



New Hampshire MEDICAL SOCIETY

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New Hampshire Opioid Prescribing Resources

After being approved by the Joint Legislative Committee on Administrative Rules (JLCAR), the New Hampshire Board of Medicine (BoM) adopted on November 2, 2016, final rules for opioid prescribing for the management or treatment of non-cancer and non-terminal pain, as well as requirements to use the state prescription drug monitoring program (PDMP) based on the adoption of HB 1423 in late June.

In effect January 1, 2017, the new BoM rules apply to initial Schedule II, III and IV opioid prescriptions that are self-administered by an individual patient for the management or treatment of pain. Excluded from the new rule is the supervised administration of opioids in a health care setting.

- [Opioid Prescribing Rules FAQs](#)
- [NHMS Overview on Final Opioid Prescribing Rules - November 2016](#)
- [Board of Medicine Med 502 Final Opioid Prescribing Rules](#)
- [Sample Opioid Patient Checklist for use with Med 502 Opioid Prescribing Rules \(pdf\) and Word version](#)
- [NHMS Resolution on Implementation of NH Opioid Prescribing Rules - November, 2016](#)
- [Suggested CME Regarding Opioid Prescribing](#)

Opioid Prescribing Resources & Support:

[NH Clinical Practice Resources for Consultation & Referral](#)

[Opioid Prescribing Clinical Tools](#)

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New Hampshire Clinical Practice Resources for Consultation and Referral

- [Anyone. Anytime. poster](#)
- [Key Information About Comprehensive Actions to Address the Opioid Overdose Crisis](#)
- [NH High Risk Obstetrical Centers](#)
- [NHMS Resolution on Implementation of NH Opioid Prescribing Rules - November, 2016](#)
- [NH pain treatment providers](#)

- Prescription Opioids: What You Need to Know (patient education tool)
- Substance Treatment Resources for your Patients

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Opioid Prescribing Clinical Tools

- NH Prescription Drug Monitoring Program (PDMP) information
- Sample Opioid Patient Checklist for use with Med 502 Opioid Prescribing Rules
- Free Pocket Guide to Tapering Opioids for Chronic Pain Available from CDC
- Pain evaluation templates: Initial Pain Assessment Tool and Outline for Initial Evaluation of Chronic Pain
- Risk screening tools
- Venebio Opioid Advisor At the present time, any provider wishing to use the tool will need to contact Venebio via a form at <http://voa.venebio.com/contact/>
- Informed consent & agreement forms
- Pain measure & functional assessment tools
- Aberrant behaviors tracking

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Medication Assisted Treatment (MAT)

- Become a Buprenorphine Prescriber
- Common opioid side effects & management
- Guidance on high risk patients
- Guidance on opioid discontinuation
- Language Matters: Say This Not That
- Opioid comparison chart & rotation information
- Opioids in pregnancy & neonates
- Permanent Drug Take-Back Boxes in NH
- Urine toxicology screening

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Naloxone Information and Resources

- Intramuscular naloxone education
- Intranasal naloxone education
- Naloxone auto-injector education
- Naloxone frequently asked questions
- Narcan nasal spray
- New Hampshire Board of Medicine statement on naloxone prescribing
- Detailed information on naloxone and naloxone prescribing at <http://prescribetoprevent.org/>
- Standing order for the dispensing of naloxone (adopted by New Hampshire Board of Medicine)

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Government Regulations and Resources

- [2013 Federation of State Medical Boards \(FSMB\) Policy on Treatment of Opioid Addiction in the Medical Office](#)
- [2013 FSMB Policy on the Use of Opioid Analgesics in the Treatment of Chronic Pain](#)
- [CDC Guideline for Prescribing Opioids for Chronic Pain – United States, 2016](#)
- [Federal Controlled Substances Act](#)
- [New Hampshire Board of Medicine](#)
- [New Hampshire Controlled Substances Act](#)
- [New Hampshire Prescription Drug Monitoring Program information](#)
- [The Opiate/Opioid Public Health Crisis: Update on the State of New Hampshire's Comprehensive Response](#)

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Online Education and Supports

- [AMA Wire: 6 Things You Can Do to Prevent Opioid Abuse](#)
- [NH Youth SBIRT Initiative](#)
- [Opioid Prescribing.com](#)
- [Physician Clinical Support System for Opioids](#)

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Patient Support Resources

- [American Chronic Pain Association](#)
- [Acute Pain Patient Information](#)
- [Disposing of Unused Opioids](#)
- [Guidebooks to Getting Well](#)
- [National Fibromyalgia Association](#)
- [NH BDAS Recovery Resource Guide](#)
- [RehabNet.com - Help for Seniors with Addiction](#)
- [Resource Guide for Addiction and Mental Health Care Consumers](#)
- [Roads to Recovery](#)
- [Safe Storage and Disposal of Opioids and All Medications](#)
- [Situational Awareness Alert: Carfentanil](#)
- [The Doorway](#)

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National Pain Organizations

- [American Pain Society](#)
- [American Academy of Pain Management](#)
- [The American Academy of Pain Medicine](#)

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New Hampshire Opioid Prescribing Resource for Chronic Non-Terminal Pain (Opioid Prescribing Guidance with Embedded Links)

Developed by the New Hampshire Medical Society (NHMS) Task Force on Pain and Prescription Opioid Misuse

This resource focuses on the treatment of chronic non-terminal pain; however, clinicians may also find the principles, tools and other cited resources helpful for the management of acute pain and pain associated with terminal illness.

Evidence is evolving related to the best practices in opioid therapy of chronic pain. This resource guide is a product of a clinical consensus process with integration of available evidence by a task force of the New Hampshire Medical Society*. It draws on the 2009 American Pain Society/American Academy of Pain Medicine Guidelines on the Use of Opioids in the Treatment of Chronic Pain.

The resource is offered with the understanding that appropriate medical practice must be determined in a specific clinical context, based on clinical options reasonably available and the judgment of the clinician and the preferences of the patient.

NHMS provides links for informational purposes, but cannot assure the quality of services or accuracy or scientific validity of information provided by the link; judgment and care are advised in using the linked content. We would appreciate feedback on broken, inaccurate or unhelpful links and suggestions for alternatives or additions. Contact mary.west@nhms.org.

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