

Silenced No More

You can't tell
My abuser would say
They'll all blame you
They'll make you pay

Being blamed for abuse
Was my biggest fear
It's how he kept me silent
Year after year

I finally told
And he was right
They all blamed me
For what happened at night

It was taken to court
The judge was on my side
Telling my abuser
It was his fault, not mine

Over the years
I've fought that shame
Convincing that little girl
That she wasn't to blame

Decades have past
I have kids of my own
Felling less shame
Now that I'm grown

I was sick and in pain
Went to the hospital for relief
What happened next
Was beyond belief

Due to being abused
You turned me away
You wouldn't treat my pain
Said I'd thank you some day

You let me cry and beg
You never did help
I left broken and lost
A familiar feeling, I felt

The damage you did
Was more than I can say
You broke something in me
When you turned me away

Silencing survivors
Empowering those who abuse
Re-victimizing victims
Is what you do

You can't silence me now
Try as you might
I am stronger than you
I was born for this fight