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## Opioid Prescribing

Information on prescribing opioids for pain management.



### NH Prescription Drug Monitoring Program

- [New Hampshire Prescription Drug Monitoring Program Registration Information](#) 
- [Training materials](#) are available on the PDMP webpage.



### Rules

On March 8, 2017, the Board of Podiatry adopted the [Pod 502](#)  rules regarding opioid prescribing. These rules took effect March 25, 2017.

### Disposing of Unused Opioids

- [Instructions for disposing of unused opioids](#) 
- [Map of disposal locations in New Hampshire](#) 



### Board-Approved Risk Assessment Tools

- [Screener and Opioid Assessment for Patients with Pain-Revised \(SOAPP®-R\)](#) 
- [Screener and Opioid Assessment for Patients with Pain \(SOAPP\)® Version 1.0 - 14Q](#) 

### Clinical Resources

- [Screening, Brief Intervention and Referral to Treatment \(SBIRT\)](#) is a strategy in the healthcare sector for reinforcing healthy behaviors, identifying problematic drug and alcohol use early, reducing substance misuse, and referring to treatment those who need it. This evidence based practice is a process with three main elements - Screening, Brief Intervention, and Referral to Treatment in medical settings.
- [The NH Prescription Drug Monitoring Program](#) offers prescribers and pharmacists a valuable tool for improving both patient care and the health and safety of our communities. By taking advantage of this resource, prescribers will not only better manage patients' health and prescription usage, but also promote public health and safety through the prevention and treatment for controlled substance abuse, and assist in the reduction of the diversion of controlled substances.
- The Federation of State Medical Boards offers a free CME entitled [Extended-Release and Long-Acting Opioids: Assessing Risks, Safe Prescribing](#).
- The Massachusetts Medical Society offers a free [Opioid Prescribing Series for CME credit](#).


### Treatment Tools

- The Board shares a [sample pain contract](#)  for use by Podiatrists when treating patients with pain.
- [Patient Information](#)  regarding acute pain.

- Buprenorphine providers are available to assist patients in need of medication assisted treatment for a substance use disorder.
- Find providers offering withdrawal management, outpatient counseling, residential treatment, recovery supports and other types of services for people experiencing problems with alcohol and other drug use, including addiction.
- Additional resources for providers and patients can be found at [www.drugfreenh.gov](http://www.drugfreenh.gov).

## Board Approved Continuing Medical Education (CME) regarding Opioid Prescribing

- Massachusetts Medical Society Opioid Prescribing Series (6 Modules)
- American Academy of Physician Assistants Managing Pain Patients Who Abuse Prescription Drugs
- American Pain Society REMS for ER/LA Opioid Analgesics: The Keys to Safe Use
- Audio Digest Foundation Various educational activities
- Boston University School of Medicine Safe and Effective Opioid Prescribing for Chronic Pain
- Boston University School of Medicine SCOPE of Pain - Safe and Competent Opioid Prescribing Education
- Federation of State Medical Boards Model Policy for the Use of Opioid Analgesics in the Treatment of Chronic Pain
- Johns Hopkins University, School of Medicine Pain Action Consulting Team (PACT): A Mentoring Model CME
- NIH: National Institute on Drug Abuse Safe Prescribing for Pain
- Substance Abuse and Mental Health Services Administration Substance Use in Adults and Adolescents: Screening, Brief Intervention and Referral to Treatment (SBIRT)
- Massachusetts Medical Society
  - Managing Risk When Prescribing Narcotic Painkillers for Patients
  - Managing Pain Without Overusing Opioids
  - New Opioid Prescribing Guidelines in Practice
- American Academy of Addiction Psychiatry, NH Department of Health & Human Services Foundation for Healthy Communities, NH Medical Society and Anthem BlueCross BlueShield Medication Assistance Training (MAT) Waiver-X Certification Course

 Portable Document Format (.pdf). Visit [nh.gov](http://nh.gov) for a list of free .pdf readers for a variety of operating systems.

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