentation for the back surgery?

6 A. No. There was no imaging, past medical records, or other  
7 documentation.

8 MR. ANSARI: Now, can we go to page 11, please?

9 Q. On 3/18/11, it says, "Admitted herself to Lady of Peace."  
10 We've been seeing those letters from Our Lady of Peace. "She is  
11 allowed to take Lortab."

12 Is that standard of care in the medical community, for a  
13 patient to tell you what you can and cannot take?

14 A. No. As we discussed earlier, this individual obviously has  
15 some drug abuse issues and may be addicted. But certainly  
16 because of the whole addiction and drug abuse scenario, we  
17 cannot take her word for it. It would need to be independently  
18 verified. Therefore, it's not appropriate, it's not within the  
19 standard of care to simply accept without verification that she  
20 is continuing to take her Lortab with their approval. That  
21 would be highly irregular and unusual.

22 Q. And the next entry down, 8/8/11, it states, "On Seroquel,  
23 trazodone from Lady of Peace." And then he gave her Lortab on  
24 that day.

25 Again, is there any sort of chief complaint or diagnosis to

1 substantiate the need for Lortab on any of these days?

2 A. No. There's no legitimate diagnosis that would support the  
3 use of Lortab.

4 Q. And as it indicates, since she's on Seroquel and trazodone  
5 from Our Lady of Peace, there may be some mental health issues?

6 A. Yes.

7 Q. Was there any sort of documentation where there was a  
8 conversation between Our Lady of Peace and Dr. Kudmani?

9 A. No. Except for this one entry, there's no indication that  
10 Dr. Kudmani followed up, explored, or interviewed the patient or  
11 tried to secure past medical records. There was nothing  
12 further. He did not follow up on it.

13 Q. Were the drugs that Dr. Kudmani gave Ms. Woolsey from March  
14 31st, 2011, to September 3rd, 2012, one, for legitimate medical  
15 purpose?

16 A. No, they were not.

17 Q. And, two, written within the usual course of professional  
18 practice?

19 A. No.

20 MR. ANSARI: Can we go to Count 18, Amanda Fehribach?  
21 And it's Exhibit 18, page 18.

22 Q. It looks like April 21st was her initial visit. Did you  
23 notice any drug risk behaviors with this patient?

24 A. She had been on opiates and benzodiazepines for quite some  
25 time prior to Dr. Kudmani with no improvement. Additionally,

1 she -- as we learned, she had a long-standing history of opiate  
2 abuse that apparently began when she broke her collarbone at age  
3 27. She was age 31 at this presentation, I believe. But  
4 historically that was not followed up on or examined or inquired  
5 about by Dr. Kudmani as it should have been.

6 MR. ANSARI: Now, can we go to Exhibit 18I, page 2?

7 Q. Did I supply you with these records from the hospital?

8 A. Yes, you did.

9 Q. And can you -- this is the discharge summary. Can you just  
10 briefly explain what this is?

11 A. The key issue here in terms of discharge medications  
12 indicates on Number 4 there that she's Suboxone weaning, which  
13 indicates that, as indicated in the brief history, she has a  
14 long-standing history of opiate abuse and presented to the  
15 hospital in acute withdrawal. So she was at some point started  
16 on Suboxone because of her addiction. Based on this, one  
17 assumes reasonably that she has a true medical diagnosis of  
18 addiction and is being weaned off the Suboxone as she is  
19 discharged to home. She is also instructed to follow up with  
20 Narcotics Anonymous.

21 Q. Now, this is September of 2012. This is roughly the time  
22 where Dr. Kudmani stops practicing; am I correct?

23 A. I'm sorry. Was that a question?

24 Q. Yes.

25 A. Yes, that's correct.

1 Q. Okay. So I ask you: Were the drugs that Dr. Kudmani gave  
2 Ms. Fehribach from December 31st, 2010, to August 29th, 2012,  
3 one, for legitimate medical purpose?

4 A. No.

5 Q. And, two, written within the usual course of professional  
6 practice?

7 A. They were not.

8 MR. ANSARI: Can we go to Count 19, Lindsay Panter?

9 And that's Exhibit 19, page 21.

10 And let me start on page 20. I'm sorry. That's the initial  
11 date, but let me go to page 20.

12 Q. There's a reference here to "stolen RXs" and "police report  
13 obtained." Did you note risk factors or behaviors with this  
14 patient?

15 A. Yes, and that clearly is one of them. There were additional  
16 ones in terms of the context in which the pills were stolen. It  
17 was in the context of being with her boyfriend negotiating for  
18 purchase of ecstasy, and it was during that time frame that the  
19 pills were apparently stolen out of her purse. The social  
20 aspects of this suggests that we're dealing with more of an  
21 abuse issue as opposed to a legitimate pain issue.

22 Q. And so also -- and based on your review of the records, was  
23 there any medical indication for the need of these long-lasting  
24 and potent narcotics?

25 A. No. There was no indication that they were being prescribed

1 for a legitimate medical purpose.

2 Q. So were the drugs that Dr. Kudmani gave Ms. Panter from June  
3 13th, 2011, to August 31st, 2012, one, for legitimate medical  
4 purpose?

5 A. No.

6 Q. And, two, written in the usual course of professional  
7 practice?

8 A. No.

9 Q. Let me get into just a few general questions. Do most  
10 medical practices charge patients cash?

11 A. It would be unusual. It would not be the usual way of doing  
12 medical practice to charge cash. Most people have insurances.  
13 There are times, of course, when we as a medical office collect  
14 a co-pay, but that would be typically the extent of the actual  
15 cash collection.

16 Q. Is it the standard of care in the medical community to  
17 charge a patient cash for simply picking up a prescription?

18 A. No. That would be definitely outside the standard of care.  
19 We charge for being a physician, for doing an examination, for  
20 coming to a diagnosis, and putting together a treatment plan,  
21 but per se we do not charge for writing a prescription. That  
22 would be inappropriate and outside the standard of care.

23 Q. Do most medical practices deposit their cash intake in a  
24 business bank account?

25 A. Typically, yes.



1 Q. From your review of all the records, did it ever appear that  
2 Dr. Kudmani attempted to get to the root cause of any of these  
3 patients' underlying complaints?

4 A. There was no indication that he did. There was no  
5 indication that he was practicing legitimate medicine in the  
6 manner that I described earlier in terms of doing an examination  
7 and coming up with a legitimate diagnosis.

8 Q. Well, from your review of the patient medical records and  
9 the photographs that we've went through here today, does it  
10 appear that Dr. Kudmani was actually practicing medicine?

11 A. I would have to conclude that after reviewing the  
12 photographs of the office, after reviewing the reports, after  
13 reviewing the medical records that Dr. Kudmani was not  
14 practicing what we would interpret as legitimate medicine. He  
15 was not making a diagnosis. He was not examining the patients.  
16 He was not formulating an individualized treatment plan. He was  
17 not monitoring the treatment of the patient for outcome or  
18 compliance. He simply was not practicing medicine.

19 His office did not appear in the form that we would all  
20 expect a medical office to present as. There were significant  
21 issues with regard to his disorganization of the medical office.  
22 That was reflected in the disorganization and the lack of  
23 standard documentation in the chart and his complete lack of  
24 acting like a physician and discharging the duties of a  
25 physician.

1 I do not see that he was acting under the auspices of being  
2 a legitimate physician or a legitimate medical practice.

3 MR. ANSARI: Thank you very much, sir. I appreciate  
4 it.

5 THE COURT: Okay. Mr. Lambertus?

6 MR. LAMBERTUS: Thank you, Judge.

7 CROSS-EXAMINATION

8 BY MR. LAMBERTUS:

9 Q. Dr. King, I assure you I won't go through everything. I  
10 just want to go through some things with you to make it clear in  
11 my mind and maybe the jury's mind.

12 First of all, sir, you are a -- correct me if I'm wrong.  
13 You have your own medical-legal company for analyzing cases and  
14 expert testimony; is that right?

15 A. I operate separate from our clinic. There's a separate  
16 corporate organization. That's correct.

17 Q. Okay. And so that is a substantial part of your business, I  
18 presume?

19 A. It is, depending on the amount of work, typically half or  
20 less than half of my income.

21 Q. Would half be an average year in, year out?

22 A. I would say it varies between 30 to 50 percent.

23 Q. All right. And what would be an average year of how much  
24 you charge or are paid for analysis of cases?

25 A. I'm not sure I can give you an average because it really

1 over the last decade has varied so considerably, but on the high  
2 end I may earn as much as 150,000, and in other years it would  
3 be less or considerably less than that.

4 Q. All right. And as the prosecutor asked you and you said,  
5 you charged the prosecutor \$350 an hour and so far have made  
6 about \$16,000 on this case; is that right?

7 A. That's correct.

8 Q. And it looks as if from your testimony and your website and  
9 so on that you work with the police in various forms -- FBI,  
10 DEA, sheriff's offices, metro police departments, and so on --  
11 is that right?

12 A. That's correct.

13 Q. And so what you're doing today is absolutely your line of  
14 work, which is to testify for the prosecution in medical cases;  
15 is that right?

16 A. Not necessarily for the prosecution. Typically when I am  
17 testifying for criminal cases it ends up being for the  
18 prosecution, but with all the other venues that I reviewed, it  
19 ends up being a lot of testifying or at least giving expert  
20 opinion or consultation for the defendant as well.

21 Q. Have you ever testified in a criminal case for the  
22 defendant?

23 A. One time.

24 Q. Okay.

25 A. For criminal cases, one time.

1 Q. For criminal cases.

2 All right. And the rest of the time, then, obviously it's  
3 been for the prosecution?

4 A. In criminal cases, correct.

5 Q. Yeah, in criminal. Yes, right.

6 A. Yes.

7 Q. And in this case in particular, you were given the  
8 information on September 23rd of -- I mean, September 3rd of  
9 2016; is that right?

10 A. I'll accept that as correct. I don't have an independent  
11 recollection.

12 Q. Within a day or two, it's not a problem, but I think I just  
13 read that. So September-ish of 2016, is that about right?

14 A. That would be about right, yes.

15 Q. Okay. And that's the first time you ever came in contact  
16 with this case; is that right?

17 A. That's correct.

18 Q. In other words, you hadn't worked on it before, been part of  
19 the process, or anything like that?

20 A. That's correct. I had not seen or been involved with it  
21 prior.

22 Q. Okay. And what you analyzed is what you were given by the  
23 prosecutor?

24 A. Correct.

25 Q. And you didn't testify about it, so let me just go through

1 the list. You did not meet with any of the patients in person?

2 A. I did not meet with any patients, correct.

3 Q. You did not meet with Dr. Kudmani?

4 A. I did not meet with Dr. Kudmani.

5 Q. You did not meet with any of the other doctors whose names  
6 appear in these patients' files or on their KASPER reports?

7 A. That's correct.

8 Q. And you told us that you are licensed in quite a few states  
9 but not Kentucky; is that correct?

10 A. Correct.

11 Q. And it sounds as if to practice medicine in a state, a  
12 doctor needs to get licensed in that state; is that correct?

13 A. If one is to practice medicine, one must be licensed in the  
14 state, correct.

15 Q. Right. Have you ever been licensed in Kentucky?

16 A. No.

17 Q. All right. Is it fair to say that the rules of medical  
18 practice are state by state?

19 A. No.

20 Q. All right.

21 A. As we talked earlier, the standards of care, the general  
22 rules of medicine, do not respect individual state boundaries.  
23 Standards of care for the U.S. are the standards of care. So  
24 regardless of where one practices, one would expect to have the  
25 standards of care be the same.

1 Q. Am I correct, though, that each state sets its own  
2 particular rules on different things?

3 A. It is true that states may emphasize or more specifically  
4 define concerns with regard to the practice of one type of  
5 medical specialty or another. In other words, the Kentucky  
6 Board of Medical Licensure saw fit to put out specific clinical  
7 guidelines for the use of opiates and the treatment of chronic  
8 pain. Those are specific to the state of Kentucky. But in  
9 general the consensus, the culture, that is put forth with  
10 regard to opiates would be consistent state to state, albeit the  
11 Kentucky guidelines are defined by the medical board.

12 Q. All right. If you know, were you a part of Kentucky's  
13 rules, guidelines, and things that have been published recently  
14 over drug prescribing and addiction and so on?

15 A. I had no participation in that, no.

16 Q. All right. Did you participate, though, in Indiana's, where  
17 you live?

18 A. I did participate in Indiana's rulemaking, yes.

19 Q. All right. And let me --

20 MR. LAMBERTUS: Judge, can I approach the witness for  
21 a second?

22 THE COURT: Uh-huh.

23 Q. And in no way am I saying flip through this other than just  
24 to make sure that's what you participated in.

25 THE COURT: He's through.

1 MR. LAMBERTUS: All right. I'm sorry. Thank you,  
2 Judge.

3 Q. Is that what you participated in?

4 A. Yes. Yes.

5 Q. All right. And would you tell members of the jury exactly  
6 how this came about, how this task force, which included you,  
7 produced this and what's this all about?

8 A. The forms, the book that you gave me, as entitled the "First  
9 Do No Harm" product that was put forth by the state of Indiana,  
10 it was put forth by the attorney general's office in an effort  
11 to present practitioners in Indiana with opiate use guidelines.  
12 The opiate epidemic, of course, is quite severe, and although  
13 Kentucky in some sense has beat Indiana to it by putting  
14 together their guidelines, in 2013 the attorney general's task  
15 force in Indiana started the same process and ended up in 2014  
16 with this rather large volume.

