

# CYMBALTA® CRITERIA

**Medication:**

Brand Name	Generic Name	Dosage Strengths
Cymbalta®	duloxetine	20mg, 30mg, 60mg

**Criteria for Approval:**

- A. Diagnosis of major depressive disorder (MDD);
  - 1. For diagnosis of major depressive disorder, Cymbalta® requires additional Preferred Drug list Prior Approval (PA) ; **OR**
- B. Diagnosis of generalized anxiety disorder (GAD); **OR**
- C. Diagnosis of diabetic peripheral neuropathy (DPN); **AND**
  - 1. Failure of, or not be a candidate for any tricyclic antidepressants or gabapentin treatment ; **OR**
- D. Diagnosis of Fibromyalgia;**AND**
  - 1. Physical Fitness Intervention (e.g. physical therapy, exercise), **AND**
  - 2. Failure of, or not be a candidate for, treatment with 1 out of the 2:
    - a. amitriptyline 50mg daily
    - b. cyclobenzaprine 30mg daily; **AND**
- E. No concurrent therapy of these medications (duloxetine, pregabalin, milnacipran) beyond 30 days
- F. Diagnosis of chronic musculoskeletal pain which includes chronic low back pain or chronic pain due to osteoarthritis; **AND**
  - 1. Failure of, or not be a candidate for, treatment with:
    - acetaminophen (not to exceed 4 grams/day), **AND**
    - at least one non-steroidal anti-inflammatory drugs (NSAIDS), **AND**
    - cyclooxygenase – 2 inhibitors

**Criteria for Denial:**

- A. Criteria for approval not met
- B. For diagnosis of DPN, no medications for diabetes in the claims history
- C. Concurrent therapy of pregabalin or milnacipran beyond 30 days

**Length of Approval:** 1 year

**Reference:**

Available upon request.

Reviewed by:	Reason for Review:	Date:
Pharmacy & Therapeutic Committee	Update	9/05/2006
Commissioner	Approval	9/29/2006
Pharmacy & Therapeutic Committee	Update	11/06/2008
Commissioner	Approval	12/01/2008
DUR Board	Revision	03/22/2010
Commissioner	Revision	04/30/2010
DUR Board	Revisions to separate fibromyalgia criteria	6/22/2010
Commissioner	Revisions to separate fibromyalgia criteria	8/3/2010
DUR Board	Revision	03/23/2011
Commissioner	Revision	6/7/2011
DUR Board	Revisions to separate fibromyalgia criteria	10/19/2011

Commissioner	Revisions to separate fibromyalgia criteria	4/12/2012
DUR Board	Revision	10/11/2016
Commissioner	Approval	11/22/2016
DUR Board	Update	09/27/2018
Commissioner Designee	Approval	11/27/2018