**Silenced No More**

You can't tell

My abuser would say

They'll all blame you

They'll make you pay

Being blamed for abuse

Was my biggest fear

It's how he kept me silent

Year after year

I finally told

And he was right

They all blamed me

For what happened at night

It was taken to court

The judge was on my side

Telling my abuser

It was his fault, not mine

Over the years

I've fought that shame

Convincing that little girl

That she wasn't to blame

Decades have past

I have kids of my own

Felling less shame

Now that I'm grown

I was sick and in pain

Went to the hospital for relief

What happened next

Was beyond belief

Due to being abused

You turned me away

You  wouldn't treat my pain

Said I'd thank you some day

You let me cry and beg

You never did help

I left broken and lost

A familiar feeling, I felt

The damage you did

Was more than I can say

You broke something in me

When you turned me away

Silencing survivors

Empowering those who abuse

Re-victimizing victims

Is what you do

You can't silence me now

Try as you might

I am stronger than you

I was born for this fight