17 There were several committees. There were several  
18 sub-groups. I was a participant in the educational committee.  
19 So as one of a couple pain physicians, I worked with a lot of  
20 our family practice doctors talking over various proposals for  
21 guidelines, various limits, various concerns, various ways to  
22 address and work up the patient and document the findings. In  
23 the end I was a pretty modest player, I did not have a large  
24 part to do with this, but I like to think that I was helpful to  
25 our family practice colleagues, helping them see things from a

1 chronic pain management full-time perspective.

2 Q. And what you just said was that a large part of the purpose  
3 of this was to help your doctors who were prescribing pain  
4 medication to review these things, follow these rules, learn,  
5 and so on?

6 A. These are concepts that we always knew. There was nothing  
7 new put forth here. But given the magnitude of the opioid  
8 epidemic, particularly in Kentucky, as you well know -- and  
9 Indiana shares that because of our Ohio border concerns about  
10 practice on the two sides -- our thought was to formalize these  
11 a little more. Again, nothing new, but we thought it necessary  
12 to put into more of an objective format for our physicians  
13 specific guidelines that they could follow and keep our patients  
14 safe.

15 Q. Right. And would you agree that -- this is a quote from  
16 Attorney General Zoeller. "The Indiana Prescription Drug Abuse  
17 Task Force," which is what you have in your hand there, "in  
18 partnership with the Indiana State Medical Association developed  
19 the tool kit titled 'First Do No Harm: The Indiana Healthcare  
20 Providers Guide to the Safe, Effective Management of Chronic  
21 Non-Terminal Pain.'"

22 Would you agree that --

23 A. I agree to that, yes.

24 Q. Okay. So that's what that was, the tool kit for providers,  
25 doctors for the prescribing of effective management of chronic



1 pain?

2 A. Correct.

3 MR. LAMBERTUS: Judge, I'd ask that we be allowed to  
4 mark that and introduce that, please.

5 THE COURT: Any objection?

6 MR. ANSARI: I couldn't hear you, David.

7 MR. LAMBERTUS: Move this into evidence, please.

8 MR. ANSARI: No objection.

9 (Defendant Exhibit 6 admitted in evidence.)

10 BY MR. LAMBERTUS:

11 Q. And it looks as if you continued to speak to law enforcement  
12 groups about prescribing and pain management and addiction and  
13 all those things; is that correct?

14 A. Medical groups and law enforcement, correct.

15 Q. All right. And obviously medical groups. Sorry to leave  
16 that out. Because that's really what the big document was for,  
17 for providers, doctors, was it not?

18 A. It was put together as a guideline for doctors, yes.

19 Q. Right. And that was -- in other words, that one is not law  
20 enforcement. When you speak to law enforcement, you are  
21 speaking, I presume, as here's what to think about, here's what  
22 to do, I suggest this, and so on, and that's for breaking the  
23 law or not breaking the law.

24 Here, am I right, that this is for doctors, to tell them  
25 think about this, do this, don't do that, and so on?

1 A. It was put together primarily as a guideline for  
2 providers -- doctors and nurse practitioners and others -- who  
3 might be prescribing controlled substances.

4 Q. Okay. And as a result of that, were there some really  
5 specific factual things delineated; for example, how long you  
6 can prescribe something, what kind of dosage, things like that?

7 A. There were specific guidelines, parameters put forth of a  
8 specific nature -- the number of pills, the monthly distributing  
9 amount, the monthly amount above which it would trigger certain  
10 evaluations or referrals -- yes.

11 MR. LAMBERTUS: Judge, may I approach the witness?

12 THE COURT: Uh-huh.

13 Q. Dr. King, would this look like what we just talked about and  
14 you were just answering?

15 A. What you've handed me is the Indiana State Medical  
16 Association of what we call the "Pain Management Prescribing  
17 Final Rule." So it was our state medical association's summary  
18 of that large tome that we just referenced.

19 Q. All right. So this is -- this is the Cliffs Notes version,  
20 kind of, of the large one we started with here?

21 A. Yes.

22 Q. Okay. And in this one, again, we get really specific on  
23 various things -- how many months, how many milligrams, all that  
24 kind of stuff. And so now that's been published as of the day  
25 that this was announced?

1 A. Correct.

2 Q. All right.

3 MR. LAMBERTUS: Judge, we would ask also to mark that  
4 and put that into evidence, please.

5 THE COURT: All right.

6 (Defendant Exhibit 7 admitted in evidence.)

7 Q. I think a few minutes ago you said that Kentucky basically  
8 did the same -- roughly the same thing, they actually just got  
9 started on it a little before Indiana did; is that fair to say?

10 A. The state got involved in pulling together specific  
11 guidelines earlier, yes.

12 Q. By "earlier" we mean like about a year before? Does that  
13 sound about right?

14 A. No. It was actually much earlier. The first guidelines  
15 published by the Kentucky Medical Board was 1996.

16 Q. For example, we've heard testimony from other doctors that  
17 said the use of KASPER -- KASPER I'm sure has another name in  
18 Indiana. Are you familiar with the KASPER service?

19 A. Yes.

20 Q. Okay. Although it's been around for a long time, it became  
21 mandatory by rule of Kentucky Board of Medical Licensure in  
22 early 2013 in Kentucky. Does that sound right to you?

23 A. Yes.

24 Q. Okay. And by "mandatory" I mean there was a written rule  
25 that said, "Doctors, you must use KASPER in these enumerated

1 situations."

2 A. It became required at that point, as you correctly say, in  
3 2013, but KASPER was available here as early as 2009 and was one  
4 of the few objective tools that we have as physicians to see if  
5 doctor shopping or aberrant behaviors are going on. So like so  
6 many of our other tools, even though it wasn't required until  
7 2013, it was really one of the only two objective ways we had of  
8 monitoring abuse and diversion in our patients, and it  
9 definitely was available in 2009.

10 Q. So in 2009 it was available and '10, '11, and '12. And  
11 certainly a good idea, the reason that they made it up. And it  
12 became mandatory in 2013?

13 A. Correct.

14 THE COURT: Well, I just don't want the jury to --  
15 come up, counsel.

16 (Bench conference on the record outside the hearing of the  
17 jury.)

18 THE COURT: I'm not going to say anything. You're  
19 going to redirect him --

20 MR. ANSARI: Yes.

21 THE COURT: -- on this?

22 MR. ANSARI: Yes.

23 THE COURT: All right. I mean, I thought I'd get an  
24 objection about all this but ...

25 MR. ANSARI: I'm going to come back and ask him

1 specifically that Kentucky was '96, 2001, 2003, way ahead of  
2 Indiana. And I haven't objected yet because he hasn't -- I  
3 think it's fine right now, but any more I would object.

4 MR. LAMBERTUS: Well, Judge --

5 THE COURT: You know, it's just all this talk about  
6 KASPER not being mandatory and all that kind of stuff, you know,  
7 we need to relate it to the standard of care. And I'm going to  
8 trust you to do that.

9 MR. ANSARI: All right, sir.

10 MR. LAMBERTUS: Judge, can I just tell you my thought  
11 on it? I mean --

12 THE COURT: I thought you probably already had.

13 MR. LAMBERTUS: Okay. Well, my point is that that is  
14 reflective of the standard of care. I might be wrong, but I  
15 think a doctor could think that that is what the standard of  
16 care is, what he's told he must do.

17 THE COURT: Well, that's why I'm going to trust him to  
18 get this doctor's opinion about it.

19 MR. LAMBERTUS: Okay. But I'm not trying to -- well,  
20 okay. All right.

21 (End of bench conference.)

22 BY MR. LAMBERTUS:

23 Q. Doctor, one of -- I believe one previous doctor mentioned  
24 that, as we would expect, KASPER has gotten better and more  
25 functional as time has gone on. Would you agree with that?

1 A. I'm not sure what you mean by "better and more functional."

2 Q. Well, the apparatus works better, that the website is  
3 better, it's quicker response, and like a lot of technology  
4 continues to improve, it's a lot easier for a doctor to use now  
5 than it was before?

6 A. My understanding is it was pretty straightforward beginning  
7 about 2009. I mean, does it become more push button? Perhaps.  
8 But that's not to say that it was awkward or difficult or  
9 impossible to use back in the beginning.

10 Q. And are you aware that to start with you had to fax your  
11 request up and it took some number of days to get a response  
12 back and they weren't always sure about the accuracy at the  
13 beginning?

14 A. I am aware that in the early stages some of that went on,  
15 but by and large it was obtainable without too much difficulty.

16 Q. And let me go to another topic here. As a general  
17 proposition, you went through the different counts and said  
18 Dr. Kudmani didn't do this, didn't do this, didn't do this.

19 When you say he did not do, for example, a medical exam,  
20 certainly you were not there at the time obviously; is that  
21 true?

22 A. Well, I was certainly not there at the time.

23 Q. Exactly. So I think is it possible that what you're saying  
24 is if he did any kind of exam, he didn't write it down?

25 A. We have a general convention in medicine -- and, again, we

1 are taught this as medical students -- and that is if we don't  
2 write it down, it didn't happen, it doesn't exist. So when we  
3 deal with critical issues like opioids or a critical exam to  
4 help us make a specific diagnosis, if we don't write it down,  
5 whether we did it and just decided not to write it down or not,  
6 it can generally be assumed that it did not occur.

7 So given the fact that whether he decided not to write it  
8 down or not, the fact is it wasn't written down, and there was  
9 nothing written down time after time after time. So I think  
10 it's reasonable to assume that it just didn't occur.

11 Q. And, Doctor, as you just said, that's your assumption.  
12 Number one, you weren't there; is that right?

13 A. Well, that's conventional thinking. That's the way that we  
14 are taught as physicians.

15 Q. I understand. But let's take little, tiny steps. If you  
16 weren't there, you didn't see whether there was any exam or not?

17 A. True.

18 Q. And if there was any type of exam and it wasn't written  
19 down, I understand that that doesn't count in your score card,  
20 but in the actual practice of medicine at that moment with that  
21 patient, would that be an exam?

22 A. The exam is not valid, it's not legitimate unless it's  
23 documented. And our conventional form, the way we are taught as  
24 physicians, is to document it, as I said earlier, by standard  
25 format. We are taught from the beginning as medical students to

1 document things according to standard format so that when the  
2 chart is reviewed by another individual, another doctor, there's  
3 a standard format.

4 There is nothing here. There's nothing here.

5 Q. Right.

6 A. That's not only a non-standard format, it's just nothing.

7 Q. All right. Let me try a very simple, basic example. A  
8 person comes in to Dr. Kudmani or any doctor, they've got a  
9 sharp board sticking out of their arm. Doctor, "Oh, my God,"  
10 grabs it, pulls it out, starts sewing up and doing the wound,  
11 doesn't write a thing down. Did the doctor do the right thing  
12 and practice medicine by doing that?

13 A. Well, he did Part A perhaps correctly, but that's not the  
14 kind of patient we're talking about. These patients don't have  
15 boards sticking out their arms. These patients are coming in  
16 with chronic illness, and they've got a long past medical  
17 history. Most of them have been on narcotics before, sometimes  
18 for long periods of time. This isn't a "board sticking out of  
19 your arm" situation. These are chronic diseases that should  
20 have the time to document something at some point along their  
21 multiple years of care.

22 Q. And let me ask you about some specific people. Do you have  
23 your notes or --

24 A. I do. Yes.

25 Q. All right. You talked about an Angela Morgan. Do you



1 remember talking about Angela Morgan?

2 A. Yes.

3 Q. And you said -- that's a letter from the MORE Center. Do  
4 you recall?

5 A. I'm sorry?

6 Q. Do you recall that?

7 A. Yes.

8 Q. Okay. Now, and the MORE Center is a methadone center giving  
9 a different type or style of opioid; correct?

10 A. Correct.

11 Q. All right. And when you looked at her KASPER, you noticed  
12 that she never got any of that methadone. Can I show it to you,  
13 or do you have it?

14 A. The KASPER did not list methadone. That's correct.

15 Q. Okay. So if you didn't talk to the doctor at the MORE  
16 Center and you didn't talk to Angela Morgan, is there any reason  
17 to believe that Angela Morgan showed up any other time other  
18 than the first time and then went away?

19 A. Well, two points. Your question, if I may, had two parts to  
20 it.

21 Q. Go ahead.

22 A. You indicated correctly that there's no indication on KASPER  
23 that the methadone was filled by way of KASPER.

24 Q. Right.

25 A. But that's not unusual. Most methadone clinics will

1 dispense the methadone there and the patient will not be given a  
2 prescription, so at this time frame those would not be expected  
3 to show up on KASPER. And that has been a source of concern  
4 with regard to our care of patients who are being treated for  
5 addiction that are still coming to see us for pain medicine. So  
6 that in and of itself is not unusual.

7 The second part to your question indicates that why do I  
8 assume that that's correct. Well, we have a letter from the  
9 Methadone/Opiate and Rehabilitation Education Center for  
10 treatment of opiate dependence, and it's very specific,  
11 indicating that the patient is being treated. It makes no  
12 difference to me whether the patient was attending that MORE  
13 facility once, twice, or ten times. The fact that we have in  
14 the chart a formal letter saying, from the agency, that we have  
15 an addicted patient and she's going to enter into the program,  
16 that tells me we're dealing with a patient who is addicted.

