

## Clinical Guidelines & References - Opioid Prescribing Guidelines

- By January 1, 2020, e-prescribing of schedule II controlled substances will be required in Arizona. Get ready for the new opioid e-prescribing requirements.
- Arizona Opioid Prescribing Guidelines - 2018
- Opioid Epidemic – Enhanced Surveillance Reporting Requirements & Data

### Arizona

The Arizona Opioid Prescribing Guidelines are a voluntary, consensus set of guidelines that promote best practices for prescribing opioids for acute and chronic pain. They are intended to reduce the inappropriate use of controlled substances, improve safety, and reduce harm while preserving the vital roles of clinicians and patients in the management of acute and chronic pain. They are intended for use by clinicians in primary care and specialty outpatient settings who manage acute and chronic pain that is not occurring at the end of life and not due to malignancy.

- Arizona Opioid Prescribing Guidelines | Order a copy
- 2017 Draft Hospital Discharge Planning Guidelines
- ADHS Opioid Epidemic Website
- Arizona Guidelines for Dispensing Controlled Substances
- Arizona OAR Line: Opioid Assistance and Referral Line  
Description: This 24/7, real-time call line is answered by Arizona experts in order to provide consultation regarding complex patients with pain and opioid use disorder, recommendations on exit strategies and referrals to medication-assistant treatment. Call 888-688-4222.

### National

- American Hospital Association's toolkit: Stem the tide: Addressing the opioid epidemic
- CDC Guideline for Prescribing Opioids for Chronic Pain (2016)
- Opioids for chronic noncancer pain - A position paper of the American Academy of Neurology

### Emergency Department Prescribing Guidelines

- Arizona Guidelines for Emergency Department Controlled Substances Prescribing – one page summary
- Arizona Guidelines for Emergency Department Controlled Substances Prescribing – full report

### Training Opportunities

- Arizona Opioid Provider Education
- Safe Opioid Prescribing for Acute Dental Pain – CME
- Using the Controlled Substances Prescription Monitoring Program Webinar
- Using the Substances Prescription Monitoring Program Webinar
- Safe and Effective Opioid Prescribing - CME
- CDC's Free Continuing Education for Physicians - Opioid Prescribing

- Pathways to Safer Opioid Use- CME

### **Tools**

- Call to Action from the Surgeon General – Turn the Tide on RX Abuse
- Sample Patient Agreement
- Sample Informed Consent Form

### **2017 Hospital Discharge Planning Summit**

- Hospital Discharge Planning Summit Opportunities by C. Christ M.D.
- Improving Patient Outcomes Intervention to address Opioid Overdose in Hospital by T. St.Mars, MSN
- Medication Assisted Treatment for Opiate Dependence in Hospital Setting by S. Thompson, PharmD.
- Chronic Pain Management and Prescription Drug Safety Program by J. Christian, MHA
- AZ Naloxone Program for High Risk Populations H. Coles
- Updates on State Actions to Reduce Overdose S. Sjolander, MSW
- Hospital Discharge Summit Addressing Substance Abuse in Arizona D. Miller, M.E.d
- AHCCCS Opioid Strategies B. Kohler, MPA
- Controlled Substance Prescription Monitoring Program E. Dodge, PharmD
- Hospital Discharge Planning Summit- Notes

### **Resources**

- Substance Exposed Newborn Guidelines
- Substance Use Management Warmline
- Substance Abuse Treatment Locator for the State of Arizona
- For more information on the Arizona Prescription Drug Initiative, visit Rethink RX Abuse
- AZ Opioid Statute FAQs for Nurse Practitioners