17 So we have to be concerned if, as Dr. Kudmani did, in terms  
18 of the continuation of narcotics after he has formally been made  
19 aware that the patient was being treated for addiction.

20 Q. Doctor, if Dr. Kudmani was curious to see is she really  
21 getting her methadone now and he used KASPER, he would not have  
22 seen it on there; correct?

23 A. If he were curious would not be the term I would use. It is  
24 an inappropriate term. He is the treating physician.

25 Q. All right.

1 A. We are called upon to use due diligence --

2 Q. All right.

3 A. -- when being concerned about abuse and addiction. He was  
4 given a formal letter from the agency. Whether the patient  
5 actually took -- and this is where I'm a little confused in  
6 terms of what you're asking.

7 It's immaterial to me, to a certain degree, whether the  
8 patient had one or more or perhaps no methadone. The fact that  
9 she was addicted and admitted to a program is the key issue. We  
10 are dealing with an addicted patient. And the treating doctor,  
11 Dr. Kudmani, having been formally made aware of that should not  
12 continue his narcotics regardless of whether methadone was  
13 actually given or not.

14 Q. All right. So we say that had he been doing due diligence  
15 and looked at KASPER, he would not have seen methadone? That's  
16 number one?

17 A. Not on the KASPER, correct.

18 Q. All right. And, number two, none of us know, other than  
19 Ms. Morgan and Dr. Kudmani, what was discussed between the two  
20 of them anytime she went in to see him?

21 A. Well, in terms of Dr. Kudmani's discussion, you're talking  
22 about, or with the MORE Clinic?

23 Q. No. Between Angela Morgan and Dr. Kudmani.

24 A. Beyond what's documented briefly in the chart, we don't know  
25 what that discussion was about.

1 Q. Right.

2 Okay. And we have another patient. Here we go. Can you  
3 remember or look up Brandy Casanova?

4 A. Yes, I have the records.

5 Q. Same issue on her. MORE Center with nothing on the KASPER  
6 report. So, again, due diligence by Dr. Kudmani, KASPER  
7 wouldn't have told him whether she was taking methadone or not;  
8 is that correct?

9 A. Well, the KASPER would not, but, again, he received a formal  
10 letter and presumably read it, because it was in the chart,  
11 indicating that she was under treatment for addiction. At that  
12 point, whether the KASPER showed anything or not, is totally  
13 immaterial because he has a formal letter from the addiction  
14 clinic saying, I am treating -- "We are treating her for  
15 addiction. Please stop prescribing controlled substances."

16 Q. Well, I guess my question relates to, he is not prescribing  
17 on top of someone else's prescription?

18 A. No. We have to reasonably assume he is, because it is  
19 standard, it is usual for us not to see the methadone show up.  
20 But, again, that seems to be an argument about a very small  
21 point, because we know for a fact that she was addicted, was  
22 admitted to an addiction treatment program.

23 So for him to continue prescribing narcotics knowing  
24 officially -- not due diligence. He has it in the chart. It's  
25 in black and white. The letter says, Please stop -- it says,

1 "Please cease her prescriptions of opiates and benzodiazepines."

2 So it's a specific documentation that is easily read and  
3 understood and ignored on Dr. Kudmani's part.

4 Q. And you also testified, I believe, that on 10/28 that  
5 Dr. Kudmani prescribed three different drugs -- Xanax,  
6 hydrocodone, and diazepam. Do you recognize that?

7 A. On 10/28/11, he filled -- she filled prescriptions for  
8 hydrocodone and alprazolam as prescribed by Dr. Kudmani. And if  
9 I said three -- if I said he prescribed three drugs, that was an  
10 error. It appears he prescribed two drugs, Xanax and  
11 hydrocodone. Prior to that she had, of course, been on other  
12 drugs, including Valium.

13 And while under Dr. Kudmani's care, she doctor shopped for  
14 additional medications, including Ambien and Percocet. So  
15 during that time frame, although he did not prescribe the Ambien  
16 and Percocet, she was doctor shopping and receiving them on top  
17 of his Xanax and hydrocodone and Norco.

18 Q. And which prescriptions are you saying -- are you talking  
19 about there?

20 A. Well, I'm looking at the KASPER, and the KASPER indicates  
21 that the initial prescriptions for Xanax and hydrocodone by  
22 Dr. Kudmani were on 10/28/11.

23 Q. Right.

24 A. And then subsequently, over the course of time, over the  
25 course of 2012, she was receiving Ambien and Percocet from

1 another physician, and she was receiving after that additional  
2 hydrocodone from another physician.

3 Q. All right. So Dr. Kudmani's prescriptions show up on the  
4 KASPER. The other doctor's prescriptions show up on the KASPER.  
5 Would that lead you to believe that -- I guess you're talking  
6 about Dr. Penta?

7 A. Dr. John Penta prescribed multiple scripts for Ambien and  
8 Percocet and a fairly reasonable number as well.

9 Q. And when Ms. Casanova went in to see Dr. Penta, is it safe  
10 to assume that she told him, "I'm in pain. I need this," and  
11 Dr. Penta said, "All right," and prescribed it for her?

12 A. It's not safe to assume. I don't want to assume at all,  
13 actually. We don't have the medical records for Dr. Penta.  
14 Again, the worth of the KASPER is to find out what other  
15 physician players are involved.

16 And if you see it as a physician, as a provider, doing due  
17 diligence, then I have to ask in a person, in a patient, who we  
18 know 100 percent is being treated for addiction and then I see  
19 she's getting very potent additional Percocets and Ambiens --  
20 Ambien is sort of a form of benzo, so it's a very potent  
21 sedative agent in and of itself -- when we see this sort of  
22 polypharmacy going on, we have to assume that she's doctor  
23 shopping for reasons of abuse and diversion. That would be the  
24 logical conclusion.

25 Q. Would you say, then, that Dr. Penta would have seen that as

1 well or should have?

2 A. I can't comment on Dr. Penta. I haven't reviewed his  
3 records.

4 Q. All right. But certainly when Brandy Casanova went in to  
5 see Dr. Penta, if he had looked, he would have seen that  
6 previously, about four or five months prior, she was getting  
7 prescriptions from Dr. Kudmani?

8 A. I presume he would have. I'm not judging Dr. Penta. I  
9 haven't seen his records. I don't know his rationale for  
10 treating her.

11 Q. Okay.

12 A. I don't know what specialty he may or may not be. I just  
13 don't know anything about him.

14 Q. All right. Let's talk about Kim Forbes for a second. Do  
15 you have it?

16 A. Oh, I'm sorry. Yes, I do have it. I was not watching. I  
17 apologize.

18 Q. No problem.

19 And really the thing I'm concerned about with Ms. Forbes,  
20 did you analyze medically and scientifically the death of  
21 Ms. Forbes?

22 A. I'm not sure what you mean by "medically and  
23 scientifically."

24 Q. Well, do you -- have you issued an opinion or can you issue  
25 an opinion today on what caused her death?

1 A. I read the review and the toxicology prepared by the  
2 pathologist and I concur with the conclusion, but I did not do  
3 an independent evaluation or assessment.

4 Q. All right. Let me take you one step at a time. Are you  
5 aware that there was no autopsy?

6 A. Yes.

7 Q. Are you aware that there was no blood test?

8 A. Yes.

9 Q. Are you aware --

10 A. I'm sorry. Let me back up for a moment. There was a blood  
11 test -- excuse me. There was a urine drug test that was done in  
12 the hospital.

13 Q. All right. Let's be clear. There was no -- are you aware  
14 there was no blood test?

15 A. Yes.

16 Q. Okay. So no autopsy, no blood test. We agree on that?

17 A. Correct.

18 Q. And in the urinalysis that was done, there was a trace  
19 amount of benzodiazepine. Do we agree on that?

20 A. Well, there was benzodiazepine.

21 Q. Right.

22 A. Again, I hesitate to start commenting on the amounts because  
23 that gets into a toxicological analysis that would require more  
24 information to determine how critical it might be.

25 Q. All right. You've seen the lab report?



1 A. Yes.

2 Q. And there is no amount determined. Do we agree on that?

3 A. The presence of benzodiazepine was confirmed.

4 Q. Right. Without an amount?

5 A. Yes.

6 Q. Okay. Knowing those things -- and by the way, when you look  
7 at the urinalysis, the urinalysis doesn't even distinguish what  
8 type of benzodiazepine there was discovered; is that right?

9 A. And that would be consistent, that would be expected with  
10 the type of urinalysis that was done. That would be what we  
11 refer to as a qualitative study. It's a quick and dirty study,  
12 so to speak, where it tells us what classes of medicines were  
13 present. So we don't know whether it was alprazolam or  
14 Klonopin. It just tells us there was a benzodiazepine there.  
15 Further analysis would be required to get the specific  
16 medication. But that would be usual.

17 Q. But no further analysis was done, so this is all we have?

18 A. Correct.

19 Q. And is it accurate to say that the alprazolam that  
20 Dr. Kudmani had prescribed about three weeks prior might not be  
21 the benzo that's in her urine because it was not tested?

22 A. It's more likely than not that it was.

23 Q. Why is it more likely it was alprazolam and not clonazepam?

24 A. When we review patient histories, when we try to determine a  
25 cause of death, when we try to decide as a physician was I

1 contributory to the death, what we do is we go back and we look  
2 at patient behaviors. We look at the track record. We look and  
3 see does the patient have a history of abuse, does the patient  
4 have a history of early refill, does the person have a  
5 predilection towards one or another set of drugs.

6 So when we look at what I call the 30,000-foot view on this  
7 patient, we know that she has a history of drug abuse, we know  
8 that she has been on drugs for a long period of years, and we  
9 know what her drug predilection is. So when we add all those  
10 behaviors and past history up and then we add to it the  
11 observation that when she was admitted to the hospital  
12 overdosed, comatose, and unresponsive with her history of abuse  
13 and we know that she was on benzodiazepine, specifically  
14 alprazolam, and that has been her drug of choice for a long  
15 time, it's reasonable to assume that's what it is.

16 Q. All right. Doctor, I'd ask you not to make a reasonable  
17 assumption or a possible assumption but to the proper medical,  
18 scientific standard. Would you issue a definitive opinion on  
19 the cause of death for Kimberly Forbes knowing that there's no  
20 autopsy, no blood test, and there's no amount of the  
21 benzodiazepine in her urine?

22 A. I'm not a toxicologist, so I will not be rendering a medical  
23 opinion on her cause of death.

24 Q. Okay.

25 A. As I initially said, I agree with and I think the opinion by

1 the medical examiner is correct. I would agree with it.

2 Q. Okay. But you feel -- don't let me put words in your mouth.  
3 You feel that because of your lack of training and experience in  
4 this area that you should not give the definitive medical  
5 opinion on what the cause of death was here?

6 A. That's correct. I'm not rendering a specific opinion on the  
7 cause of death.

8 Q. All right.

9 A. But clinically I agree with the medical examiner.

10 Q. Had there been no opinion from the medical examiner and you  
11 were presented with the facts -- again, no autopsy, no blood  
12 test, no amount of the benzodiazepine, plus it's in her urine,  
13 meaning not in her actual body system at the time -- would you  
14 have issued an opinion under those circumstances?

15 A. I would not at any point render an opinion because I am not  
16 a toxicologist.

17 Q. Okay. That's fine. We'll leave that one there. Thank you.

18 Now I would like to ask you about Terri Keith. Can you find  
19 Terri Keith there?

20 A. Yes, sir. I have it.

21 Q. Okay. Now, you went through what records to determine your  
22 thoughts on Terri Keith?

23 And by the way, I only want to ask you about the death,  
24 okay?

25 A. I had quite a number of records presented for Ms. Keith,

1 including her medical record from Dr. Kudmani as well as the  
2 hospital records, so I have a lot of pages here of review and  
3 report. I also have reports from Our Lady of Peace from the  
4 mental health workers who saw her both as an inpatient and an  
5 outpatient. I have reports from the social workers. And as I  
6 indicated, I have reports from the hospitalizations. So I don't  
7 know if that's specifically what you're asking for.

8 Q. Sure. Yes. There's quite a few of these records, as you  
9 can imagine, as you know.

10 Did you get all of the ones from Hendersonville, Tennessee?  
11 Or tell me what you got from Hendersonville, Tennessee.  
12 Hospitals.

13 A. Yes. Again, I've got 23 pages of notes here. So if you can  
14 give me a date, I might more efficiently be able to get to it.

15 Q. Okay. It looks like two particular admissions. May 17,  
16 2006. June 7, 2006.

17 A. Yes, I have notes on that emergency room visit and  
18 hospitalization.

19 Q. All right. Is it possible for you to give an overview of  
20 what you consider her -- by "her" I mean Terri Keith's -- health  
21 records as it relates to her health care?

22 A. I'm not sure what you're asking.

23 Q. All right. Well, maybe we'll go a little piece at a time,  
24 all right?

25 We agree that she was a patient of Dr. Kudmani for some

1 years?

2 A. Correct. Yes.

3 Q. All right. And during her time as a Dr. Kudmani patient, he  
4 did various OB/GYN surgeries on her?

5 A. Correct.

6 Q. Starting, it looks like, back in about the year 2000? Does  
7 that seem right to you?

8 A. The initial records I have date back to November of 2000,  
9 yes.

10 Q. All right. And I'm trying to work off your chart, if that  
11 helps you any.

12 A. Thank you.

13 Q. And then she also had various surgeries from other doctors  
14 along the way. Do you find all that?

15 A. She had additional surgeries with Dr. Kudmani, and I don't  
16 see any other indications that she had surgeries from other  
17 doctors documented in the medical record.

18 Q. All right. Let me see if I can get some of those real quick  
19 for you.

20 Dr. King, it looks like you have noticed and written down a  
21 variety of things, including surgeries. L5-S1 fusion in 1989.

22 I'm working off your chart. Do you see?

23 A. Yes, I do.

24 Q. Okay. Another possible cervical fusion, 1997. A third back  
25 surgery, unspecified time. Then a fourth back surgery,

1 unspecified time.

2 Does that -- when you look through, I mean, you wrote that  
3 down because you think that she had those back surgeries?

4 A. Actually -- and just to make sure I'm not misinterpreting  
5 what you're asking -- I thought you had asked me if she had  
6 after that any surgeries.

7 Q. I'm sorry. I'm sorry. No. My fault. I'm just talking  
8 about surgeries in general.

9 A. Surgeries in general, yes. A larger picture.

10 Q. I'm trying to get a scope of her medical situation.

11 A. Yeah. There were several indications in Dr. Kudmani's  
12 record that she had undergone multiple back surgeries, the  
13 earliest of which was mentioned as 1989, so it was obviously  
14 many years prior. But we don't know the nature of that surgery.  
15 The first one was indicated as an L5-S1 single-level fusion, but  
16 beyond that we don't know what or even if the other surgeries  
17 were performed. They're non-specific. There are no dates. We  
18 have no medical records. We simply have an unfortunate young  
19 woman who clearly is addicted looking for pain medication.

20 So as we've talked, I don't have any independent  
21 verification based on review of the record that she actually had  
22 all the surgeries that she claimed. It just isn't documented.

23 Q. Did you take a look at the autopsy report?

24 A. I briefly looked at the autopsy report.

25 Q. When the coroner testified, Dr. Weakley-Jones, she mentioned

1 that there were, you know, scars on her back from, she denoted,  
2 a surgery. Would that lead you to believe she probably did have  
3 surgeries?

4 A. I believe she had a surgery or surgeries. I just don't know  
5 how many or what was actually done.

6 Q. Okay.

7 A. I mean, I will grant that she had surgery.

8 Q. Okay.

9 A. I just don't know the nature of it and how many.

10 Q. All right. And you also mention other surgeries, and it  
11 looks like you mention them from other records as well. She had  
12 hip replacement, knee surgery, and so on.

13 Is that accurate?

14 A. That's correct, yes.

15 Q. And this information also came to you from other hospital  
16 records, like Our Lady of Peace, Jewish Hospital records?

17 A. Yes. A lot of this information lacking in Dr. Kudmani's  
18 chart was drawn from the various hospital records that I was  
19 able to review.

20 Q. All right. So is a quick summary that this lady had at some  
21 point, I believe you said, between 18 and 20 surgeries over her  
22 lifetime as a health issue, let's call it? She required a lot  
23 of surgery?

24 A. I don't know about that particular number, I didn't add them  
25 up, but certainly she's had a number of areas apparently

1 addressed surgically.

2 Q. Yeah. And as we said, they go back into the '80s. It goes  
3 back to 1989, it looks like, the first surgery.

4 And then she started with Dr. Kudmani in November of 2000.  
5 That's when he started being her OB/GYN. Does that look like --

6 A. Certainly the first entry we have is 2000.

7 Q. All right. And his note at that time, "Leakage." What's  
8 that mean, do you think?

9 A. That's a very reasonable question. Again, as I've talked,  
10 we have to standardize as physicians our documentation, and he  
11 writes "CO," which means "complains of" --

12 Q. Okay.

13 A. -- and then "leakage," and then, comma, "chronic smoker."  
14 And that is a non-standard statement in terms of presenting for  
15 chronic pain.

16 Q. All right. So she complains of leakage. We're not sure  
17 about that. Probably gynecological issue. She's a chronic  
18 smoker.

19 "TVS," he gave her a transvaginal ultrasound. Is that what  
20 that would mean to you?

21 A. Yes.

22 Q. Okay. "T&A"?

23 A. Tonsils and adenoids.

24 Q. Okay. She's had an appendectomy, had her gallbladder taken  
25 out. At this time -- this is in November of 2000 -- she's had



1 three back surgeries, a tubal ligation, elbow surgery, and she  
2 complains of hot flashes, night sweats.

3 "Surgery if" -- what's all that?

4 A. My interpretation -- and, again, the handwriting is  
5 horrible, so there's a lot of interpretation on this. But my  
6 interpretation of that is, "Surgery if D/C," meaning D/C, stop,  
7 "if stop smoking."

8 Q. All right. Then the summary of three back surgeries. "Rods  
9 and bolts," meaning she's got rods and bolts in her back?

10 A. Pretty crude way of putting it, but yes.

11 Q. Okay. And I definitely don't want to go through all of  
12 this, but she is in to see Dr. Kudmani on a fairly regular basis  
13 with a variety of complaints, and he does some more surgeries on  
14 her. There's one in, looks like, 2001. Then 2003 at Norton  
15 Southwest Hospital, a laparotomy, which is a ...

16 A. An abdominal procedure where we put a scope in the abdomen  
17 to view the inside of the pelvis or abdomen.

18 Q. Okay. Diagnosis: "Recurrent stress incontinence, pelvic  
19 pain, bilateral benign ovarian cysts, and pelvic adhesions. She  
20 complains of" --

21 Are you with me? Do you see where I am?

22 A. Yes.

23 Q. -- "pelvic pain, bilateral ovarian cysts, strong family  
24 history of ovarian and breast cancer, recurrent stress  
25 incontinence."

1           So he is -- not to your satisfaction, but he's making notes  
2           and he's doing things with her, and she's coming in to see him  
3           on a fairly regular basis.

4           "Recent MRI." And, also, a cholecystectomy, Doctor, is  
5           a ...

6           A. I'm not sure where you are.

7           Q. Okay. Your first -- page 3, December 17th, 2003, first  
8           little box there at the bottom.

9           A. Yes. Okay.

10          Q. And what's --

11          A. Well, I note here that it's illegible. But the note, to the  
12          extent I can read it, says, "Recent MRI" -- I don't know what  
13          the MRI was of -- "C4-C5, cholecystectomy, hysterectomy, tubal  
14          ligation."

15          Q. All right. So those were surgeries that he had either done  
16          or planned to do with her?

17          A. And, again, that's unclear, because back in the beginning it  
18          had indicated that she'd had her gallbladder out.

19          Cholecystectomy is having your gallbladder out. So I don't know  
20          what he's planning or intending with this note.

21          Q. And mitral valve prolapse, that's heart condition, isn't it?

22          A. Correct. It is.

23          Q. All right. And then we go to OB/GYN surgery at Norton  
24          Southwest Hospital, laparoscopy, the adhesions. And then we go  
25          to Tennessee; Hendersonville, Tennessee. Do you see that?

1 A. Yes.

2 Q. May 17, 2006. And you've gone through those records, have  
3 you not?

4 A. Yes.

5 Q. All right. And she went in -- do you have your sheet in  
6 front of you there? It's your Bates Number 3:0846.

7 A. I don't have my tagged record on those.

8 Q. All right. Can I put it up on the thing here, and we'll see  
9 if this works. Can you see that okay?

10 A. Yes.

11 Q. So she goes in to the Hendersonville, Tennessee, medical  
12 center. Chief complaint, "Chest heaviness, short of breath."  
13 She tells them past medical history. Back problems,  
14 hypertension, high cholesterol, had her gallbladder removed,  
15 appendectomy, bilateral elbow surgery, hysterectomy. She's on  
16 Percocet, baclofen, Toprol --

17 THE COURT: Mr. Lambertus, why don't you just ask a  
18 question about all this?

19 MR. LAMBERTUS: I'm sorry.

20 Q. You've read the medical history?

21 A. Yes.

22 Q. Okay. And that's what it was?

23 A. Yes.

24 Q. Okay. And then she was discharged, it looks like.

25 THE COURT: Is that a question?

1 Q. Did she get discharged?

2 A. Yes.

3 Q. Thank you.

4 Can I show you the next one? Does this look like she's back  
5 on June 7th of '06?

6 At the top.

7 A. Yes. I was checking my record. Yes.

8 Q. All right. And when she came in, do you see that -- oh,  
9 this is what she is signed out with. Would you read those drugs  
10 there? Tell us what they are, please.

11 A. She was discharged on baclofen, Percocet, oxycodone,  
12 Lunesta, Valium, Motrin, chewable vitamins, and Prozac. And it  
13 appears that on all those, except for Motrin, those were  
14 prescribed, quote, per prescribing M.D., which I assume is  
15 Dr. Kudmani.

16 Q. Actually it was not, and we'll show that in a second.

17 But at any rate, those are what she was listed as to take.  
18 And you notice that there's one scratch out and a check mark  
19 over to the side --

20 A. Yes.

21 Q. -- "Do not order"?

22 Would that mean to you that take everything that's checked  
23 and then, whoops, don't take that one and we checked it to the  
24 side to say --

25 A. I would assume that's what it means.

1 Q. All right. This is still June 7. So she was, by your notes  
2 and what we've seen, in there on -- in May, and she was back in  
3 June. Is that the way you read it all?

4 A. Yes.

5 Q. And then she -- you've listed that she has continuing  
6 treatments with Dr. Kudmani. And then in July of 2007, she is  
7 inpatient in a psychiatric hospital, Ten Broeck Hospital. Do  
8 you see that?

9 A. Yes.

10 Q. Excuse me, Doctor. I want to go back for a second and show  
11 you more Hendersonville.

12 Down toward the bottom, primary care physician, the Amin  
13 Family Medical. That's where you had asked who was her  
14 physician at that time, and she -- do you see where she had  
15 advised it was the Amin Family Medical?

16 A. Yes, I see where that's written.

17 Q. Okay. And then she starts going to Our Lady of Peace, which  
18 is a Jewish Hospital psychiatric hospital. Are you familiar  
19 with that here in Louisville?

20 A. Yes.

21 Q. And to try to summarize it quickly, it looks like she starts  
22 going -- or you tell me. When does it look to you like she  
23 starts going into Our Lady of Peace Hospital?

24 A. I'm a little unsure as to where you are. You skipped back  
25 and forth. So what date are we at?

1 Q. Well, it looks like to me like September 9th of 2008.

2 A. Okay. She was treated as an inpatient on 7/7/07 at Ten  
3 Broeck for depression and overdose, and then she was sent for  
4 outpatient care. But she had -- that was her second overdose,  
5 her first one being in Hendersonville that we just reviewed.

6 Q. Right.

7 A. So then she went to Ten Broeck, and then she went to Jewish  
8 Hospital on 9/9/08, which was essentially a year later. And,  
9 again, that was another issue related to Xanax overdose.

10 Q. And so we've got a Hendersonville admission in '06 where she  
11 is complaining of all kinds of things and then the second  
12 admission in Hendersonville for an overdose; is that correct?

13 A. That's correct.

14 Q. And then she comes back to Louisville, and a year later  
15 she's admitted to Ten Broeck psychiatric hospital. Roughly the  
16 same thing as Hendersonville; is that fair?

17 A. For depression and overdose.

18 Q. All right. And now we're at -- it looks like I'm at  
19 9/9/2008 for Our Lady of Peace. Does that look right to you?

20 A. For depression and overdose again.

21 Q. All right. And --

22 A. That's an involuntary hold. They held her against her will.

23 Q. So however she got there, they determined she needed to stay  
24 there; is that fair to say?

25 A. Correct.

1 Q. So on the next day, September 10th, your pages 149 through  
2 151, and she is making comments to her therapist and so on. Do  
3 you have those notes in front of you?

4 A. I do, yes.

5 Q. And what did she say about her overdose there? "Ingested,"  
6 et cetera, what's all that?

7 A. There were several things that were said in that entry. She  
8 indicated, she admitted she had taken 30 Xanax as an overdose,  
9 and she said, "Well, I did that because I had a tooth extracted  
10 and I lost my pain medicine." So she said she took 30 Xanax,  
11 which doesn't make sense.

12 But she also indicated as part of the history here -- and  
13 this is critical, as we talked about earlier with regard to  
14 abuse in adolescent females. She indicated that her first child  
15 had been born when she was 16 and unmarried. Again, this is the  
16 same admission, same entry here. And it indicated that she was  
17 a child of an alcoholic and was currently in a relationship with  
18 an active alcoholic, and we know that these are extremely  
19 high-risk historical notes and will tend towards addiction in an  
20 individual. So she's basically got almost every high-risk  
21 comorbidity checked.

22 Q. And also, as you said, being abused in some way as a youth,  
23 at that point she still was in denial about that. Do you see  
24 that right above?

25 You made the note, "Denies physical, sexual, emotional

1 abuse."

2 A. Yeah. She opened up about that in a later admission and  
3 admitted to it, but the point is she's got significant factors  
4 for abuse.

5 Q. Sure. Absolutely.

6 And then she does get out on September 12, 2008. Do you see  
7 that? Is that right?

8 A. Yes, correct. Well, she was discharged from the inpatient  
9 program but was maintained on what they call the intensive  
10 outpatient program. So they were maintaining continuity because  
11 of her high-risk behavior.

12 Q. And on her discharge, her psychiatrist, am I right,  
13 Dr. Chhibber, gave her prescriptions for Cymbalta? Which is  
14 what, sir?

15 A. Cymbalta is an antidepressant.

16 Q. All right. Trazodone?

17 A. Trazodone is an antidepressant, sometimes a sleep-assist  
18 medication.

19 Q. And referred to Dr. David Rouben for what?

20 A. For Soma and Lortab.

21 Q. All right. So obviously that is under the auspices and  
22 recommendation of Our Lady of Peace Hospital?

23 A. And I don't know who Dr. David Rouben is, because they  
24 clearly -- she clearly was under the care of Dr. Kudmani prior  
25 to the admission and afterwards.



1 Q. And she's, looks like, out of the hospital for five days and  
2 comes back in. Do you see that?

3 A. What date are you referring to?

4 Q. 9/17. She was discharged on 9/12, and she's readmitted on  
5 9/17?

6 A. Correct.

7 Q. And what does she say about why she's in there this time?

8 A. The social worker notes, not surprisingly, that the patient  
9 was essentially depressed and indicated that she, the patient,  
10 had overdosed on pills because she was, quote, worn out, which  
11 is unfortunately no surprise. This poor woman was not treated  
12 well with her continued use of controlled substances.

13 Q. And does she also state to the social worker that she has a  
14 large, close family and has had 23 family deaths in her  
15 lifetime?

16 A. That's what she states, yes.

17 Q. And does she appear to continue over the next, what, month  
18 or so to go back and forth to Our Lady of Peace as required?

19 A. Well, not necessarily as required. She's non-participatory  
20 in a lot of the recommendations. She refuses to participate in  
21 smoking cessation, which in the scheme of things isn't that big  
22 a deal for her list of problems, but then shortly thereafter, in  
23 October of 2008, she requests, quote, immediate discharge from  
24 the program. And her discharge diagnosis at that time was major  
25 depressive disorder, recurrent, severe; panic disorder with

1 agoraphobia. So she clearly was not doing well at all from a  
2 psychiatric standpoint but requested discharge.

3 So she was discharged from the intensive outpatient program  
4 and went back to see, within a week or two of that discharge,  
5 Dr. Kudmani, who indicates in his notes he prescribed Percocet  
6 and Soma.

7 Q. And let's go back for a second to September 29th, if we  
8 would. Do you see that note?

9 A. September 29?

10 Q. Yeah, September 29th.

11 A. Of what year?

12 Q. 2008, where we are.

13 A. I don't see a 29. I see a 9/17/08. Is that what you mean?

14 MR. LAMBERTUS: Judge, may I approach the witness?

15 THE COURT: Uh-huh.

16 A. Yes, I have it.

17 Q. Okay.

18 A. That was on the -- yes. Okay. That was much earlier.

19 Okay. I see.

20 Q. And did she talk about having a surgery at that point?

21 A. Yes. And one of the major issues here that we haven't  
22 talked about but now is a good time, she has a very unstable  
23 social life in the sense that she is essentially homeless. On  
24 that entry that you're referring to here, it says, quote,  
25 "Patient still looking for housing. Needs hip surgery but can't

1 until housing settled."

2 And just prior to that, the week prior, she was noted by the  
3 social worker to be, quote, "Patient pays daughter's bills so  
4 grandchildren don't suffer while patient herself is technically  
5 homeless," end of quote. So she has a very unstable social  
6 life.

7 Q. Doctor, let me put this up for you. Can you see that?

8 A. Yes.

9 Q. All right. This is -- do you see -- is that the date we  
10 talked about a minute ago, 9/12/08, for her discharge from that  
11 admission?

12 A. We're going backwards in time again.

13 Q. Yes.

14 A. It is one of her many overdose admission discharge  
15 summaries, yes.

16 Q. All right. And you see, do you, that in the middle the  
17 order is to follow up with Dr. David Rouben?

18 A. That was the Dr. Rouben we referred to earlier, and I don't  
19 know who he is.

20 Q. And it's Toprol, Crestor, Soma, and Lortab --

21 A. Correct.

22 Q. -- is that right?

23 A. Yes.

24 Q. Earlier you had said, I believe, that Crestor, Soma, and  
25 Lortab was not recommended by you, certainly. Is that accurate,

1 fair to say?

2 A. I had no comments on Crestor, which is a cholesterol  
3 medication.

4 Q. Toprol, excuse me.

5 A. Toprol is not a pain or a sedative medication. It's more of  
6 a hypertensive blood pressure medicine, so I would have no  
7 opinion on that.

8 Q. All right. And, Dr. King, do you see this date of 10/8 up  
9 in the corner there?

10 A. 10/8. Okay. Yes, I see it.

11 Q. All right. Now, it's another discharge, and what does the  
12 hospital say Dr. Chhibber is prescribing for her? And tell us  
13 what they are too, please.

14 A. Cymbalta and trazodone, both of which are antidepressants;  
15 BusPar, which is an antidepressant; and Klonopin, which, as we  
16 know, is a sedative/hypnotic benzodiazepine.

17 Q. All right. Is that correct, that's what Dr. Chhibber is  
18 giving her?

19 A. Well, actually what it says is, "Follow up with Dr. Chhibber  
20 for the below medications."

21 Q. All right. So that's what the hospital is saying she should  
22 do; is that correct?

23 A. Yes. She was being discharged -- she was requesting  
24 immediate discharge against -- presumably against medical  
25 advice, so the best they could do is say follow up with

1 Dr. Chhibber for these medications as we just talked about,  
2 which presumably Dr. Chhibber had been prescribing prior.

3 Q. All right. And then a little further down, what is she to  
4 do with Dr. Kudmani?

5 A. She's instructed, since she was requesting immediate  
6 discharge, to follow up with Dr. Kudmani regarding the  
7 medications that he had been prescribing previously.

8 Q. So would you agree that the -- the previous follow up with  
9 Dr. Rouben and those drugs. Now we have follow up with  
10 Dr. Kudmani. Does it appear to be the same drugs that  
11 Dr. Rouben was to give her?

12 A. Well, again, this is not the same as saying, "Give her these  
13 drugs." But in a sense, yes, they are -- not in a sense. They  
14 are the same drugs. But it's indicating that she should, quote,  
15 follow up with, not necessarily continue taking. But obviously  
16 there has to be continuity, so she's being reasonably instructed  
17 to follow up with since she's discharging herself.

18 Q. All right. And were you aware from looking in the  
19 Dr. Kudmani file about Terri Keith's daughter signing for her  
20 medications? Did you talk about that? Did you analyze that?

21 A. We reviewed that at time of examination, yes.

22 Q. All right. And so you agree that Jennifer Reynolds,  
23 daughter of Terri Keith, presented herself and signed to be  
24 responsible for administering the medications?

25 A. Yes.

1 Q. And did that in her medical chart?

2 A. Yes.

3 Q. She identified herself as a nurse?

4 A. Yes. She was -- historically, by her statement -- we don't  
5 have any independent verification -- she was an LPN, who was  
6 currently out of work. There was -- there were issues with  
7 regard to care of the grandchildren that apparently were of some  
8 significance, mixed with the social problems of being homeless,  
9 and it appears that the living situation eventually evolved into  
10 the daughter and the mother living together, which lasted for a  
11 while and then broke apart. So there appears to be chaos in  
12 that household.

13 Q. And I'm just going to go a little faster here. You saw and  
14 you talked about a letter from the sister of Terri Keith; is  
15 that correct?

16 A. Yes.

17 Q. And that preceded the Jennifer Reynolds, daughter, note. Do  
18 you see that?

19 A. Yes, by approximately four weeks.

20 Q. And Ms. Harrod's note was also sent to Dr. Chhibber. Do you  
21 see that?

22 A. It was cc'd to Dr. Chhibber, correct.

23 Q. Can we just -- we'll go quickly that she went again back and  
24 forth to Our Lady of Peace?

25 A. Well, I will agree that she did, but it's a very serious and

1 very dramatic issue. She was in and out of the hospital for  
2 overdose and severe mental problems, so not to be taken lightly,  
3 but yes.

4 Q. No, no. I didn't mean to hint at that. There's just so  
5 many notes, we'll be here forever if we go through all of them.  
6 I was trying to go fast. I'm sorry.

7 Does it appear that she is participating and following the  
8 advice of all the folks in the therapy sessions?

9 A. There are multiple problems that are occurring, so I don't  
10 know what you mean by "following the advice." She's arrested  
11 for driving without a license and -- I'm sorry, not she. Her  
12 daughter was arrested for driving without a license and was put  
13 in jail, presumably the one that wanted to dispense her  
14 medications.

15 The patient herself, Terri Keith, had significant dizziness  
16 and mental status changes which are attributed to overdose and,  
17 quote, clearing. She resumed her medications. She's unsteady.  
18 She falls and goes to get treated because of falling.

19 There's a note on 9/15/09 from the doctor overseeing Our  
20 Lady of Peace care. He says, quote, "Patient lying about  
21 attending groups." Quote, "Difficult to engage and  
22 non-compliant with psychotherapeutic interventions of her  
23 treatment." So, no, she does not participate in any meaningful  
24 fashion. She continues to be out of bounds in her behaviors.

25 Q. Could you go to October 8 at the bottom? The note that you

1 made says, "Progress note, Our Lady of Peace, from Dr. Angela  
2 Brock."

3 A. If you give me the exact date.

4 Q. 10/8.

5 A. 10/8 which year?

6 Q. Your page 17.

7 A. No. I mean which year. 10/8 ...

8 Q. '09.

9 A. '09, okay.

10 Q. Sorry. Your page 17, bottom note.

11 A. 10/8/09. Yes, okay. And your question?

12 Q. What was all that about? What did Dr. Brock ...

13 A. As part of the inpa- -- excuse me, the intensive outpatient  
14 program, the patient was given transportation. They sent a van  
15 to pick her up. On the way in to her group therapy, she tried  
16 to solicit Klonopin.

17 Now, having said that, this may not be the entry that says  
18 that. Yes. No, that is the one.

19 And she was advised that it was inappropriate to try to get  
20 diverted drugs off her fellow patients as she was being brought  
21 in a van for treatment. She apologized and said that she,  
22 quote, didn't take her morning medication and, quote, knows  
23 better. But as we talked about, we're dealing with somebody who  
24 is addicted, and there is no control. There is no control.

25 And she also reported as part of that same note that you



1 just asked me to review that she has been, quote, depressed  
2 since five years old and admitted that her drug of choice was  
3 pain medication with increasing amounts, quote, end of quote.

4 Q. And so am I right on 10/8 she admits to trying to get  
5 Klonopin from other sources than the doctor? Is that true?

6 A. Correct.

7 Q. And two days before, am I right, she said to one of the  
8 therapists, "History of alcohol abuse but denies recent use and  
9 denies the use of street drugs"? Do you see that?

10 A. That's what she indicates, yes.

11 Q. And previously you had said that at one point she admitted  
12 she thought she had done cocaine the night before but it turned  
13 out it was methamphetamine instead of cocaine?

14 A. Correct.

15 Q. So clearly, am I correct, that on one day she'll say one  
16 thing to one therapist and two days later she'll say something  
17 else different to another therapist?

18 A. Well, I think it's established that she's lying about her  
19 compliance and care and she's lying about her history of drugs  
20 and she is refusing to admit that her -- and she doesn't  
21 realize, I think, herself. Clinically we would expect she would  
22 not realize that her early childhood history of abuse and  
23 pregnancy and other issues was really the reason why she was  
24 having chronic pain. That was the reason, not because of all  
25 her surgeries. She was emotionally, mentally suffering from

1 psychosomatic pain that needed to be treated with other than  
2 narcotics.

3 Q. Nevertheless, every time -- we've gone through the  
4 discharge. Have you seen the note we've read that says, "Follow  
5 up with your primary care physician for your pain medications"?

6 A. Which is appropriate. The hospital was sending her to  
7 follow up with a doctor. Presumably any reasonable, any prudent  
8 physician after seeing that hospitalization would have stopped  
9 those medications. Dr. Kudmani did not.

10 Q. And, also, do you see on 10/8 the prescriptions or the  
11 medications given by Our Lady of Peace Hospital?

12 A. Yes.

13 Q. And what are those?

14 A. Klonopin, trazodone, Neurontin, and Wellbutrin. In other  
15 words, three antidepressants and the benzodiazepine, Klonopin.

16 Q. Is there another name for Neurontin?

17 A. Gabapentin.

18 Q. All right. Am I right that trazodone and Neurontin, also  
19 known as gabapentin, do not show up on a KASPER report?

20 A. That's correct. They're not controlled substances.

21 Q. And do we agree that throughout Dr. Chhibber was prescribing  
22 Neurontin, also known as gabapentin, trazodone, and clonazepam?

23 A. That's correct.

24 Q. All right.

25 THE COURT: Let's take a 15-minute break and come

1 back. Don't make up your mind about this case, ladies and  
2 gentlemen. Don't discuss it with each other.

3 We'll be back in session in 15 minutes.

4 (Jury left the courtroom at 3:13 p.m.)

5 (Recess at 3:13 p.m. until 3:35 p.m. Jury present.)

6 THE COURT: Okay.

7 BY MR. LAMBERTUS:

8 Q. Dr. King, I'm going to show you this. Does that look  
9 familiar to you?

10 A. Yes, it does. And I'm referencing it in my chart here.

11 Q. It's absolutely at the very end of everything.

12 A. This represents the last note in the chart written by  
13 Dr. Kudmani.

14 Q. All right. And if you would, give us a brief summary of  
15 what you see there and what he did and so on.

16 A. This is a follow-up visit from -- well, allegedly it is a  
17 follow-up visit. But it says, "Complains of pelvic pain,  
18 anxiety attacks. On Wellbutrin. Blood pressure, 128/72.  
19 Breasts, normal limits. Mammogram ordered 5/6/10. UA,"  
20 urinalysis, "negative. Pap" -- I'm not sure what that next word  
21 is, "culture" maybe -- "negative. TVS," transvaginal  
22 sonography, "see photo," probably.

23 And then there's a note indicating that he's prescribing  
24 Klonopin and Percocet. Percocet is being prescribed at four per  
25 day of the high-potency 10-milligram dose, and the Klonopin is

1 being prescribed at the relatively high dose of 1 milligram  
2 three times a day.

3 Q. All right. Thank you.

4 And when you review the records, do you note that the  
5 clonazepam prescription has previously been given for the past  
6 year or so at Our Lady of Peace through Dr. Chhibber?

7 A. Dr. Chhibber was the prior prescriber of Klonopin. This is  
8 the first time Dr. Kudmani has prescribed Klonopin.

9 Q. Right. And as to the amount, dosage, and everything, am I  
10 right Dr. Kudmani's prescription is exactly like what  
11 Dr. Chhibber's was?

12 A. Dr. Kudmani prescribed the same amount without variation,  
13 yes.

14 Q. Okay. And at the time you did your chart, is this correct,  
15 that you were not aware that Ms. Keith had picked up a trazodone  
16 prescription and a gabapentin prescription on May 3rd when she  
17 picked up her other two prescriptions?

18 A. From Dr. Kudmani, you mean?

19 Q. Yeah. The two prescriptions from Dr. Kudmani, we've talked  
20 about those, have we not?

21 A. I'm confused. Are you talking about the trazodone and the  
22 Neurontin?

23 Q. Yes. I'm calling it gabapentin.

24 A. Or gabapentin, yeah.

25 Q. Am I right that that's the same thing though?

1 A. They are the same thing, yes. Correct.

2 I'm not aware of who or when they were written. They were  
3 not documented in the medical record.

4 Q. Okay. So you were not given that information?

5 A. I'm not aware that it existed.

6 Q. Okay. Well, hang on one second.

7 MR. LAMBERTUS: Judge, may I approach the witness?

8 THE COURT: Yes.

9 Q. I believe this is an exhibit already. I'll show you this.

10 All right. Doctor, I'm going to put another copy of that up  
11 here. Doctor, can you see it on the screen --

12 A. Yes.

13 Q. -- better now?

14 All right. What I'm referring to is the very, very bottom.  
15 Do you see the dates on here?

16 Let me give you some help. At the bottom, do you see those  
17 three dates?

18 A. I do, yes.

19 Q. All right. And you see at the bottom Dr. Kudmani for the  
20 oxycodone? Do you see that one?

21 A. Yes.

22 Q. And then right above it for the drugs trazodone and  
23 gabapentin, which I now know is also Neurontin?

24 A. Correct.

25 Q. Go back to the date. Same date, May 3rd, May 3rd. Do you

1 see that?

2 A. Yes.

3 Q. And also the same pharmacy, Rite Aid Pharmacy. Do you see  
4 that?

5 A. Yes.

6 Q. And see the three Receipt Numbers 888, 889, and 890 for the  
7 receipt of those that day? Do you see those numbers as well?

8 A. I do.

9 Q. All right. And you've not seen this before; is that  
10 correct?

11 A. Correct.

12 Q. Okay. Oh, and I'm sorry. One more thing. And you see that  
13 those two prescriptions -- I'm talking about, again,  
14 gabapentin/Neurontin and trazodone -- the prescribing physician  
15 is Dr. Chhibber from Our Lady of Peace?

16 A. Yes.

17 Q. Okay. Thank you.

18 My question to you on those two prescriptions: Is there a  
19 safety issue or danger issue with abusing those two drugs?

20 A. Those two drugs, like any drug, are of concern. They're not  
21 controlled substances, so they're not in the same ballpark that  
22 we would consider the Norco or the benzodiazepines, but they are  
23 prescribed substances. So even though they're not controlled,  
24 they do require a doctor's signature.

25 Q. True. Which is why they appear on this chart like we have

1       them on there?

2       A.   Yes.

3       Q.   If a person, patient, or whatever took an excessive amount  
4       of the trazodone, is that a serious health risk?

5       A.   It's a health risk.  Trazodone is not known to be a commonly  
6       abused substance.  I can't recall when I've seen it taken as an  
7       overdose or an abused medication.

8       Q.   All right.  But if it is taken as an overdose, would it  
9       serve the same bad function on a human being?

10      A.   I don't -- I've had no experience with a trazodone overdose.  
11      It would be so rare that I am unfamiliar with it.

12      Q.   All right.  What about trazodone with Neurontin with  
13      oxycodone with clonazepam taken excessively?

14      A.   And we might include Soma with that, because she had --  
15      within the last week or two of her death, she filled a  
16      prescription for Soma as well.

17                But I would say if you're asking me to rate the concerns on  
18      that, I would put the -- in terms of the most danger of overdose  
19      and death and respiratory depression specifically, I would rate  
20      Percocet the worst followed by the benzodiazepine -- it would be  
21      that combination -- followed by the Soma, which we have talked  
22      about in terms of the holy trinity, the heroin-like effect that  
23      that trilogy gives -- trinity gives to you.  And way far behind  
24      I would put the gabapentin and the trazodone.

25                Gabapentin specifically has a huge therapeutic safe range.

1 I didn't see what the dose was. Could you maybe tell me what  
2 the dose was on the gabapentin?

3 Q. Yes, sir. That is not listed as far as I can see. I'm  
4 sorry.

5 A. Gabapentin typically would be prescribed on a one or a three  
6 a day of a modest 100 to 300 milligrams, but we know that we can  
7 go up to 3,000, 4,000, 5,000 milligrams of gabapentin and still  
8 be safe. It's an inherently safe drug.

9 So, again, in the scheme of the drugs that she was taking,  
10 the finger points pretty specifically to the holy trinity as  
11 causing her overdose death.

12 Q. Are you aware that the lab test as part of the death  
13 investigation, the lab did not test for Neurontin or trazodone  
14 either one?

15 A. I'm aware of that, yes.

16 Q. So it's, I presume, very difficult to issue an opinion on  
17 what effect that had since we don't know what the reading effect  
18 would be?

19 A. Well, I think we're dealing statistically with concerns  
20 regarding the holy trinity. That is well known to cause death  
21 by respiratory depression, and we know that she was taking it  
22 and we know that she was unfortunately severely mentally  
23 unstable with a lengthy history of overdoses. More than likely,  
24 just statistically based on her history and her medical issues,  
25 it was the holy trinity that caused her to have respiratory



1 depression and die. I am not concerned particularly about the  
2 trazodone or the gabapentin.

3 Q. Do you think you might be more concerned if they had been  
4 tested for and you could see the lab result?

5 A. No, it would not concern me.

6 Again, I harken back to the fact that the holy trinity is  
7 well known as a heroin-like euphoria and respiratory depression  
8 side effect. We are all aware of what heroin does to people in  
9 terms of death and respiratory depression. Before heroin became  
10 as easily accessed and as cheap as it is today, the holy trinity  
11 was what people would go for. So it's very understandable to me  
12 and very -- I think very likely, highly, highly likely that it  
13 was the holy trinity that caused her death.

14 Q. Do you have the lab report in front of you, sir?

15 A. I do not.

16 Q. All right. Doctor, can you see this?

17 A. I can, yes.

18 Q. All right. So it's all clear. Do you see this is the Terri  
19 Keith case and AIT laboratory report?

20 A. Yes.

21 Q. And do you see any Soma result here?

22 A. I don't believe it was tested for. If we reference the top  
23 part there where it says "Date Collected" and, of course, has  
24 5/6/2010 and then it says "Tests" and then it gives two codes  
25 there, the 70530 is listed as drugs of abuse panel in the blood.

1 Typically drugs of abuse panel does not include Soma, nor does  
2 it include trazodone or Neurontin. So I don't believe based on  
3 this it was tested for.

4 Q. All right. So based on the lab report, you cannot issue an  
5 opinion, of course, on Soma, trazodone, or Neurontin because  
6 they weren't tested for?

7 A. I'm not issuing an opinion on the cause of death at all, as  
8 you and I discussed.

9 Q. I'm sorry. That's what I was asking you for. So if you're  
10 not issuing an opinion on it, then we're finished.

11 Thank you, sir.

12 A. And in answer to your question -- I'm sorry. In answer to  
13 your question, the opinion from the medical examiner was, "Death  
14 in this case is attributed to multiple drug toxicity." I concur  
15 with that.

16 Q. But on your --

17 A. But I'm not issuing an independent medical opinion on it.

18 Q. Okay. Pardon me. That was my question.

19 Based on the science, based on the test, what was tested  
20 for, what was not tested for, you're not going to issue a  
21 medical opinion on what the cause of death was?

22 A. No. I'm just saying her behaviors over the years prior were  
23 consistent with the M.E.'s opinion, that she died secondary to  
24 multiple drug toxicity.

25 Q. Am I right, the answer to the question are you issuing an

1 opinion on the cause of death medically and scientifically, your  
2 answer is no?

3 A. Correct.

4 MR. LAMBERTUS: Thank you, sir.

5 THE COURT: All right. Mr. Ansari?

6 REDIRECT EXAMINATION

7 BY MR. ANSARI:

8 Q. Dr. King, you were asked about the -- specifically about the  
9 guidelines and some of the ones that you kind of helped prepare  
10 for Indiana; is that right?

11 A. Correct. Yes.

12 Q. And you made the comment that although yours -- I guess  
13 Indiana's started to come around between 2013 and I guess were  
14 ultimately published in 2015?

15 A. Correct. Yes. Well, they were 2014, and then there were  
16 some addendums. So, yes, between 2013 and '15.

17 Q. Okay. Now, to be clear, there were already guidelines in  
18 place by the Kentucky Medical Licensure Board in 1996; is that  
19 right?

20 A. That's correct, yes.

21 Q. And those were amended in 2001?

22 A. Yes.

23 Q. And again amended in 2003?

24 A. Correct.

25 Q. And those -- well, specifically -- and I'm looking at the

1 2001 modified by 2003. Here's the actual 2001 version. "Model  
2 Guidelines for the Use of Controlled Substances in Pain  
3 Treatment"; am I correct?

4 A. Yes, that's correct.

5 Q. Okay. And the 2003 is called the "Guidelines for the Use of  
6 Controlled Substances in Pain Treatment"?

7 A. Correct.

8 Q. Okay. And both these guidelines set out specific things  
9 that physicians should do. We won't go through all of them, but  
10 I'm just going to touch a couple of them.

11 One is, "Evaluation of the patient"; am I right?

12 A. That has always been a consistent part of the foundation,  
13 yes.

14 Q. "A complete medical history and physical examination must be  
15 conducted and documented in the medical record"?

16 A. Yes.

17 Could I ask which one you're reading from there?

18 Q. I'm looking at the --

19 A. I think --

20 Q. -- the modification in 2003.

21 A. Okay. Thank you.

22 Q. And we're not going to read this whole thing but just to  
23 make a point.

24 The second thing is, "Treatment plan. A written treatment  
25 plan should state objectives that will be used to determine

1 treatment success, such as pain relief and improved physical and  
2 psychosocial function, and should indicate if any further  
3 diagnostic evaluations, consultations, or other treatments are  
4 planned"; is that right?

5 A. That's correct, yes.

6 Q. A third one is, "Informed consents and treatment  
7 agreements." They're talking about -- what are those, informed  
8 consents and treatment agreements?

9 A. Essentially every patient is able to choose their own  
10 destiny, as it were, but we have to, particularly when it comes  
11 to opiates, inform the patients about the ups and the downs.  
12 There's a risk-benefit ratio, so we have to educate, we have to  
13 do an informed consent, and tell the patients, "Look, here are  
14 the risks." So we have to be very explicit about that, and as  
15 part of that we would talk about an exit strategy and  
16 withdrawing the medicine if it doesn't work. So those two would  
17 go together as part of the informed consent.

18 Q. Exactly right. They talk about high risk, and they say for  
19 some high-risk patients "a written agreement between patient  
20 [sic] and patient outlining patient responsibilities, including:  
21 One prescribing doctor and one designated pharmacy."

22 What does that mean?

23 A. Essentially if we're going to prescribe controlled,  
24 dangerous substances, there has to be one pharmacy and one  
25 prescriber. If I'm going to be the guy prescribing, then you

1 don't get it from anybody else. We don't want doctor shopping.  
2 And we only want one pharmacy because there can be pharmacy  
3 shopping too. Particularly in the past when the pharmacies  
4 didn't talk to each other, you could get patients going and  
5 getting medications filled here, here, and here without being  
6 discovered that they were pharmacy shopping. So one pharmacy,  
7 one doctor.

8 Q. "Urine/serum drug screening when requested."

9 A. We're talking about urine drug screens, and we talked about  
10 that. Want to make sure the patient's taking what's prescribed,  
11 not taking what's not prescribed, and also looking for the  
12 presence of illegal substances, like methamphetamine, cocaine,  
13 heroin, that sort of thing.

14 Q. "No early refills and no medications called in. If  
15 medications are lost or stolen, then a police report could be  
16 required before considering additional prescriptions."

17 What does that mean?

18 A. No medications called in. If we're going to prescribe  
19 potentially dangerous controlled substances, I want to see you.  
20 I want to see you. I want to make sure that you're making  
21 progress. I want to make sure you're not having adverse  
22 effects. I want to make sure that you're not becoming apneic at  
23 night and on the verge of dying from respiratory depression. So  
24 each refill, each follow-up has to be predicated on an exam and  
25 an update in terms of progress and potential adverse effects.

1 Q. "The reasons for which drug therapy may be discontinued,  
2 such as violation of a documented doctor-patient agreement."

3 A. If you are only in it for the drugs, then the drugs are not  
4 appropriate, and it's up to me, in terms of exercising  
5 discretion as the prescriber, to make sure that the patient is  
6 not doing it for the drugs only. So I have to make sure that  
7 the patient is compliant. And we have other choices. We don't  
8 fire patients, necessarily, if they're aberrant in their  
9 behaviors, but we will take the drugs off the table, the  
10 controlled substances, and we will make other choices to treat  
11 their pain.

12 Q. The number four is, "Periodic review." What does "periodic  
13 review" mean?

14 A. "Periodic review" basically means I need to know what's  
15 going on. I need to make sure that as a patient you're  
16 compliant. I need to know as a patient are you making progress  
17 based on one of those three things: Pain improvement and  
18 function improvement and quality of life improvement. Those are  
19 three parameters that we look at to judge success.

20 Q. Under that same heading, "Periodic requests for a KASPER  
21 report could be utilized."

22 A. Yes. Again, this was before, as we talked earlier, that  
23 albeit KASPER are not required during this time frame, it was  
24 online, it was available. In 2009 it could be easily accessed  
25 online. So we want to make sure that KASPER, being one of the

1 only two objective ways that we as pain management physicians  
2 have to monitor a patient compliance, that we use it. It's  
3 free. We can do it. It's web-based. We can access it.

4 Q. "Consultation. The physician should be willing to refer the  
5 patient as clinically indicated for additional evaluation and in  
6 order to achieve treatment objectives."

7 A. It doesn't necessarily mean that I'm the end all. There are  
8 some things that I don't do. Certainly I have patients referred  
9 to me for interventions because that's what I do, but if I have  
10 somebody who I think is addicted or is getting into problems  
11 with regard to out-of-control depression or PTSD, I'll refer  
12 that patient for psychiatric consultation, or I'll refer them  
13 for an orthopaedic consultation if I really think there's a back  
14 issue that needs to be structurally addressed.

15 But we need to be aware that we work together. So referrals  
16 are appropriate, indicated, and necessary -- frankly necessary  
17 in these complicated patients who we work with.

18 Q. "Special attention should be given to those pain patients  
19 who are at risk for misusing their medications and those whose  
20 living arrangement pose a risk for medication misuse or  
21 diversion."

22 A. We're talking about what we call -- and we didn't talk about  
23 this, but it's called the biopsychosocial component of pain --  
24 biologically, psychologically, and socially -- depending on the  
25 living condition, like the one patient was essentially homeless.



1 When we've got conditions like that, we have to consider the  
2 whole situation to see if adherence, to see if psychological  
3 issues, to see if things beyond just the biological problem of  
4 something potentially being broken can be addressed safely with  
5 opiates. So we look, based on that, at the entire  
6 biopsychosocial aspect of the patient.

7 Q. "The management of pain in patients with a history of  
8 substance abuse or with a coexisting psychiatric disorder may  
9 require extra care, monitoring, documentation, and consultation  
10 with or referral to an expert in the management of such  
11 patients."

12 A. And essentially that was the case in almost each patient  
13 that we reviewed. If we were to choose one risk factor, one  
14 major issue that causes us problems across the board in terms of  
15 abuse and overprescribing and diversion, it's mental health and  
16 addiction. If we have patients who have overdosed -- who have  
17 overdosed -- have tried to commit suicide, either intentionally  
18 or unintentionally, why would I want to give them medications  
19 that they could do the same thing again, especially if they were  
20 suffering from severe depression and weren't making good  
21 judgments? Mental health is the reason, one of the major risk  
22 factors that we look at, particularly when it's a long-cited  
23 history of overdose, let alone multiple overdoses, such as it  
24 was with our one patient.

25 Those patients should not have controlled substances. They

1 are not able to control it. It is egregiously, egregiously  
2 outside the standard of care to continue putting dangerous  
3 substances in the hands of people with that sort of history.

4 Q. The next big thing is, "Medical records. The physician  
5 should keep accurate and complete records to include," and then  
6 it goes through a litany of different things.

7 A. Which were not obviously seen in this case at any time.

8 Q. "The medical history and physical examination; diagnostic,  
9 therapeutic, and laboratory results; evaluations."

10 Those ring a bell?

11 A. Of course, those are all required as part of a standard  
12 examination, standard documentation, almost none of which were  
13 done in Dr. Kudmani's workup and treatment of these patients.

14 Q. And the last big heading, this one was, "Compliance with  
15 controlled substances laws and regulations."

16 A. Well, I would summarize by saying, as you've asked me  
17 repeatedly, these controlled substances were not issued for  
18 legitimate medical purpose and they were issued outside the  
19 usual course of medical practice for all the reasons that I've  
20 been putting forth. Those are the legal requirements that I as  
21 a physician voluntarily sign and agree to on my DEA certificate,  
22 which allows me to prescribe controlled substances. I am told  
23 that I must prescribe for a legitimate medical purpose and in  
24 the usual course of medical practice.

25 I'm not allowed to run a pill mill. I'm not allowed to

1 write outside of the practice of medicine. I'm not allowed to  
2 write medications just without a medical foundation and  
3 examination and appropriate diagnosis.

4 MR. ANSARI: May I approach the witness, Your Honor?

5 THE COURT: Yes, sir.

6 Q. Just so we're clear, I want to make sure that these are the  
7 '03 guidelines that you referenced when performing this  
8 evaluation.

9 A. You, of course, didn't go through all the details, but the  
10 answer is, yes, this is the set of guidelines that I referenced.

11 MR. ANSARI: Your Honor, we would move to admit  
12 Exhibit Number 46.

13 THE COURT: Okay.

14 (Government Exhibit 46 admitted in evidence.)

15 Q. I won't go through the '96 and '01, but those kind of  
16 summarize those; am I correct?

17 A. They are representative, yes. The verbiage and the concepts  
18 are the same.

19 Q. And so Kentucky was truly ahead of Indiana?

20 A. I'm happy to pass on the compliment that Kentucky was well  
21 ahead of Indiana in this area. Of course, the bad news on that  
22 is that it had to be because Kentucky was suffering more than  
23 most states, including Indiana, because of the drug diversion  
24 issue. So the problem that Kentucky was having was horrible and  
25 continues to be very, very bad. But that's what necessitated

1 the early start by your medical board, and they did a good job.

2 Q. Let me ask you this: He went to Angela Morgan next, and  
3 specifically, you know, she was the one that went to the MORE  
4 Clinic and that there was no methadone on the KASPER. And so  
5 are you telling us that when you go to a methadone clinic,  
6 because they dispense it in-house, it does not show up on  
7 KASPER?

8 A. That's exactly right.

9 Q. Okay. So if you're a practitioner and you receive a letter  
10 from that clinic, it's upon you to call the clinic and find out  
11 what's going on?

12 A. It is. It is absolutely. But I will tell you that that  
13 would be the standard. Methadone is typically not dispensed as  
14 a prescription for treatment of addiction. Because of the  
15 addiction issues, they require the patient to come in, and they  
16 give the methadone to drink right there. So they have to show  
17 up on a daily basis. It's very onerous, but no prescriptions  
18 are written.

19 So we assume if the patient is being treated in a methadone  
20 clinic for addiction and we assume with validity and as a  
21 standard that they're getting it there, no scripts are written,  
22 it would not show up in the KASPER.

23 Q. And you didn't see any reference or materials in  
24 Dr. Kudmani's file that would indicate that he contacted the  
25 MORE Clinic?

1 A. I saw no indication of contact.

2 Q. Before I move on to the next patient, which is Brandy  
3 Casanova and that clinic, I just want to clear -- I don't think  
4 I did this with those guidelines. But those '01, '03  
5 guidelines, those were in place between 2009 and 2012 in  
6 Kentucky; am I right?

7 A. Clearly they were, yes.

8 Q. All right. And the Indiana guidelines don't play a part in  
9 Kentucky, and they came after?

10 A. They came after, yes.

11 Q. Let's go to Brandy Casanova. Same thing with Ms. Casanova.  
12 If she went in-house to the methadone clinic, those are not  
13 going to show up in KASPER?

14 A. That's correct.

15 Q. But he received a letter from the MORE Clinic?

16 A. Correct. And made no response that I could discern.

17 Q. Right. There was no documentation that there was any kind  
18 of communication from Dr. Kudmani to the MORE Clinic?

19 A. No documentation, correct.

20 Q. And some things came up about other -- I think a Dr. Penta  
21 prescribing some oxycodone.

22 MR. ANSARI: So can we bring up Exhibit 24E, page 195,  
23 please?

24 A. Could I ask which patient that was?

25 Q. This is Brandy Casanova.

1 MR. ANSARI: And 24E are Brandy Casanova's MORE  
2 records.

3 You know what? I'm wrong. It's 12E, 12E. 12E, page 195.  
4 Thank you.

5 MR. LAMBERTUS: Judge, can we approach the bench for a  
6 second?

7 THE COURT: Uh-huh.

8 (Bench conference on the record outside the hearing of the  
9 jury.)

10 MR. LAMBERTUS: Are these in evidence?

11 MR. ANSARI: I think they are. They were all the  
12 certified. They came in under stipulation.

13 MR. LAMBERTUS: Okay. If you tell me they were all in  
14 there.

15 MR. ANSARI: I'm correct?

16 MS. JEFFERSON-WEBB: That's correct. That was the  
17 long list of records that I read in early in the case.

18 MR. ANSARI: These are all certified records.

19 MR. LAMBERTUS: Well, I understand that. I just  
20 didn't know if they'd been admitted.

21 THE COURT: Okay.

22 MR. LAMBERTUS: I took care of that, apparently.

23 (End of bench conference.)

24 BY MR. ANSARI:

25 Q. So on this specific page -- I don't know if you've had time

1 to read it. But, "Dose with admission. Get KASPER. Note:  
2 29-year-old female referred from JDAC. Presented to JDAC 1/27  
3 addicted to opiates and pregnant."

4 And within here somewhere -- I think it's EDC. Halfway  
5 down, "Denies medical issues except pregnancy." I assume that's  
6 "expected delivery" -- I don't know what "C" stands for -- "at  
7 7/15/12 and plans to see Penta with delivery at Suburban. Is  
8 working with Project Link. Is getting RXs, Dr. Kudmani.  
9 Patient is separated 12 years, in relationship." And it kind of  
10 goes on.

11 Now, if I pull up the KASPER which the defense attorney went  
12 over with you and pull up Penta, we see Dr. Penta July the 12th,  
13 July the 12th, July the 17th, July the 30th, August the 13th,  
14 and those were for various small amounts; am I right? Six, 4  
15 days, 3 days, 10 days, 15 days?

16 A. Yes.

17 Q. And only -- I'm sorry. And only two of those drugs I read  
18 off were oxycodone?

19 A. Correct.

20 Q. Okay. And we see now from the MORE records Dr. Penta was  
21 the OB/GYN delivering the baby. Does that make sense now?

22 A. It certainly defines who he is and, yes, clarifies the  
23 situation.

24 Q. And so without looking, indicative of an OB/GYN who is  
25 giving a couple days of medication after a birth?

1 A. Yes.

2 Q. Okay. Now, with concern to Ms. Forbes --

3 MR. ANSARI: Can we bring up Exhibit 21A, page 6,  
4 please?

5 Q. I think you ultimately said you're not opining on  
6 specifically as to the degree of medical certainty whether she  
7 had died based on the benzodiazepine, but you were asked quite a  
8 bit of questions on this, so I just want to clear it up.

9 You reviewed these records; am I right?

10 A. I did, yes.

11 Q. Okay. And I think you agreed there was a urine test; am I  
12 right?

13 A. Yes. Correct.

14 Q. And did that urine test show positive for benzodiazepines?

15 A. Yes, it did.

16 Q. Did the internist here list drug overdose as one of the  
17 final diagnoses?

18 A. The specific indication here -- two references -- "Patient  
19 found to have benzodiazepines in the drug screen," and then it  
20 goes on a little bit more. And then it says, "No discernible  
21 electrocerebral activity was identified. Severe hypothermia.  
22 Toxic dose of sedative and narcotic medications."

23 Q. And severe hypothermia we talked about earlier. It's the  
24 body's cold?

25 A. The body is cold, yes. Well below -- yeah. Basically the



1 body -- the individual had been dead for some time is what this  
2 suggests.

3 Q. "Toxic dose of sedative and narcotic medications could also  
4 produce this picture." What does he mean by that?

5 A. I'm not sure exactly what he's stating here. The grammar  
6 perhaps could be a little clearer. But from a medical  
7 perspective, when I read that as a physician dictating, I read  
8 that as saying it was an overdose of sedative and narcotics.

9 Q. So specifically is a benzodiazepine a sedative?

10 A. It is, yes.

11 Q. And a benzodiazepine as a sedative, can it cause respiratory  
12 arrest?

13 A. Yes, it can.

14 Q. And respiratory arrest will lead to a heart attack?

15 A. Correct. Yes.

16 Q. And both those together, I guess eventually oxygen is cut  
17 off to the brain?

18 A. Correct.

19 Q. And does that cause global anoxic encephalopathy?

20 A. Yes. Those terms, just, again, to be clear, means brain  
21 death.

22 Q. Okay. And so although you're not saying, because you're not  
23 a pathologist or a toxicologist -- this picture that's painted  
24 here, is that also a picture that is painted when someone  
25 overdoses and dies on benzodiazepines?

1 A. Yes, it's very consistent with that. This is a consistent  
2 picture of drug overdose with no recovery.

3 Q. Okay. All right. Thank you.

4 The next thing that you-all talked about was Ms. Keith, and  
5 a point was made -- you went through a lot of medical records.  
6 And correct me if I'm wrong, but when you're talking about  
7 there's no indication for medical records of surgeries, you mean  
8 the people that conducted those surgeries, those medical records  
9 are not found in Dr. Kudmani's patient records?

10 A. That's correct.

11 Q. Okay. There was a lot of anecdotal history listed in all  
12 the patient records, whether it be hospital or Dr. Kudmani, that  
13 came from somebody, but they're not the actual records for the  
14 surgeries?

15 A. That's correct.

16 Q. Okay. And why is it different -- why is anecdotal history  
17 different from actual documentation of surgeries?

18 A. Our patients will typically come in with their perception of  
19 what has happened in their past. Sometimes they're right;  
20 sometimes they're wrong; sometimes they don't remember. It's  
21 incumbent upon me as the diagnosing and treating physician to  
22 document the past medical history.

23 These are chronic pain patients. They have a long history.  
24 Things get distorted. If we ask any of us what happened ten  
25 years ago, we're likely to distort the facts a little bit. But

1 we can't distort the facts when I'm prescribing potent  
2 polypharmacy. We have to know the score.

3 So it's vital that we know the past medical history in terms  
4 of what worked, what didn't work, what the legitimate diagnoses  
5 were in the past so we don't have to reinvent the wheel, so we  
6 don't have to assume things that aren't true, so that we can  
7 maintain a safety profile when we put together the appropriate  
8 treatment plan.

9 MR. ANSARI: And if we could go to Exhibit 20D, page  
10 4, please.

11 Q. You were asked about the autopsy specifically. If you see  
12 Picture Number 2, it says, "Six-inch scar." Is that a reference  
13 to a possible back surgery?

14 A. Yes, it is.

15 Q. Okay. But it's referenced to one scar on the back; am I  
16 right?

17 A. Correct.

18 Q. Okay. A lot of talk went back and forth about records and  
19 surgeries. Now, all those surgeries were prior to 2009; am I  
20 right?

21 A. Correct.

22 Q. Okay. And so because the surgery happens years before, that  
23 doesn't mean that years later you would still need chronic pain  
24 medicine?

25 A. No. Typically our operations don't result in chronic pain;

1 otherwise, none of us would have operations. It occasionally  
2 happens, but it's not because of the surgery. It's because of  
3 something else going on. Maybe the right diagnosis wasn't made,  
4 or maybe the surgery was inappropriate, or maybe a screw is  
5 fractured or a non-union has occurred, but the surgery per se  
6 doesn't mean that the patient is going to have chronic pain.

7 Q. I'm not going to bring them all up, but you went through a  
8 couple medical reconciliation, slash, discharge orders; am I  
9 right?

10 A. Correct.

11 Q. One was from Dr. Johnson, who was the ER doctor at  
12 Hendersonville?

13 A. Yes.

14 Q. And then the rest were from Our Lady of Peace?

15 A. Yes.

16 Q. Okay. And so when I go to the hospital or anyone goes to  
17 the hospital, do they note the medications that I'm on when I  
18 get to the hospital?

19 A. And that's part of standard procedure, yes.

20 Q. Okay. And when I'm discharged from that visit, do they note  
21 again what medications I came in on?

22 A. They do, yes.

23 Q. And do they usually say, "Hey, we either gave these or we  
24 didn't to you while you were here, but if you want any more,  
25 you've got to go see the person that's prescribed them to you"?

1 A. That's exactly what it means, yes.

2 Q. All right. So all those we saw, that's exactly what those  
3 are saying?

4 A. Correct.

5 Q. All right. The doctor isn't saying, "I specifically want  
6 you to go take" X, Y, and Z?

7 A. No. He appropriately leaves that up to the family doctor or  
8 the prescribing doctor to take care of. The hospital is there  
9 for acute care, not for long-term management. So the patients  
10 are sent back to their prescribing doctors to address the  
11 medications.

12 Q. And a couple times Dr. Rouben was the prescribing doctor on  
13 the Our Lady of Peace discharge for Soma and it might have been  
14 oxycodone. I don't know. But definitely Soma; am I right?

15 A. I believe that was correct.

16 Q. Okay. But you reviewed the KASPER in this case, and the  
17 KASPER goes back to January of 2009; am I right?

18 A. Correct.

19 Q. And you don't see a Dr. Rouben on the KASPER?

20 A. I do not.

21 Q. Okay. And so if Dr. Rouben was prescribing those in '08, he  
22 wasn't in '09 or '10?

23 A. Correct.

24 Q. And we don't know why, but it could be any reason why?

25 A. But it's not on the KASPER. Correct.

1 Q. Okay. You were asked specifically about a July 1st, 2009,  
2 date when Jennifer Reynolds, the daughter of Terri Keith, comes  
3 in and signs and starts taking over her medication, I guess  
4 distributing or dispensing. And you made reference I think a  
5 few times in the notes that that appears to be the same daughter  
6 who is having some issues, either driving on suspended license  
7 or Terri Keith's taking care of her kids; am I right?

8 A. Yes.

9 Q. And so is Ms. Reynolds the best person to put in charge of  
10 someone's medication, of narcotic medication?

11 A. No. No, she's not, for all the reasons we talked about with  
12 all the social chaos going on.

13 Q. And if she's an LPN, do LPNs have prescription-writing  
14 authority?

15 A. They do not.

16 Q. Okay. So she can't write those prescriptions?

17 A. No.

18 Q. You were asked about the alleged street drug use. You-all  
19 talked about it, where she said, "I thought it was cocaine, but  
20 it ended up being methamphetamine."

21 Now, if Dr. Kudmani had been using urinary drug screens,  
22 would he have caught the use of those illegal narcotics?

23 A. In all likelihood, yes.

24 Q. And that would have been helpful why?

25 A. We have one instance here where we know she admitted to

1 taking methamphetamine while trying and thinking she was taking  
2 cocaine, but we don't know what else she may have been taking  
3 that she didn't tell us about or that wasn't documented in the  
4 record. A urine drug screen is, as I've said many times, one of  
5 the two objective things we have to absolutely validate what's  
6 going on, KASPER being one objective thing, urine drug screen  
7 being the other. So for us as physicians to not take advantage  
8 of those two objective tools is not good. It's not standard of  
9 care.

10 So we need to know what she's taking, what she's not taking,  
11 and what illegal substances she may be taking. Urine drug  
12 screen is really the only "trust but verify" way of doing that.

13 Q. You were also asked about trazodone and Neurontin. Those  
14 did not show up on the KASPER; am I right?

15 A. Correct.

16 Q. And that's because they're not controlled substances back  
17 then?

18 A. Correct.

19 Q. Okay.

20 A. They still aren't.

21 Q. Okay.

22 MR. ANSARI: Can we bring up page -- I mean, Exhibit  
23 20D, page 1?

24 Q. You also agree that you're not giving independent medical  
25 opinion as to the cause of death of Ms. Keith?

1 A. Correct.

2 Q. But you agree --

3 MR. ANSARI: And maybe page 4.

4 Q. But you agree with the medical examiner --

5 A. I do.

6 Q. -- Dr. Barbara Weakley-Jones?

7 MR. ANSARI: Try 5, please. We're going to get it  
8 right.

9 There we go.

10 Q. All right. And trazodone, Neurontin, and Soma are not  
11 listed on this drug abuse panel?

12 A. That's correct.

13 Q. But the Klonopin and oxycodone are?

14 A. Yes.

15 Q. And those concentrations and therapeutic levels are in the  
16 lethal doses; am I right?

17 A. On this particular visual that we're looking at, it has  
18 concentration, but it doesn't have therapeutic range.

19 Q. Okay. Are you familiar with the therapeutic range of either  
20 of those narcotics?

21 A. Not offhand, no.

22 Q. Okay. So we'd have to rely on the M.E.'s testimony when she  
23 testified this past week?

24 A. Yes.

25 Q. All right. And last question. The Klonopin, although



1 prescribed previously by Dr. Chhibber, on this specific day, on  
2 May the 3rd, it's the first time that Dr. Kudmani has ever  
3 prescribed this medication?

4 A. Correct.

5 Q. And on that date you do not see any specific charted patient  
6 history or complaint or diagnosis or treatment plan that would  
7 substantiate Dr. Kudmani prescribing Klonopin or opiates?

8 A. That's correct.

9 Q. Okay. And according to the M.E. in her report, both drugs,  
10 either the opiates or the Klonopin, were enough to kill her?

11 A. Yes. And I would agree with that.

12 MR. ANSARI: Okay. All right. I appreciate your  
13 time. Thank you, sir.

14 MR. LAMBERTUS: Just one or two questions.

15 THE COURT: All right.

16 RECCROSS-EXAMINATION

17 BY MR. LAMBERTUS:

18 Q. Dr. King, the prosecutor asked you about the incident where  
19 Ms. Keith apparently attempted to take cocaine and ended up  
20 taking methamphetamine. Do you recall that?

21 A. Yes.

22 Q. And she revealed that at Our Lady of Peace Hospital, did she  
23 not?

24 A. I don't have -- I'd have to look it up, but it certainly was  
25 in conversation with one of her caregivers.

1 Q. Okay. Well, I mean --

2 A. I will agree if you stipulate that's what it is.

3 Q. Oh, yes. Absolutely.

4 And the prosecutor asked you if it would have been a good  
5 idea if Dr. Kudmani had taken a urine test, and you said yes; is  
6 that correct?

7 A. Yes.

8 Q. Well, similarly, would it have been a good idea for Our Lady  
9 of Peace Hospital, who was the one told about taking the drugs,  
10 to take a urine sample of her too?

11 A. I don't know what their protocols are, and certainly I  
12 didn't review their -- all the caregivers' records that were  
13 involved. In other words, I didn't see Dr. Chhibber's records  
14 on things. So I can't comment on that. Certainly it's a tool  
15 available to the hospitals, just as it is the doctors.

16 Q. All right. So it would be an equally good idea for the  
17 hospital as it would be for Dr. Kudmani to do that?

18 A. I don't have all the information for the hospital, so I  
19 don't know what went into their decision-making on that. I  
20 don't know what their protocols are. I don't know what their  
21 admission guidelines are.

22 Q. Let's make a generality. If someone tells you -- a patient  
23 tells you they're snorting cocaine or methamphetamine, do you do  
24 drug tests?

25 A. The differential is this: If the patient is under --

1 Q. Well, first of all, is that a yes or no?

2 A. Well, because there's a difference here, because the patient  
3 here was in the hospital. So we know that she's in all  
4 likelihood not taking any medications other than what's being  
5 given to her.

6 But when the patient is outside the hospital being followed  
7 by Dr. Kudmani or another doctor, it's the outside-the-hospital  
8 routine "trust but verify" the use of urine drug screen becomes  
9 important. In the hospital it becomes important, as we have  
10 seen, if the patient comes in in an overdose scenario. And in  
11 the case of Ms. Keith, we found that she had benzodiazepines and  
12 narcotics.

13 But we don't follow a patient in the hospital with urine  
14 drug screens. That doesn't make sense. We follow the patient  
15 outside the hospital on a routine basis, trusting and verifying  
16 by taking urine drug screens.

17 Q. Did we not talk about Ms. Keith trying to get Klonopin off a  
18 fellow patient while she was in the hospital?

19 A. On the way to -- actually she was on the way to an  
20 outpatient program.

21 MR. LAMBERTUS: Okay. That's all. Thank you.

22 THE COURT: Anything?

23 All right, Doctor. You may step down. Thank you very much  
24 for your testimony.

25 (Testimony concluded at 4:25 p.m.)

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C E R T I F I C A T E

I CERTIFY THAT THE FOREGOING IS A CORRECT TRANSCRIPT FROM  
THE RECORD OF THE PROCEEDINGS IN THE ABOVE-ENTITLED MATTER.

s/Terri L. Turner  
Terri L. Turner, RMR, CRR  
Official Court Reporter

March 9, 2017  
Date

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I N D E X

WITNESS FOR THE GOVERNMENT:

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GOVERNMENT EXHIBITS ADMITTED:

Exhibit 46 - "Guidelines for the Use of Controlled Substances in Pain Treatment"	155
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DEFENDANT EXHIBITS ADMITTED:

Exhibit 6 - "First Do No Harm: The Indiana Healthcare Providers Guide to the Safe, Effective Management of Chronic Non-Terminal Pain"	97
Exhibit 7 - "Pain Management Prescribing Final Rule"	99

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